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SANIBEL & CAPTIVA ISLANDS, FLORIDA

APRIL 1, 2022

APRIL SUNRISE/SUNSET: 1 7:20 • 7:45 2 7:19 • 7:45 3 7:18 • 7:46 4 7:17 • 7:46 5 7:16 • 7:47 6 7:14 • 7:47 7 7:13 • 7:48



This is your last chance of the season to see what's hiding in local garages, like this 1961 Nash Metropolitan photo provided

Final Car Show Of The Season

San Cap Motor Club is hosting its final Cars & Coffee Cruise-In of the season on Saturday, April 2 from 9 to 11 a.m. at Periwinkle Place shopping center. Stop by and see scores of muscle cars,

antique cars and hot rods. Local collectors bring out their best for two hours only. There is plenty of parking in behind the shopping center.

No pre-registration is necessary for exhibitors and all makes and models are welcome, including motorcycles. Arrival by 8:30 a.m. is suggested to secure a good

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Moke

images provided

Big Prizes For Blue Ribbon Raffle

The Sanibel School Fund is conducting two raffles in conjunction with its annual Blue Ribbon Golf Classic, scheduled for Saturday, May 14 at The Sanctuary Golf Club. Raffle prizes are a 2022 Moke and an original Myra Roberts painting.

Only 400 raffle tickets will be sold for each item and all proceeds from the raffles will support The Sanibel School's STEM (science, technology, engineering and math) program.

The Moke, originally a 1960s beach



Miss Betty's Sea School by Myra Roberts

cruiser, retains its retro island charm with a modern and eco-friendly electric motor. The winner will have the opportunity to select from 10 custom Moke colors and purchase add-ons like radio, canopy, back bench and built-in refrigerator. The Moke is valued at \$20,000. Marcel Ventura of

continued on page 14



Big Sam's Funky Nation is the headliner

photo provided

Reserve Now For Beer In The Bushes

Known as the unofficial end of season celebration, Beer in the Bushes is back. The popular fundraiser for Sanibel-Captiva Conservation Foundation (SCCF) will be held on Saturday, April 16

from 6 to 10 p.m.

"Get your dancing moves ready. We've got three years of celebrating to do," said SCCF Events Manager Jeff Siwicke. "Food trucks, craft beer and the sounds of The Big Easy are coming soon."

Based in Wisconsin and with family ties to Sanibel, Wimmer Communities has stepped up again as the presenting



Shamarr Allen is the opening act

photo by B. Dragon

sponsor for what will be the 9th annual Beer in the Bushes.

"Mark Wimmer reached out to us after attending Beer in the Bushes in 2018, explaining that his family's connection to Sanibel dates back to the '60s," said Siwicke. "His immediate and extended family have much love for Sanibel and it happens when many of them are visiting."

Whether you're looking for new craft beer tastings, great food, world-class music or a chance to catch up with fellow islanders at the end of a busy tourist season, Beer in the Bushes is the place to be.

Headlining the outdoor festivities is Big Sam's Funky Nation. "Big Sam was lined

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Community House Calendar



The Community House photo by Logan Hart

Shell Crafters are on site every Monday from 9 a.m. to 1 p.m. A shell crafting class is offered at 10 a.m. There is no charge to attend; supplies range from \$3 to \$5.

Oil Painting with Suzette is offered on select Mondays from 9:30 to 11:30 a.m. The subject for the April 11 class is umbrella and chairs. The subject for the April 18 class is five ibis. Cost per class is \$55 for members and \$65 for guests. All materials included. Register online at www.sanibelcommunityhouse.net or call 472-2155.

Aerobics with Mahnaz Bassiri is offered in two sessions on Monday, Wednesday and Friday; 9 to 10 a.m. and 10:30 to 11:30 a.m. Bring your own weights (optional). Cost per class is \$5 for members and \$10 for guests.

Social Bridge is in play on Tuesdays

from 12:30 to 3 p.m. Cost is \$5.

Line dancing is offered on Tuesdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring a work in progress and your own supplies. Cost per class is \$10.

Chair stretching exercises with Mahnaz Bassiri are offered on Thursdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

The Sanibel Hearts Club meets on Fridays at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Cost is \$5.

The next arts and crafts fair is scheduled for Saturday, April 9 from 9 a.m. to 2 p.m. There will be original art in various mediums, shell and other crafts, jewelry, baked goods and other culinary items. No admission charge.

A Mediterranean Mix-up community social will be held on Wednesday, April 13 with dine in at 6 p.m. and orders to go at 5 p.m. Cost is \$25 for members and \$30 for guests; \$5 additional for dessert. Call 472-2155 for reservations and takeout.

Several Sanibel-Captiva Art League members are exhibiting works this month. The exhibit can be viewed from 9 a.m. to 3 p.m. Monday through Friday. Proceeds of all sales go to Sanibel Community Association.

Order homemade pies and cakes. Cost is \$7 per slice of \$50 for a whole pie or cake. Choices are Chocolate Dream Supreme Pie, Sopapilla Cheesecake or

1927 Carrot Cake. Call 472-2155 to reserve; made to order each week.

The Community House is looking for sponsorships for Line Dancing classes. Contact Allison at office@sanibelcommunityhouse.net.

Shell Critter Kits to Go are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. Visit www.sanibelcommunityhouse.net or call 472-2155.*

FAREWELL, SAMIE

Dustin and Lauren Dariano share with great sadness that their beloved Samie, the SanCap Pak-N-Ship store mascot, crossed over the rainbow bridge on March 19, just two weeks shy of her 10th birthday.

Samie was a woman of many names: Sam, Samantha, Meatball, Samu and the Land Manatee. Samie also wore a lot of hats in her life. She was the store ambassador, mascot, marketing maven and official greeter, but above all, she was the Darianos best friend. She spent five years greeting patrons and she made them feel at ease.

Samie was not the most conventional dog; she definitely wasn't the most well-mannered of dogs. But that was Samie's charm, she was unapologetically herself and that was one of the many reasons people fell in love with her.

There's a saying, "For humans, dogs are a part of our world, but for dogs, humans are their whole world." Samie will be dearly missed by her human family and friends.*



Samie photo by Allison Havill Todd

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CARD OF THANKS



Attendees viewing scientific division entries at the shell show photo by Lorin Arundel

The 85th annual Sanibel Shell Festival, co-hosted by the Sanibel-Captiva Shell Club and Sanibel Community Association, was a great success and the two organizations wish to express their appreciation to everyone who supported and attended the event. The partnership of these two organizations has been essential to make the festival one of the most important and well-attended Sanibel events.

The following businesses and individuals donated to the Sanibel Community Association 2022 raffle: Sanibel Captiva Beach Resorts – a five-night vacation for two; Suzanne Marie Dietsch – 11-inch Sailor’s Valentine in a Cliff Cloud frame; Congress Jewelers – Sanibel sealife jewelry ensemble; Casola Stained Glass Studio – a Tiffany reproduction glass creation; Adventures in Paradise and Sanibel Café – two shelling cruises, four sunset cruises and six meals at Sanibel Café; and Marcy Calkins – a painting titled *After the Storm*.

We want to thank Ginny Dickinson for creating her huge shell-covered heart and bringing it to the shell festival for everyone to enjoy.

The Sanibel-Captiva Shell Club would like to extend a special thank you to our Scientific Division judges, José H. Leal, PhD, and John Chesler, and to our Artistic Division judges, Shannon Webster and Marci Chamberlain, for their painstaking evaluation of the 232 shell show exhibits. This year, there was 606 linear feet of exhibits. That is longer than two football fields.

The shell club would like to thank the 47 shell show sponsors. Their support ensures that the Sanibel-Captiva Shell Club grants program will be able to continue its mission. The proceeds from the shell show are given out in the form of grants toward education and research in the fields of conchology and malacology, as well as for conservation and water quality projects, primarily in Southwest Florida.

Special thanks also to Coastal Watch and Chase Bank for their donation of reusable canvas bags.

The shell club thanks its members and others who prepared the “thank you bags” of shells given out at the shell show entrance. We thank the authors who participated in book signings at the Authors’ Table. And a big thank you to

all the volunteers who gave so tirelessly of their time and efforts, and to all of the exhibitors, whose incredible scientific and artistic exhibits continue to make the Sanibel Shell Show the largest and most prestigious in the country.

Thank you to the *Island Sun/The River Weekly New*, *Islander/Island Reporter*, *Santiva Chronicle*, *Florida Weekly*, *Fort Myers News Press*, and *Fort Myers Magazine* for providing great coverage with stories and photos before, during and after the festival. The *Island Sun’s Sanibel Shell Festival* magazine was beautifully done and distributed to all households on the islands and at the festival.

A special thank you goes to the Sanibel Community Association Executive Director Teresa Riska-Hall and her staff for the many tasks they performed for the shell club and Shell Crafters throughout the year and during the festival.

A huge thank you is extended to the Sanibel Community Association Shell Crafters who work throughout the year using their talents to incorporate shells and marine life into lovely artistic floral arrangements, holiday ornaments, mirrors and whimsical items, as well as the jewelry artisans who design earrings, bracelets and necklaces. Also, thank you to the “Shelling Bees” who sort and prepare donated shells for the crafters’ use and to sell.

Thank you to the staff of Bailey-Matthews National Shell Museum and the sixth graders at The Sanibel School for sharing their knowledge about mollusks at the live shell exhibit.

Thank you to the City of Sanibel and Sanibel & Captiva Islands Chamber of Commerce for their assistance and support.

Thank you to our island service clubs: Kiwanis and Rotary, who assisted with parking the cars.

Appreciation is directed to the island businesses that promoted the festival. And most importantly, a huge thank you is extended to the community of Sanibel and Captiva for your interest and patronage that made the 85th annual Sanibel Shell Festival a success.

Planning is already under way for next year’s 86th festival. The dates are March 2, 3 and 4, 2023 at The Community House. Plan to attend and again be amazed!✧



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The Barnes family
Sanibel Historical Museum And Village

Looking Back: Barnes Party

A palm-decorated steamer and barge provided a gala atmosphere for the Barnes party. The father traveled worldwide on evangelistic tours accompanied by his daughter, Marie, who played on a portable organ and sang accompaniment. A graduate of Princeton Theological Seminary, he later was



photo courtesy Sanibel Historical Museum and Village

tried for heresy and left the church. On Sanibel, the Barnes family opened The Sisters, a hotel later renamed Casa Ybel, then built a church and Thistle Lodge. These were elaborate beyond any other island structures.

The Sanibel Historical Museum and Village is located at 950 Dunlop Road, next to BIG ARTS. Hours are 10 a.m. to 1 p.m. Tuesday through Saturday. Guided tours are available, based on docent availability. There is handicap access to all but one of the buildings. Admission is \$10 for adults over 18, no charge for members and children.

For more information, visit www.sanibelmuseum.org or call 472-4648.✱

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS

Shabbat services including Torah reading Friday 7:30 p.m. led by Rabbi Stephen Fuchs and Cantor Murray Simon. Services at Sanibel Congregational United Church of Christ in Fellowship Hall and on Zoom. Saturday morning classes at 9:45 a.m. on Zoom. Email batyamsanibel@gmail.com for links to services and information, 2050 Periwinkle Way.

CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Worship services every Sunday at 11 a.m., November 14, 2021 through April 24, 2022. Sunday services posted on the chapel's website, www.captivachapel.com and www.facebook.com/Captiva-Chapel-By-The-Sea. 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 7:30 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST

Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Sunday services at 9 a.m. and 11 a.m. in the Sanctuary. View the Sunday services via livestream at 9 a.m. or later online at www.sanibelchurch.com. Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. Sunday Worship at 7:45, 9 and 11 a.m. www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed. Martin, Pastor. Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 a.m. and 10:30 a.m. www.saintisabel.org, 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. Service schedule through April, Saturday at 5 p.m., Sunday at 8 a.m. and 10:30 a.m. The 10:30 a.m. Sunday service is also livestreamed at www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 847-309-3926. Email changes to press@islandsunnews.com or call 395-1213.✱



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April 1 Muddy Mangroves
April 2 PB & J
April 3 Sea Turtle
April 4 Butter Pecan
April 5 White Chocolate Raspberry Truffle
April 6 Mocha Chip
April 7 Red Velvet

DAILY FLAVORS

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Members of Florida Gulf Coast University Bower School of Music Symphony Orchestra
photo provided

FGCU Symphony Orchestra Returns

Sanibel Music Festival concludes its 2022 season on Tuesday, April 5 at 11 a.m. with the Bower School of Music Symphony Orchestra from Florida Gulf Coast University (FGCU). “We anticipate an inspiring performance and amazing musicianship again this year,” said Gloria Garrett, festival board member. “The WA Mozart *Symphony No. 38*, ‘Prague’ and the Stravinsky *Pulcinella Suite* will be presented as complete works.”

Sanibel Music Festival launched the Emerging Artist Series in 2021 supported by sponsors Gene and Lee Seidler. “Our goal is to better acquaint the Sanibel community with the great offerings available to us less than an hour away at FGCU,” said Lee Seidler, festival board

member and vice president.

“With the Seidler’s continued support in 2022, the festival can continue to participate in the increasing popularity of classical music among young people documented by recent studies,” said Garrett.

“Southwest Florida is ahead of the curve,” said Krzysztof Biernacki, director of the Bower School of Music and the Arts. “The growing reputation of our strings program is a factor in attracting top level students to the region.”

“The symphony orchestra filled the hall and earned a standing ovation last December at the All is Bright concert featured at the chamber of commerce Luminary weekend,” said Garrett. Local musician and Sanibel resident Colleen Zurcher-McGauran sponsored that concert and said, “It is our responsibility to introduce classical music of the highest caliber to young people. I encourage the community to attend the concert April 5

and consider making a donation.”

Emerging Artist Series concerts are performed for free-will donations. Pre-register on the website at www.sanibelmusicfestival.org.

The concert will take place at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way.✱

CELEBRATION OF LIFE

A celebration of life in memory of “Doc” P. Denis Kuehner will be held on Saturday, April 2 from 9 a.m. to 1 p.m. on Sanibel Causeway Island A, on the right side as you head toward Sanibel. Tents and balloons will be set up. Light refreshments will be provided but guests are asked to bring their own chairs, if needed.



Paul Denis Kuehner, DO, was taken to Heaven by angel’s wings on January 27, 2022. On September 16, 1939, Denis was born in Binghamton, New York to Paul Kuehner and Mary Snyder Kuehner as the first of four children. His siblings, who predeceased him, include Philip Kuehner, Marie Bendert and Gary Kuehner. On January 7, 1961, he married Patricia Ann Wells of Vestal, New York. Their children include Rick Kuehner, Kathleen Heaton, Kristine Latimer and Karen Logan. His wife preceded him to Heaven in 1995. Denis’ family was expanded to add two stepchildren in subsequent years: Stephanie Shapiro and

Kristen Pringle. His grandchildren, through Kathleen, include Patricia, Kristen, Kathryn and Kyle Heaton. Through Kristine, his grandchildren include Lily and Laura Latimer and great-grandchild Maxwell Barba.

With a goal to be a medical doctor, Denis graduated from King’s College and the Philadelphia College of Osteopathic Medicine. He began his family medical practice in 1966 in Orefield, Pennsylvania at the Orefield Medical Center, where he practiced for over 30 years. He later relocated to Sanibel Island, Florida, where he continued to practice at San Cap Medical Center until his passing. He was the consummate community doctor and loved taking care of generations of families. Denis never wanted to retire, and God granted him this gift. All those who have had the joy of knowing him well know that being in the great outdoors was his other lifelong passion.

The family asks if anyone would like to donate in Denis’ memory to consider Hope Hospice, Fort Myers (www.hopehcs.org), the center that took attentive care of him during his final days, or St. Isabel Catholic Church on Sanibel, (www.saintisabel.org), that celebrated his life with a mass with his family in attendance.✱

SANIBEL
CONGREGATIONAL
UNITED
CHURCH
OF
CHRIST

Holy Week Services at Sanibel Congregational United Church of Christ

*April 10 – Palm Sunday

9:00am & 11:00am Traditional
Service w/ Brass and Choir

April 15 – Good Friday

The Living Last Supper
Leonardo DaVinci’s -“The Last Supper” comes to life.

April 14 – Maundy Thursday Service

7:30pm Tenebrae & Holy Communion

*April 17 – Easter Sunday

7:45am Chapel Service
9:00am & 11:00am Traditional
Service w/ Brass and Choir

*Rev. Dr. John H. Danner preaching

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Grande Finale For Manatee Madness

Manatee Madness 2.0 bidding has begun and the auction will end at the Mardi Gras-themed grand finale at MudBugs Cajun Kitchen on Friday, April 1. Festivities begin at 6 p.m. with a buffet dinner, full bar, beignets for dessert and music by DJ Robert McDonald. Tickets are \$250 per person and can be purchased at <https://sanibelchr.org/mm2022/>; all proceeds benefit the Community Housing and Resources (CHR) affordable housing program on Sanibel.

This year, 24 artists dedicated their time and creativity to support CHR and transform a manatee sculpture into a work of art.

"We are humbled by and grateful for the outpouring of support from the City of Sanibel and the community," said Laura DeBruce, Manatee Madness committee chair. "We can only do what we do with your help. CHR depends on fundraising, donations and community support for over 40 percent of the annual operating budget needed to continue to provide affordable housing here in our island community."

"The festivities wind up at this year's Manatee Madness Mardi Gras celebration. Bidders will be live and via proxy April 1st at Sanibel's MudBugs Cajun Kitchen," said Melissa Rice, CHR's executive director. "Five of the auction's manatees are full-size mailboxes, and the rest are smaller



We're All Mad Here by Cheryl Logan is sponsored by Bailey's General Store

photo provided

versions that can be displayed indoors or outdoors in your favorite room, on the patio, lanai, front porch or in the garden."

Three manatees are being reserved for live auction bidding, which will begin at 7:30 p.m. with emcees Nicole McHale and Eric Pfeifer.

MudBugs Cajun Kitchen is located at 1473 Periwinkle Way on Sanibel. For more information, visit www.sanibelchr.org or call 472-1189.✴

Island Seniors At The Rec Center

Island Seniors, Inc. is offering the following activities at the Sanibel Recreation Center:

Coffee Social – Monday to Friday, 9:30 to 11 a.m.

Bridge – Monday and Wednesday, 12:30 to 3:30 p.m.

Mahjongg – Thursdays, 12:30 to 3:30 p.m.

Euchre – Fridays, 1 p.m.

Hot Dog Lunch – Wednesdays, 11 a.m. to noon, Osprey Room. Cost is \$3 per person; chips and drink included.

Chair Yoga and Gentle Yoga – Chair Yoga is offered on Tuesdays from 1:30 to 2:30 p.m. and Gentle Yoga is offered on Thursdays from 1:30 to 2:30 p.m. Island Seniors member fee is \$4.10; no charge for recreation center members but you must show valid member card to participate. Visitor fees available. Space is limited. Call Dave or Jessica at 472-0345 for more information.

Balance-Core and Strength Aerobics – This slower paced class encompasses targeted moves to improve balance and strengthen the core. This class is perfect for the older active adult looking to improve their mobility. Class time is from 10 to 11 a.m. Island Seniors member fee is \$4.10; no charge for recreation center members but you must show valid member card to participate. Visitor fees available. Space is limited. Call Dave or Jessica at 472-0345 for more information.

The Page Turners Zoom book discussion for Tuesday, April 12 is *Harlem Shuffle* by Colson Whitehead. On May 10, the club returns to in-person meetings with *Carnegie's Maid* by Marie Benedict. For Zoom link or to be added to the email list, contact Louise Fitzgerald at sanibelbum22@gmail.com or call 304-707-1701.

Kayaking is offered on Tuesdays, weather permitting, from 8:30 to 11:30 a.m. Sign ups are in person only at the recreation center. Cost is \$5 for members and \$20 for non-members. Basic skill level required. Restrictions apply. Call 472-0345 for details.

Sunset Social Appetizer Potluck – Thursday, April 7 at 6:30 p.m. First causeway island on the left side as you are leaving Sanibel; look for the table banner. Bring an appetizer to share and a chair. Drinks and dessert will be provided. Sign up by calling 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, visit www.center4life.com or call 472-0345.✴

From page 1

Car Show

spot for your vehicle.

A continental breakfast including donuts, coffee and other refreshments will be provided by Blue Giraffe Restaurant.

San Cap Motor Club membership dues for the season are \$50 per individual or \$75 per couple or family. For details, contact Scot Congress at 472-4177 or scot@scongress.com.✴

DO YOU KNOW YOUR BIRTHSHELL?



April: The Wentletrap Shell, Diamond

The beautiful spiral of this unique shell is a symbol of eternity, which is a guiding characteristic for those born to this shell. Characterized by courage and clarity of mind, those that are born in this month are dynamic individuals who are as quick witted as they are confident.



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Speakers Series • Thursdays

✴ **April 7 • MINH NGUYEN** at special time 6:30 p.m.
Professor, Communication and Philosophy at Florida Gulf Coast University
"Anti-Asian Discrimination and Attitudes in the U.S."
Brought to you by a new partnership with FGCU

✴ **April 14 • JOHN VOORHEES** at 11:00 a.m.
Resident of Sanibel and New Jersey
He will share his journey as a convert to Judaism.

✴ **April 21 • RABBI MYRA SOIFER** at 11:00 a.m.
Emerita, Temple Sinai, Reno, Nevada
"The Passover Seder: The Basics and the Subversive"

✴ **April 28 • EREZ LUKE COHEN** at 11:00 a.m.
Executive Director, Hillel, University of Illinois at Urbana-Champaign
"A Grandchild's Quest to Find Grandmother's Holocaust Story"

To request to virtually join one or more of these free programs by ZOOM, send an email to: chavuratshalom@gmail.com

This Speakers Series is brought to you by Chavurat Shalom of SWFL, a welcoming, unaffiliated community created for the study and celebration of our Jewish cultural heritage.

www.chavuratshalomofswflorida.org

Speaker programming will pause until November.
Check the website for updates.

OBITUARY

BARRY GEORGE GORDON

Barry George Gordon of Sanibel, Florida passed away on March 13, 2022. He was born on August 7, 1942 in Johnstown, Pennsylvania.



Barry Gordon's life was filled with laughter, family, friends, sports, travel, bullmastiffs and his cream-colored 450 SL convertible. Barry was a notorious storyteller with an infectious smile. Listeners often put him on a time limit while enjoying stories about his favorite topics, including his high school days at St. Ignatius in Cleveland, Ohio, his football scholarships to University of Detroit and California State University in Pennsylvania, his football officiating at college and high school levels, and cheering for his sons and grandsons at all of their sports events.

Barry has helped or volunteered at almost every nonprofit on Sanibel Island. He was proud of helping to start the Kiwanis Club 2-for-1 coupons on the island with Dick Muench over 30 years ago. He and his wife, Nancy, were charter members of The Dunes Golf & Tennis Club and Barry was on the USTA team that played in the

Tennis Nationals in Palm Springs, California. Barry loved skiing with his family anywhere there was fresh powder. He and Nancy enjoyed their second home in Lake Toxaway, North Carolina where they were members of the Lake Toxaway Country Club and had two homes built. Barry is known for bringing water pistols to the annual 4th of July parade on Sanibel, hosting infamous Super Bowl parties for the entire neighborhood, and last but not least, his daily doggy cocktail gatherings attended by as many as nine or 10 neighbors with their own, smaller dogs.

His corporate life was spent in Chicago, Illinois. He moved into the Sears Tower when it first opened as a buyer for Sears Roebuck & Company. In 1983, he left corporate life to start Quick Print of Sanibel Island, Inc. and was also a partner in Franchise Associates, Inc. after moving to Sanibel Island permanently in 1983. His typical business day began early, heading to Lighthouse Beach in his convertible with a trusty bullmastiff, to pick up trash.

Barry and Nancy joined St. Michael and All Angels Episcopal Church as faithful parishioner, always occupying the pew closest to the baptismal font where his grandsons were baptized and his son was married. Barry always declared, "God lives on Sanibel." His desire to be there was achieved 39 years ago.

Barry is survived by his wife of 55 years, Nancy Daley Gordon, his son

Michael Edmund Gordon and his life partner Theresa Ann Cobb of Sanibel, his son Timothy George Gordon and his wife Nicole Gordon of Estero, Florida. He is also survived by his grandchildren, Andrew George Gordon, Sean Thomas Gordon, Megan Kristine Mihelich and Allyson Marie Mihelich along with his sister and brother-in-law Georgianne and Frank Borally of Cleveland, Ohio, his sister-in-law Frances Yiep Daley of Southern Pines, North Carolina and numerous nieces and nephews.

An immediate family only service will be held at St. Michael and All Angels Episcopal Church in early summer.

Rest in peace, dearest.✧

April Fun Days

Children in grades kindergarten through eighth can now be registered for the upcoming carnival-themed April Fun Days at the Sanibel Recreation Center on Friday, April 15 and Monday, April 18 from 8 a.m. to 5:30 p.m. each day. Register in advance and receive the early bird rate.

April Fun Days offer a variety of games, crafts and swim time. Each child needs to bring a lunch, water bottle, towel, sunscreen, swimsuit and towel.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.✧

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Nonprofits Battle Balance In A Political World

by Wendy McMullen

Raising funds in a politically partisan world can be a minefield for nonprofit organizations, two leaders of prominent nonprofit institutions asserted recently at a meeting of the League of Women Voters of Sanibel.

Sarah Owen, CEO of Collaboratory, formerly Southwest Florida Community Foundation, explained that philanthropy moved more into politics as people realized they could create more change with political alliance committees (PACs).

“You’ve got donors with all different political viewpoints. So they want to actualize. Giving philanthropically is about ‘I want to create a change, I’ve got a resource, and I want something to be different.’”

But philanthropy with a political purpose, Owen accedes, can be risky. She says she gets telephone calls from people accusing Collaboratory of being “a bunch of liberals” because it has an LGBTQ fund or a clean water fund.

“It’s so funny because our role is to be a neutral broker and to create space for all kinds of conversations,” said Owen. “But I think in philanthropy, you’ve just seen this evolution, where the political and policy work is going to be the thing that has to be a part of real change taking place.

“People want to make something happen or do something about an issue and to use charitable dollars to do it,” Owen continued. “That is a key role that somebody in a community needs to be able to play. Our role is to say, ‘how can we help you achieve what you’re trying to change?’”

Florida Gulf Coast University President (FGCU) Mike Martin described this current period as the most politically dangerous time he has experienced and said it was not just because there’s a political dialogue going on, but because of attempts to penalize the institution for the work that they do.

Martin said the idea that universities are brainwashing students into being liberals



Collaboratory CEO Sarah Owen and FGCU President Mike Martin listen in during a meeting of the League of Women Voters of Sanibel photo by Wendy McMullen

was particularly pernicious.

First of all, I don’t think it’s possible,” he said. “I’ve never quite figured out how you make calculus political.”

Martin went on to point out that four graduates of FGCU have served, or are serving the legislature: Spencer Roach, Matt Caldwell, Dane Eagle and County Commissioner Brian Hamman, all conservative Republicans.

“If we’re brainwashing liberals, we’re really bad at it,” he quipped.

Martin went on to say that there is that bias out there and that people running nonprofits have to stand and take it on, but not at the expense of the institution.

“One of the things we have to remind ourselves, as always, is that there are times when you have to not take a gift, because there may be strings that would violate the fundamental values of the institution,” he said, telling participants that he recently turned down a gift for \$2 million, because he felt that the donors wanted too much control which would, in the long run, dilute the value of the program they wanted to support.

Martin noted that the single biggest donor attraction is scholarships and that is difficult to personalize around politics. He also mentioned community support and pointed out that all the buildings on campus are named after people who

were not FGCU alumni. That includes Seidler Hall, a Leadership in Energy and Environment building donated by Sanibel residents Lee and Gene Seidler along with their daughter, Laurie.

On the question of censorship, Martin was stalwart. Asked to comment on the case of the three University of Florida political science professors denied permission to testify in a lawsuit challenging a state law limiting vote-by-mail, Martin said that the university’s role is to share expertise.

“You’ve got people you pay a nice salary to know about elections and election law and voters rights, no matter where they are in the political spectrum, and they ought to be heard from because the public’s already paying them to know that,” he asserted.

Martin added that founding fathers Benjamin Franklin and Thomas Jefferson started University of Pennsylvania and University of Virginia, not for the workforce, but because they believed that democracy was better with an educated populace.

The greatest danger to education, said Martin, is in self-censorship.

“I don’t think there’s been censorship or even curricula directives specifically aimed at us. I think there is a tendency to self-censor for fear that something’s going

to happen. And I think that’s the worst part of it because we don’t know when it’s happening,” he cautioned.

Owen added that there was a lot of fear in the nonprofit world right now, and it is important that directors and members of boards of nonprofits be very supportive of the staff in their organizations.

“We’re losing the best thoughts, the best values, the best people from this community sector because they don’t have the protections they need,” she said.

Martin has been president of FGCU since 2017. Collaboratory, based in the former Atlantic Coast Rail Depot at 2031 Jackson Street in downtown Fort Myers, works on bringing all Southwest Florida nonprofit organizations together to solve social problems in the area.✧

Foundation Holds Celebration

After canceling two previous events, The Sanctuary Golf Club Foundation’s live celebration finally took place on March 19 at The Sanctuary Golf Club. Over 125 members embraced the true meaning of the evening to improve the lives of people who live and work on the islands. The shared vision of The Sanctuary community helped raise \$225,670 to be distributed to nonprofits on the islands in the coming months. Proceeds from The Charity Classic Golf Tournament in January raised another \$210,435, bringing the total amount of money donated to the foundation this year to \$436,105. Over \$1 million has been raised since the foundation’s inception.

The board recognized outgoing President John McCabe for his outstanding leadership as well as board members Linda Linsmayer and Joel Levine for their contributions over the years. New board members Kathy Wiesemann, secretary, and Jim Pouliot, chair of grants and scholarship committee, will join existing board members Steve Peltzman, vice president/treasurer, and Lisa Schmidlin, president. John McCabe will continue on as nominating chair.

If you are a nonprofit and would like to learn more about foundation and how it can help your organization, contact Kathryn Riggio at 333-3337.✧

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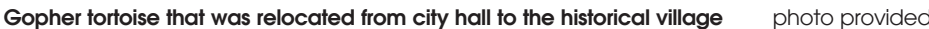
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The current real estate boom on Sanibel has brought many new residents to the island. One special new resident has chosen the Sanibel Historical Village as its new home – a gopher tortoise. Sanibel's Natural Resources Department conducted the

gopher tortoise relocation from city hall grounds to the preserve at the back of the historical village. The female tortoise had dug a burrow in the right-of-way by the city hall exit and was undermining the roadway. In the interest of safety for the tortoise and to preserve the integrity of the road, the city obtained a permit from the Florida Fish & Wildlife Conservation Commission to relocate the tortoise. "We are required by the permit to

relocate the tortoise on site and the gopher tortoise preserve at the historical village is the best and safest option,” said Holly Milbrandt, director of natural resources.

April 10 has been officially adopted by the Gopher Tortoise Council as Gopher Tortoise Day. In Florida, gopher tortoises are found in parts of all 67 counties and are frequently encountered in neighborhoods, along roadways and in many of Florida’s public parks and forests.

“Working collaboratively with the city was a wonderful synergy. The tortoise has settled right into our historical village just in time to celebrate Gopher Tortoise Day,” said Sanibel Historical Village Executive Director Emilie Alfino.

The Sanibel Historical Museum and Village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m., depending on docent availability, and advance reservations are not required. There is no additional fee for these tours. The village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access. Admission is \$10 for adults over 18; no charge for members and children. For more information, call 472-4648 or visit www.sanibelmuseum.org.✽

SCA Annual Meeting Notice

The Sanibel Community Association’s (SCA) annual meeting will be held on Wednesday, April 27 at 8:30 a.m. Learn the status of the association and The Community House. Reservations are encouraged. Call 472-2155 or stop by The Community House, located at 2173 Periwinkle Way on Sanibel.

If you are unable to attend but would like to make a donation, visit www.sanibelcommunityhouse.net. A donation of \$1,500 pays the electric bill for a month, \$750 pays the garbage bill, \$300 pays the water bill, \$120 pays the pest control bill.✽

From page 1

Beer In The Bushes

up to play our 2020 event and is psyched to finally get to the island,” said Siwicke. “It’s sure to be a great way to let loose and enjoy some outdoor camaraderie.”

Known for a boisterous blend of funk, jazz, rock and hip hop, nothing short of seismic live “experiences” and a whole lot of Southern charm, Big Sam’s Funky Nation might very well be The Big Easy’s best kept secret.

The opening act will be New Orleans singer, songwriter, producer, trumpeter and multi-instrumentalist Shamarr Allen.

The Jensen Family and Todd and Leanne Marcum have returned as band co-sponsors and Sanibel Captiva Community Bank has signed on as Food Truck Alley sponsor for the first time.

Tickets are available online at www.beerinthebushes.com, where the location will be announced soon. Tickets are \$90 in advance and \$100 the day of the event.

Funds raised support SCCF’s mission to protect and care for Southwest Florida’s coastal ecosystems.✽

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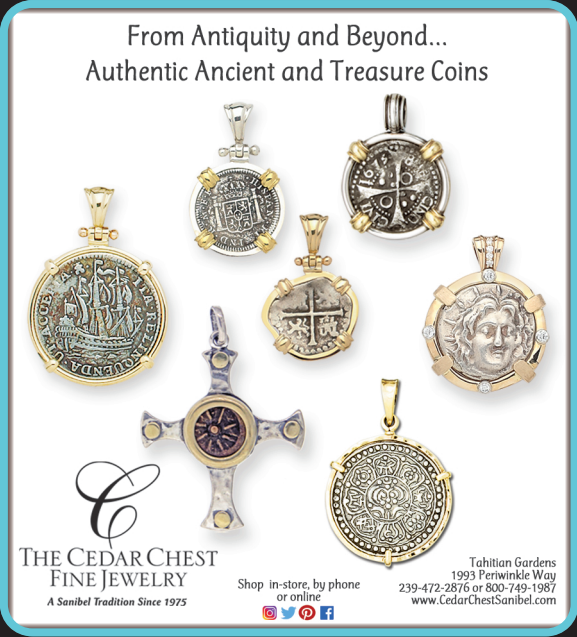
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Plant Smart

Catchfly Prairie-Gentian

by Gerri Reaves

Catchfly prairie-gentian (*Eustoma exaltatum*) is an excellent choice for a natural landscape or wildflower garden in coastal or inland spots.

This wildflower is native to much of the southern and central U.S., as well as parts of the Caribbean and South and Central America.

A member of the gentian family, other common names include marsh gentian, blue marsh lily and bluebell gentian, the latter perhaps a reference to its relative, the famous Texas bluebell.

This fast-growing annual can bloom most of the year, but most prolifically in summer.

The showy purple or lavender flowers explain the genus name, *Eustoma*, which derives from the Greek words for “good” or “pleasing” (*eu*) and “mouth” (*stoma*), which refers also to the cup-shape of the five-lobed flowers.

They are two to three inches across with dark purple centers. Sometimes the flowers are white but still have purple centers.

The bright yellow stamens create a pretty color contrast.

But the species’ beauty isn’t due to the flowers alone, but to the grayish or bluish green leaves too. Fleshy



Catchfly prairie-gentian is a native wildflower related to the Texas bluebell
photo by Gerri Reaves

and generally oval in shape, they are alternate, clasping and about two inches long.

The erect stalks can be up to three

feet tall.

The flower does well in full sun in a sandy or coastal area. In fact, its native habitats are dunes and salt flats and marshes, thus explaining another common name, seaside gentian.

It is very tolerant of salt spray, wind and soil and can survive brief saltwater inundations.

Give it moist to wet soil. It can grow in nutrient-poor soil, but needs some organic content to thrive. It has low

drought tolerance.

Propagate with the seeds found in the sticky capsule.

The plant also has medicinal uses.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, www.flawildflowers.org, www.fnps.org, and www.regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.✧

Local Artist Exhibiting At Sanibel Library

Anita Force Marshall, a Sanibel artist who resides year-round on the island, is showing her colorful, whimsical art at the Sanibel Public Library until April 27. She incorporates a different point of view in her watercolors and collages, and she aspires that her art reflects her laid-back island life.

Marshall studied drawing at Pine Castle Art Center in Pine Castle, Florida. Locally, she has taken classes with Bea Pappas, Carol Good and Anne Gates Yarnall as well as workshops with Pat Weaver and Marion Hall. She loves creating island interpretations with her unique watercolor palette and funky collages filled with bits and pieces.

Marshall paints weekly with the



Anita Force Marshall photo provided

Sanibel Captiva Plein Air Painters all around the islands. Her watercolors and collages have been displayed locally and on the Florida Watercolor Society online show. She also displays and sells at The Community House arts and crafts fair monthly during season. She teaches watercolor at The Community House and is a past president of the Sanibel Captiva Art League.

Sanibel Public Library is located at 770 Dunlop Road.✧

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Just Dumb



by Capt.
Matt Mitchell

I cannot state enough the importance of timing around cold fronts. The past week, this played out in all that can be described as a crazy wide-open bite. At times, it

was just dumb.

Don't get me wrong, fishing all week during the south wind was very consistent with lots of fish caught on each trip. This bite peaked with a Fourth of July-like finale in the last few hours before the front went though.

Let me describe the timing and how this amazing bite played out. With yet another front forecast to come through last Thursday, each day the timing on this was pushed later and later in the day. Strong south winds and a slow-moving incoming tide turned out to be the perfect setup with some of the highest tides we had seen in weeks. With a falling barometer no matter where we fished, the bite was on.

We picked wind-blown islands and oyster bars around the southern end of Pine Island, and every stop had hungry fish from snook over 30 inches to redfish and even mid-20-inch-size. Trout days like this don't come very often, but when they do, it's pure magic. Getting out and enjoying this crazy action is all



Bryan Thomas with a pre-front windy day snook caught while fishing with Capt. Mitchell this week photo provided

about timing with the bite only getting better and better until the front passes through.

Come Friday morning, the front had passed through with winds switching to north, and big high pressure made the bite much more like work than just the previous day. We tucked away in mangrove creeks out of the wind, and we continued to catch snook and trout though the action was a trickle compared to the days before. Each

day after the front, the bite improved though we are yet to see south winds and high water again.

With everyone running some kind of weather app on a smart phone these days, I often get contacted by clients concerned about the weather up to a week out. With all this forecasting technology, the exact timing of these fronts or weather events is not precise more times than not until just a few hours before. If you're lucky enough to

get that magic weather window of an approaching weather event, jump on it. As guides we simply don't take clients in dangerous or bad conditions, which often means making the call to cancel or go the morning of the charter. If the timing plays out in your favor on an approaching weather event, it more often than not can lead to another dumb day of fishing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✱

From page 1

Raffle

YOLO Watersports, a Captiva business that rents Mokes, and Michael and Gretchen Betten, are the sponsors of this raffle.

The prize for the second raffle is an original 30- by 40-inch Myra Roberts painting titled *Miss Betty's Sea School*. The painting is themed specifically for The Sanibel School, and it features Miss Betty teaching a school of fish, a sea turtle and seahorses, the Sanibel School mascot. The painting is valued at \$30,000.

You can get a up-close look at the painting while it is on display at these island locations: Sanibel Public Library from now until April 9; Sanibel Captiva Community Bank at 2406 Periwinkle Way from April 11 to 30; and The Sanibel School from May 2 to 13.

The annual Sanibel School Fund Blue Ribbon Golf Classic will feature a golf outing, followed by dinner at The Community House, where the winners of the tournament and raffle will be announced at 8 p.m. You do not need to be present to win raffle prizes.

A \$100 donation per raffle ticket is suggested. Tickets for the raffles and the party at The Community House (\$100 per person) can be purchased online at <https://sanibelschoolfund.betterworld.org/>. There you will also find official rules for the raffle. Contact thesanibelschoolfund@gmail.com with any questions.

The Sanctuary Golf Club is located at 2801 Wulfert Road on Sanibel. The Community House is located at 2173 Periwinkle Way on Sanibel.✱

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Barred Owlets



by Bob Petcher

The barred owl (*Strix varia*), known casually as the hoot owl for its rich baritone call, is a striped brown and white owl with dark eyes and a yellow beak. As a newborn, it is more gray and fluffy.

While mostly nocturnal, barred owls have been seen hunting during daytime as well. They are known to be more passive than

their cousins, great horned owls, which are considered a predatory threat.

At CROW, two nestling barred owls were admitted from LaBelle after a failed re-nesting attempt. After two days, the parents were not seen, and the nestlings were found on the ground again.

The young owls, reported to be 2 weeks old at admittance on March 17, were both severely dehydrated. One of the owlets had suffered some beak injuries, likely from falling from the nest.

"To treat the beak injuries, we started the owlet on antibiotics to prevent infection and pain medications so it didn't hurt as much, said CROW Wildlife Rehabilitation Manager Breanna Frankel. "We did not have to treat the wounds externally, but we have monitored it closely."

The siblings were placed under rehabilitative care where they have been learning to eat on their own. After three weeks at the clinic, the patients are doing better. "At this point, we don't have to do anything except feed them and clean their cage," said Frankel. "They started off being fed three times a day and have just transitioned to two feeds a day. Their cage gets cleaned twice a day to ensure the environment they are



Patient #22-947 and #22-948 relax in a clean indoor environment with expectations to move outdoors when they are able to perch

photo by Allie Newhart

living in stays clean and healthy. These owlets are being offered prey that is part of their natural diets such as mice and rats – they aren't vegetarians."

The young owls will continue to be raised according to CROW protocol until they are ready to move outdoors and continue rehabilitation.

"Each species we see at the clinic has a veterinary protocol associated with their care. These protocols have been designed by staff over many years to 1) prevent habituation; 2) ensure they get appropriate calories; and 3) ensure they grow properly," said Frankel. "This protocol states how much the animal should be fed, how often it should be fed, what types of food it should be fed, how long it can go overnight without food, etcetera.

By stating 'raised according to protocol,' we ensure that all caregivers are following the same protocol to prevent any issues."

The move outdoors will be predicated on their growth.

"They are still very young and haven't started perching yet. It will be a couple more weeks before they move outside where they will go through the fledging process to learn to fly and survive in the wild," Frankel explained. "Barred owls are cared for by their parents longer than other owl species, at least four months, so we must ensure that we provide enough care and support that they are successful after release. Release may not be based on a certain age but rather based on developmental indicators. We will monitor their flight progress and ability to find food before we consider them for release."

While the first attempt at re-nesting failed, the effort was applauded since there didn't appear to be any substantial injury. It is best for young wildlife to grow with parental animals, not humans.

"In most situations, re-nesting is always the right thing to do unless you see obvious evidence of trauma or a predator may have been involved – like a cat, dog, hawk. We are good at what we do, but wildlife parent(s) always do it better. We are not their first option, we are their last option," said Frankel. "If successful, re-nesting means those animals have a much better chance at survival because their parent(s) taught them how. There are certain things that we, as humans, can't teach wildlife, so if there is a chance of reuniting them with their parent(s), we will take it."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Shell Crafting

Scallop Shell Owl

by Anne Joffe

Scallop shells are abundant on Sanibel's beaches. They are often quite colorful and great for crafting. Here's how to make your own Scallop Shell Owl:

Materials
 2 Large scallops (body and base)
 2 Scallop shells (ears). These do not have to be a pair, but should match up as a pair.

2 Small dove shells (feet)
 1 Button shell (nose)
 2 6mm wiggle eyes

Directions
 Glue 2 scallops together side by side. Tilt them forward slightly as the glue sets. These are the ears.

Glue the 2 you just put together to the rounded top edge of the third scallop. This is the body.

Glue the 3 joined scallops to the fourth one. This forms the base, and the owl will sit better on a base.

Glue the wiggle eyes toward the middle, where the two scallop shells have been glued forming the ears.

Glue two dove shells on the base for the feet.

Glue the button shell toward the bottom of the top pair to form a nose. If you wish, you may use a red or pink felt tip pen to color the nose.

Anne Joffe has owned She Sells Sea Shells on Sanibel since 1976. She is the



Scallop Shell Owl photo by Anne Joffe

author of ShellCrafting Vol. 1 and Vol. 2. Joffe judges Artistic and Scientific categories at shell shows throughout the country, leads shelling trips worldwide, and is a public speaker on shells and shellcraft.*

Workshops And Classes

BIG ARTS offers a variety of workshops with experienced instructors. The schedule is:

Glass Fusing with Petra Kaiser – Wednesdays, April 6 to 27, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124.

Glass Fusing with Petra Kaiser – Thursdays, April 7 to 28, 9:30 a.m.

to 12:30 p.m. Donor: \$99; nondonor: \$124.

Watercolor Painting with Sunny Krchmar – Wednesdays, April 8 to 29, 9 a.m. to noon. Donor: \$156; nondonor: \$195.

Pre-registration is required. For

more information, call 395-0900, stop by the box office, open from 9 a.m. to 3 p.m. at 900 Dunlop Road on Sanibel. For full course descriptions, visit www.bigarts.org or email info@bigarts.org.*

Lecture With Museum Curator

The Clinic for the Rehabilitation of Wildlife (CROW) weekly speaker series continues on Tuesday, April 5 with Mollusks of Southwest Florida presented by Dr. José H. Leal, science director and curator at Bailey-Matthews National Shell Museum.

The shell museum is the leading authority on Sanibel and Captiva shells. The museum team offers insights into many of the shells playing vital roles in history, culture, art and design. During this talk, you will learn about the feeding strategies, reproduction, growth and ecological importance of Southwest Florida's mollusk species.

Programs begin at 4:15 p.m. and are approximately one hour in length. This talk will be presented in person at CROW's Visitor Education Center and will also be offered virtually over Zoom. Advance registration is required. Admission per person or device is \$10 plus applicable taxes and fees. To reserve your spot, visit <http://www.crowclinic.org/articles/2022-speaker>



One of the inhabitants of the shell museum; a giant Pacific octopus photo provided

series or call 472-3644 ext.229.

The speaker series runs January through April. For a schedule of presentations, visit www.crowclinic.org.CROW is located at 3883 Sanibel-Captiva Road.*



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THE SANIBEL-CAPTIVA SHELL CLUB

THANKS THE SPONSORS OF THE 85TH ANNUAL SHELL SHOW

Each year the Sanibel-Captiva Shell Club awards grants from the proceeds of the annual shell show. These grants are given towards education and research in the fields of conchology and malacology, as well as for conservation and water quality projects, primarily in Southwest Florida.

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For more information about the Sanibel-Captiva Shell Club, go to <https://sanibelshellclub.com>



Bailey-Matthews National Shell Museum
Shell Of The Week

The Rose Corbula

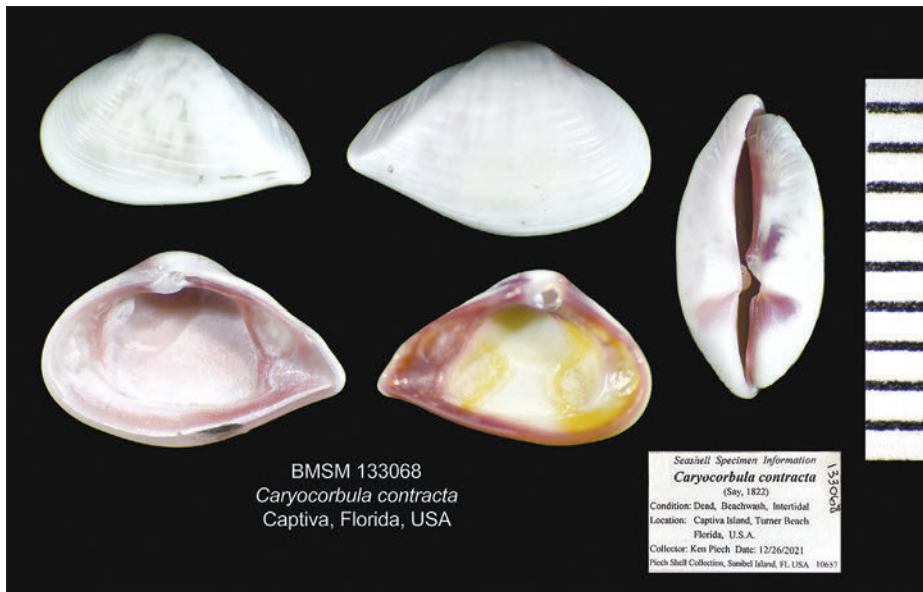


by José H. Leal,
PhD, Science
Director and
Curator

Corbula
contracta
(Say, 1822)
reaches 10 mm
(0.4 inch) and has
an inequivalve
shell (the left and
right valves have

different sizes). The shell has a pointed posterior region, a well-defined radial fold or ridge is present, sculpture of smooth commarginal ridges and the shell color is white to light gray. Internally, it often has pinkish, orangish, or yellowish hues. The shell in the image is a single articulated pair, part of a larger collection of loose valves of the same species found by Ken Piech in December 2016 on Turner Beach, Captiva Island. Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell Museum is open daily from 10 a.m. to 5 p.m., located at 3075 Sanibel-Captiva Road. To make a secure donation, visit www.sanibelmuseum.org. For more information, call 395-2233.✧



The Rose Corbula, *Corbula contracta*, from Captiva, Florida

photo by José H. Leal

Children's Center Summer Camp Registration Open

The Children's Education Center of the Islands (CECI) will hold weekly programming for its upcoming Summer Camp programs from Monday, June 6 through Friday, July 29. Each week is themed and designed for

children to explore and connect to the natural world. Whether children are interested in cooking, art, science – or even pirates – CECI's Summer Camp is sure to encourage all children to connect to Sanibel's environment in a fun and educational way.

Thanks in part to The Sanctuary Golf Club Foundation and FISH of SanCap, CECI Summer Camp scholarships are available for families in need. For more information and to sign up, visit www.childrenseducationcenter.com.✧

American Legion Post 123

American Legion Post 123 is serving meatloaf and mashed potatoes from noon to 8 p.m. this Sunday, April 3. All are welcome.



On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m. Residents and visitors are invited to play.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. Two tables are in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday, 11 a.m. to 9 p.m., and Sunday, noon to 9 p.m. For more information, call 472-9979.✧



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Help Needed To Study Virus In Freshwater Turtles

The Florida Fish and Wildlife Conservation Commission (FWC) continues to study a fatal virus infecting freshwater turtles statewide and is asking the public's assistance in reporting sightings of sick, strangely acting or dead turtles.

The FWC has been studying the turtle fraserivirus 1 (TFV1), formerly known as turtle bunyavirus, since early 2018. Since then, the virus has been detected in Putnam, Lake, Seminole, Orange, Polk, Osceola, Brevard, Indian River and Collier counties. TFV1 has been detected in softshells, cooters and sliders, and the first TFV1 positive common snapping turtle was discovered earlier this year in southern Indian River County.

A turtle may be sick if it displays any of the following signs:

Appears sluggish, unresponsive or reluctant to flee;

Stays in shallow water or beached on banks for prolonged periods of times;

Head and neck outstretched flat along ground;

Sunken, swollen, crusty and/or cloudy eyes;

Reddened skin on head, neck, limbs or bottom of shell; and

Swims irregularly (sideways, in circles unable to submerge).

As part of the ongoing research, the FWC is asking the public for help by taking the following actions:

Report sightings of sick, strangely acting or dead freshwater turtles to the FWC by calling the Turtle Hotline at 352-339-8597 or through the FWC Reporter App;

If possible and without touching the turtle, take photos of the turtle;

To avoid spreading the virus, do not capture, transport or release turtles in new locations, even if the turtle appears healthy (executive order #21-19 prohibits the take or transport of all freshwater softshell turtle species or yellow-bellied sliders until the order is repealed); and

Do not eat turtles that are acting strangely or that appear unhealthy.

There is no current evidence to suggest that humans or wildlife other than turtles can be infected with TFV1.

For more information about TFV1, visit www.myfwc.com/wildlifehabitats, click on "Wildlife," then "Freshwater Turtles" and "Turtle Fraserivirus 1."✧

Bird Walks With Audubon Society

The Sanibel-Captiva Audubon Society is offering bird walks at 8 a.m. at the following locations:
April 2, Lighthouse Beach Park
April 9, Lakes Park in Fort Myers
Visit www.san-capaudubon.org for more information, including directions.✧



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Sat. April 2 • 7 p.m.

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them into a magical hour of music they call "This Magic Moment." This seven-piece band with two vocalists will take you on a journey that includes hits by Sam and Dave, Aretha Franklin, Elvis, Earth, Wind & Fire and more. Tickets \$40

Thur. April 14 • 7 p.m.

Michael Klotz and Grigorios Zamparas, Viola and Piano Duo

This wonderful classical concert features violist Michael Klotz and pianist Grigorios Zamparas performing works by Beethoven and Brahms. Tickets \$40



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Sat. April 9 • 4 p.m.

Classical Crossovers: The Life and Music of George Gershwin with Professor Thomas Cimarusti and Guests

Dr. Cimarusti will discuss how Gershwin fused classical and jazz idioms into a distinct musical genre that remains popular among Broadway, classical and jazz enthusiasts. Tickets \$15



Tue. April 12 • 10 a.m.

The RMS Titanic: The Most Fateful Maiden Voyage in History!

When the RMS Titanic steamed out on her maiden voyage in April 1912, she was considered practically unsinkable — or so it was promoted. Dr. Jerry Franz of FGCU will discuss the very short history of this mammoth and luxurious ship. Tickets \$15



Tue. April 26
10 a.m.

Looking for Loot: How Nazi-Stolen Artworks Are Finding Their Way Home

Art looting has a very long history, but nowhere was it practiced on a greater scale than when Europe was under Nazi domination. FGCU lecturer Carol Jonson will discuss the efforts museums and galleries are making today to look for "loot" in their collections and retribute it to rightful owners and heirs. Tickets \$15

Flowers by German artist, Lovis Corinth-1913



To purchase tickets, contact the Tribby Arts Center Box Office at (239) 415-5667
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Locustberry photos provided
City Of Sanibel Vegetation Committee

Unsung Beauties Of The Native Plant Community

If you are looking for that wow factor in your yard, here is a list of native plants that can really jazz up your yard with color and attract wildlife.

A blooming locustberry with crisp green leaves and masses of white and pink flowers from April to June is a great choice. Following the flowers come round green berries that eventually turn light brown, which birds love to eat. Locustberry is a host plant for the Florida duskywing butterfly larvae and nectar plant for a variety of other butterflies. This plant grows to about 15 feet in sun or partial shade.

A small shrubby tree, both salt and drought tolerant, is the cinnamon bark.



Cinnamon bark



Pearlberry

The terminal flowers range in color from orange-red, white or purple, and the foliage is fragrant. It can bloom year-round and tolerates sun or shade. The leaves are semi-glossy, dark green above and pale green below. Berries are dark red and eaten by birds.

Another smaller specimen tree is the seven year apple. Revolute, shiny green leaves are clustered at the ends of the branches. The fragrant white, five-petaled blossoms are followed by apples, eaten by



Seven year apple



Strongbark and little strongbark

birds and raccoons. This plant tolerates salt spray and dry sandy soil.

An elegant specimen plant is the sea lavender. The leaves are silver, fuzzy and densely clustered on the branch with spikey, small white flowers, growing from five to six feet in the sun. This plant is both rare and tolerant of the saline soils and salt spray in the beach zone. Sea lavender also has the ability to trap sand, which helps promote dune stabilization.



Sea lavender



Walters viburnum

In the shade or part sun, growing to 10 to 12 feet, is the pearlberry, which is listed as an endangered species in the state of Florida. The small, white flowers can be present at any time, followed by the iridescent, white “pearl” berries. This plant can be found in both tropical hammock and beach dune ecosystems.

The strongbark and little strongbark are both endangered. Both flowers and fruit appear at the same time all year

continued on page 24



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Diamondback terrapin

photo provided

Conservation Measures In Effect

As of March 1, all collection and possession of diamondback terrapins is prohibited with the exception of scientific research with a valid permit. This is in accordance to a December 2021 regulation change by the Florida Fish and Wildlife Conservation Commission (FWC) that will help further diamondback terrapin conservation by preventing them from being collected from the wild.

People who currently possess diamondback terrapins as personal pets may legally keep these animals but must obtain a no-cost personal possession permit by May 31.

Individuals or institutions who keep diamondback terrapins for public display, education, outreach or other similar conservation-based programs must obtain a no-cost exhibition and education permit. Permit guidance and application information are available at www.myfwc.com/freshwaterturtles.

In addition to this new rule, the FWC

is helping conserve terrapins by requiring all recreational blue crab traps have rigid funnel openings no larger than two inches by six inches at the narrowest point, or two-inch by six-inch bycatch reduction devices installed. This change, which takes effect March 1, 2023, will reduce the number of terrapins accidentally captured in crab traps.

Throughout their range, diamondback terrapin populations are in decline due to habitat loss, unsustainable collection from the wild due to growing popularity in the global pet market, predation and road mortality. Because of overlapping habitat, there is also a potential for terrapins to be accidentally killed in blue crab traps.

Diamondback terrapins are medium-sized turtles that live in brackish water habitats statewide, including salt marshes, barrier islands, mangrove swamps, tidal creeks and rivers. They eat a variety of foods including snails, crabs, clams, mussels, worms, fish and plants. Five of the seven subspecies occur in Florida, three of which can be found nowhere else in the world. For more information on diamondback terrapins, visit www.myfwc.com/terrapin.✪

Virtual Fly Fishing Film Festival

The International Fly Fishing Film Festival, coming virtually to all of Florida on Friday, April 1, features nine short and feature-length films from all corners of the globe in showcasing the passion, lifestyle and culture of international fly fishing. Festival viewing will begin at 6 p.m.

Admission to the statewide virtual International Fly Fishing Film Festival is \$15 and may be accessed at <https://watch.eventive.org/if4us/play/6216654cd9c447006821ef6c>. Viewers may log on to the site anytime within 48 hours of the showing. Once logged in, access to the film will be granted for seven days.

The event is hosted by Sanibel FlyFishers, Inc. In addition to the films, there will be fly fishing product giveaways and other promotions.

One attendee will be selected to win the 2022 grand prize drawing, consisting of fly fishing gear provided by International Fly Fishing Film Festival sponsors and valued at thousands of

dollars.

Among the films to be screened are: *Caddis Magic* – A film of hope that bugs will hatch and trout will rise to them;

Four Weeks of Daylight – Atlantic salmon on the northern coast of the Kola Peninsula;

Out West – Smallmouth bass on flyrod poppers cast by Brian O’Keefe;

Casting Maya – Ascension Bay in Mexico’s Yucatan in search of bonefish, permit, snook and tarpon;

A Season in the South – Remote rivers in the different regions of New Zealand’s South Island;

Flat Out – 2021 Stimmies Anglers Choice Winner exploring Australia’s Pacific and Indian Ocean saltwater flats;

Into Blue – A trip up to the salt of Far North Queensland, Australia, wading and wandering the flats.

Other films include *A Fly-fishing Refugee*, the uplifting story of a Polish dissident in the early 1980s yearning for wild rivers; and *Home Waters*, a look at the trophy trout of British Columbia, Canada.

For more information and film trailers, visit www.flyfilmfest.com.✪



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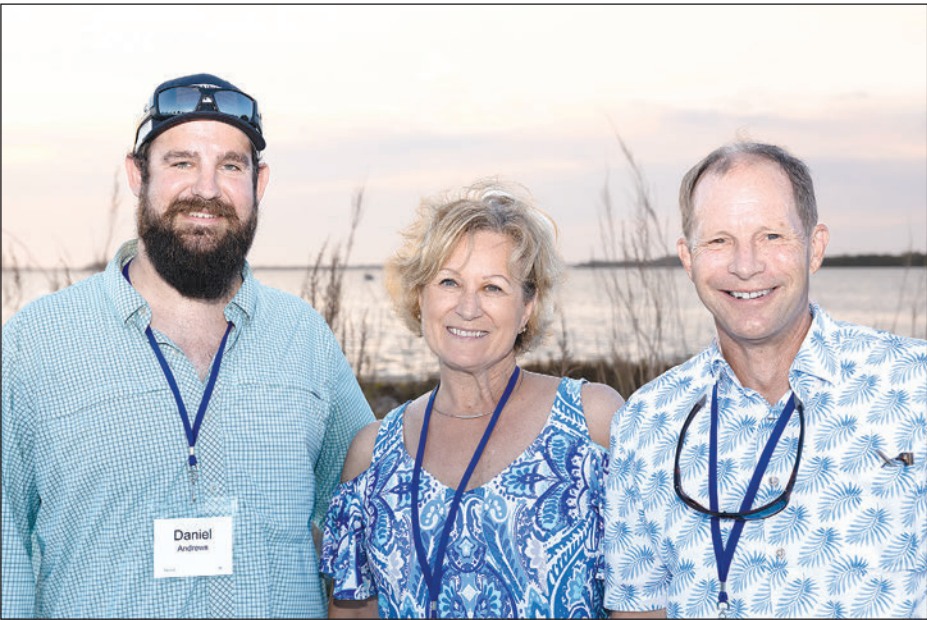
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SCCF's Cause On The Causeway Rallies Support For Clean Water



Sanibel-Captiva Conservation Foundation (SCCF) CEO James Evans addressing the crowd of some 200 supporters on March 19 at the inaugural Cause on the Causeway. The fundraiser brought in over \$500,000 for SCCF and Sanibel Sea School to continue to pursue vital science, education and advocacy efforts focused on water. photos by Shane Antalick



From left, Captains For Clean Water Co-founder Daniel Andrews, Mayor Holly Smith, and South Florida Water Management District Governing Board Chair Chauncey Goss



From left, SCCF Marine Lab Director Eric Milbrandt, Sanibel Director of Natural Resources Holly Milbrandt, Former SCCF Trustee Mary Ellen Pfeifer and Jack Burden of Pfeifer Realty Group, presenting sponsor



From left, SCCF Community Conservation Coordinator Kealy McNeal, SCCF Trustee Megan Doss and SCCF Youth Education Director Shannon Stainken



Auction paddles go up for the "Where It's Needed Most" fund



SCCF Trustee Bob Brooks and Nancy Brooks



Joe Almeida and Abby Haas



Jeff Blackman and SCCF Trustee Laura DeBruce



Sanibel Vice Mayor Richard Johnson and Mayor Holly Smith



Sanibel Sea School's new mobile Sea Lab made its debut appearance



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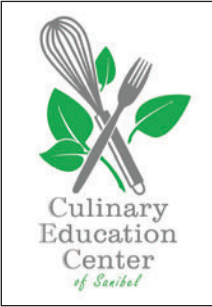
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The Community House

Florida Bananas



by Chef John Wolff

Native to Southeast Asia, bananas and plantains have been cultivated for thousands of years. Recent evidence suggests bananas were introduced to the New World (Ecuador) by South Pacific islanders around 200 BCE, and more recently to Florida by Portuguese and Spanish explorers in the early 16th century. The Portuguese introduced bananas into the Canary Islands and the Spanish to the island of Hispaniola during the 1500s. The banana is not a tree, but an herb, with a trunk-like stem, made of tightly overlapping leaves. Its underground rhizome has fibrous roots underneath. The flowering stalk contains the fruit, technically a berry. Multiple “hands” of 10 to 20 bananas grow upward, making up a flower cluster, and ripen from the top down. Banana plants flower once, then die. Meanwhile, shoots called “suckers” emerge from the parent

plant to form a new plant. Commercial growers propagate bananas by tissue culture, the process of cloning tissues of quality plants in a lab. Multiple, disease-free seedlings are started, then raised in nursery beds. Bananas are relatively easy to grow, especially compared to mango, avocado or other fruit trees. After planting a banana, you can eat fruit in about 16 months. If there’s a hurricane, they’ll come back. What are the differences between bananas and plantains? Both are a good source of ascorbic acid (vitamin C), vitamin B6 and potassium. Plantains also have vitamin A and are an excellent source of starch. Ripe bananas are sweet and delicious to eat by hand, while plantains have a high starch content and are less sweet. Bananas can be eaten raw or cooked, but plantains must be cooked before eating. Consider a green plantain like a potato, ready to be boiled, steamed, roasted or fried and smashed to make tostones. As they ripen and turn yellow or black and referred to as “maduros,” they get sweeter and can be baked, sauteed and grilled. Nearly all parts of the banana can be used. I use banana flower in some Asian dishes, chopped and cooked in curries and added fresh to salads. Banana leaves are used to wrap meats and tamales, whole fish and other seafood. In India and Malaysia, a whole banana leaf serves as a plate for scoops of rice, curry and condiments. In Hawaii, banana leaves line underground pits to cook pigs. Banana leaves can also be used to bring tropical beauty to table settings, lining plates

and platters. In the fall of 2019, I was fortunate enough to have spent some time at East Fork Creek Gardens, an urban farming operation right here in Fort Myers. They primarily produce aquaponic lettuces and seasonal produce and fruits, including bananas. Most varieties of bananas that grow well here in south Florida are small 10 to 12 feet plants that produce “fingerling” type bananas. Two of the unique varieties are the Ice Cream and the Red. The Ice Cream variety is very popular and tolerant to cool weather. They produce a blue-green skinned fruit with a pure white, sweet, creamy flesh that actually tastes like vanilla ice

cream. The Red variety is known for its gorgeous, vibrant colors. They are very sweet and these “ladyfinger” bananas ripen from dark burgundy to orange, yellow and green. Traditional Thai fried bananas with crispy batter are a popular dessert and snack food in Thailand and throughout Southeast Asia. The dish is more often known as Kluai Khaek. It’s difficult to make fried bananas as good as those sold by street food vendors in Thailand and elsewhere. That said, here is a recipe that I think most closely resembles the fried banana sold by street vendors in Chiang Mai in northern Thailand, and it’s also gluten-free.

Kluai Khaek
¾ cup sunflower oil or other neutral frying oil, more as needed
2 to 4 regular bananas (or 6 to 8 mini sweet bananas such as Reds, Ice Cream or Ladyfinger)
¼ cup all-purpose flour
¼ cup plus ⅓ cup rice flour, more as needed, divided
¼ cup cornstarch
¼ teaspoon salt
3 tablespoons dried shredded unsweetened coconut, more as needed, divided
⅓ cup cold water
⅓ tsp. baking soda
1 large egg
Few drops vanilla
Gather the ingredients
Heat a wok or skillet with oil about ¾ to 1 inch deep.
Meanwhile, prepare the bananas by peeling and slicing them in half. Then slice each section in half again, but lengthwise this time.
In a medium mixing bowl, place all-purpose flour, ¼ cup of rice flour, cornstarch, salt] and 2 tbsp. of the shredded coconut and stir to combine.
In a measuring cup, mix together cold water with baking soda until dissolved and pour into bowl with flour mixture.
Add the egg and the vanilla. Stir well until fully combined.
Place remaining ⅓ cup rice flour in

a separate, dry bowl and add remaining one tbsp. shredded coconut. Mix well and set next to the batter.
Dip banana pieces first in the batter, then gently dredge them in the rice flour-coconut mixture. This last step helps firm up the batter and is the secret to creating a crisp, rather than soggy, coating. (Depending on the size of your bananas, you might need to make more of this rice flour-coconut mixture.) You’re now ready for frying.
Make sure oil is hot (350 to 375 F). You can test it with a breadcrumb. If it sizzles and cooks within a few seconds, the oil is hot enough for frying.
Carefully place coated bananas in the hot oil. Fry approximately 1 minute per side, or until batter puffs up slightly and turns light- to medium-golden brown. Remove from heat and drain on paper towel.
Serve your fried bananas as soon as possible, as is or with a side of coconut or vanilla ice cream. For a fancier presentation, place them on a serving platter and sprinkle with confectioners’ sugar.
John Wolff is the resident chef of the Culinary Education Center of Sanibel at The Community House. He enjoys sharing culinary knowledge with future chefs of all ages. Contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.✽

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Jean Le Boeuf, News-Press

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From page 20

Unsung Beauties

long. They grow well in full to partial shade, and are tolerant of sandy and wet soils. The strongbark grows five to seven feet taller than little strongbark and has an arching form to the branches. These trees are visited by butterflies, hummingbirds and bees. A spectacular addition to the native garden is Walters viburnum. When flowering, spring through summer, this specimen plant is covered with tiny, white flowers amidst dense, dark green foliage. The flowers are followed by red to black berries. Depending on the pruning, this plant can be a shrub or small tree, growing up to 12 feet or more. It is very adaptable, growing in shade or full sun, and is also tolerant of moist soils. A final addition to this collection is coral honeysuckle. This twining ornamental vine is a sun lover. Coral honeysuckle produces flowers from spring

through summer, with two-inch pink to red or scarlet tubular flowers that are irresistible to hummingbirds. The flowers are followed by red berries that attract other birds. The foliage is glossy green above with a pale green underside. Let it twine through a shrubby tree or over the ground. But remember, you must prune to control this plant. Add these stunning native beauties to your yard. Choosing to go native helps to preserve the sanctuary characteristics of Sanibel by providing habitat and forage for the island’s unique wildlife. The Natural Resources Department section of the city’s website, www.mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel’s vegetation standards and codes, and the Environmental Reference Handbook prepared by the city’s vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.✽

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Deviled Potatoes

1-pound small gold potatoes
 1 egg, hard-boiled
 1 rib celery, finely diced (small amount reserved for garnish)
 2 mini sweet peppers, finely diced (small amount reserved for garnish)
 2-3 strips bacon, cooked and crumbled, reserve 1 tablespoon bacon grease (small amount reserved for garnish)
 3 tablespoons mayonnaise
 1-2 tablespoons mustard (start with 1 tablespoon and add more to taste)
 Sea salt and fresh ground pepper, to taste

Fill large pot with water and bring to a boil, add 1 tablespoon salt, and boil potatoes until fork-tender, about 10-12 minutes. Remove, drain, and cool enough to handle. Slice a very small amount off one end of the potato, creating a stable surface. Using the small end of a melon baller, scoop out approximately $\frac{3}{4}$ of the potato, making sure to leave enough of the potato



Deviled Potatoes

intact in order to fill back up. In a small bowl combine the scooped-out potato, cooked egg yolk, reserved bacon grease, and mash until you reach a smooth consistency. Stir in mayonnaise,

mustard, chopped egg whites, celery, and sweet peppers. Season with salt and pepper, taste and adjust if needed. To fill potatoes, use a pastry bag or small spoon. Garnish with remaining

photo courtesy Fresh From Florida

peppers, celery, and crumbled bacon.

Fresh tip: use other toppings for different flavors, such as chopped olives or pickled vegetables.*

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BIG ARTS Monday Night Film Series
Parallel Mothers

by Di Saggau

The Monday Night Movie for April 4 is *Parallel Mothers*, a film from Spain about two single women who meet in a hospital room where they are both going to give birth. One is middle aged and doesn't regret it while the other is adolescent and scared. The two women form a strong bond with one another as they both confront motherhood. The film by Pedro Almodovar stars Penelope Cruz. This is their eighth film together.

The story is not only about the two women but also about Spain's troubled history, and the way strong women are linked for generations through the past, even as they help each other forge a happier future.

Cruz plays Janis, who becomes pregnant on the verge of turning 40. Another single mom, 17-year-old Ana (Milena Smit) is her roommate at the hospital. The two women connect in unexpected ways, sharing elation, exhaustion and more. There are many twists and turns in the film.

Cruz is radiant, sexy and funny as Janis and she maintains an emotional connection with the audience through all of her character's highs and lows. Smit shines in an understated way. The film confronts the legacy of Spain's



image provided

political violence.

Parallel Mothers runs 122 minutes and will be shown at 7 p.m. in Christensen Performance Hall. After the film, Barbara Rubin will lead a discussion. Tickets are \$10 and can be purchased online or at the box office.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For tickets, call 395-0900 or visit www.bigarts.org.

Poetry Corner



by Jim Weyant

The Boys

Afore I begin maybe it best I explain,
truth is they're not boys but old men.
A gaggle of old geezers to be precise
or to put it kindly a bevy of old friends.

It began 'bout twenty odd years ago.
They gather out at the island courts,
religiously every other day of the week
and endeavor to play tennis of sorts.

Portly, thin, grey haired and balding
most having an obvious hearing loss,
It wasn't hard to see how it was to go
on viewing the server's first ball-toss.

There're more balls hit out than fall in,
high lobs and drop-shots rule the day
with miss-hits a large part of the game
and on occasion, the outstanding play.

Upon tiring of chasing the errant balls,
they gather their gear and shake hands
and swap tall tales and amiable banter
afore the tired but hearty group disbands.

Ah but a few are not ready to call it a day
and oft decide to re-group and reconvene
for coffee and some sprightly conversation
out back in the garden of the Sanibel Bean.

Jim Weyant first came to Sanibel in 1978. He and wife Helene have been island residents for over 20 years. Prior to retirement, Jim was a system analyst at the New York Stock Exchange. Since then, he has kept busy with tennis, volunteer work, photography, graphic art and reading. His recently published book, Poems From Paradise and Beyond, is available on Amazon and at local bookstores.

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Lilli Pedersen and Jayna Patel releasing one of the green sea turtles

photos by CROW and Sam Cook

CROW Releases Three Sea Turtles

Clinic for the Rehabilitation for Wildlife (CROW) released two green sea turtles and a Kemp’s ridley sea turtle on March 22 on Captiva. New Wave Eco Charters rescued the first green sea turtle on December 26, 2021 after it was found floating and

unable to dive below the surface near Blind Pass on Sanibel. The second green sea turtle was admitted from Fort Myers Beach on February 20 after it was found lethargic and floating in the marina waterway. The Kemp’s ridley sea turtle was also admitted from Fort Myers Beach on March 17 after some fishermen accidentally hooked the turtle. Both green sea turtles were suffering from buoyancy issues. Radiographs of the



CROW staff transporting one of the turtles

green sea turtles revealed gas trapped in their gastrointestinal tracts. In an effort to help them pass the gas and relieve the buoyancy issues, rehabilitation staff utilized weights. The weights were placed on the back of their shells allowing them to submerge. After a few weeks with the weights, the green sea turtles were no longer floating. Upon admission to the clinic, the Kemp’s ridley sea turtle had a large fishing hook embedded in its mouth. Hospital staff successfully removed the hook, but due to location, there was some damage to the soft tissues in the mouth. The

Kemp’s was moved to outdoor turtle tanks to continue with supportive care and close monitoring. After 86 days in care for the first green sea turtle and 30 days in care for second green sea turtle, they were cleared for release, along with the Kemp’s ridley sea turtle. A group of supporters who donated funds at the Wild About CROW gala joined hospital staff to witness the turtles’ release back to the wild. If you find an animal in distress, contact Florida Fish & Wildlife Conservation Commission (FWC) at 888-404-FWCC (3922) or CROW at 472-3644 ext. 222.✱

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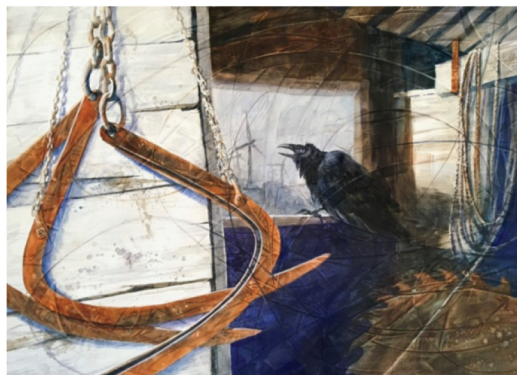
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The 2021-2022 Fine Arts season is graciously sponsored by Jim & Gaye Pigott.

Book Review

For Whom The Shell Tolls



by Di Saggau

For Whom the Shell Tolls is book eight in the Sanibel Island Mystery series, written by Jennifer L. Schiff.

The action starts right away when a man is found dead in his car.

Guin Jones, local reporter and amateur sleuth, is at her friend's house helping to paint shells for the National Seashell Day treasure hunt when she learns about the incident. The group of talented artists and shell lovers are known as the Shell Fairies. Guin decides she will talk to her on-again-off-again boyfriend Detective O'Loughlin about the case.

They soon learn the identity of the man. He is a lawyer named Jackson Brennan. His TV ads and billboards refer to him as Action Jackson, and an autopsy discovers he died of cyanide poisoning. In his possession is one of the shells that was to be part of the treasure hunt, only this one has a skull and crossbones with a note that says "Time's Up."

We find out Jackson was planning to run for Congress. So that tends to rule out suicide. And the list of suspects starts

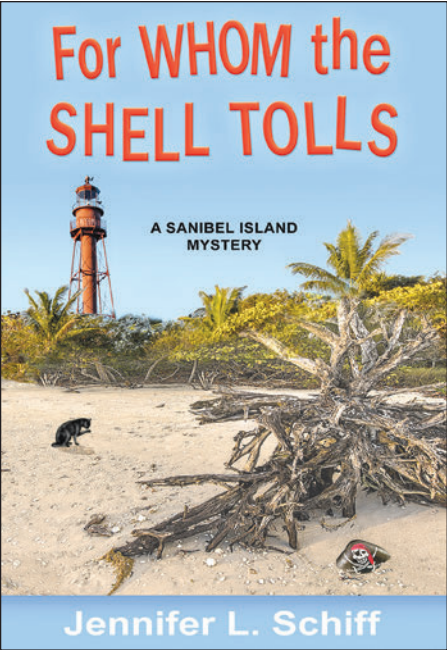


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to grow. Could it be Audra Linwood, who is not a fan of Jackson due to a land deal on the island that fell through? Or is it Anthony Mandelli, a man with questionable character and a silent partner involved in the real estate deal? There is also Beth, Jackson's ex, and a young gal named Paris, who was sort of involved with the victim.

Schiff does a great job of adding suspects to the list without letting us figure out who is guilty. There is a lot of dirt, and plenty of rumors spreading about

most of them. She always refers to local establishments such as Doc Ford's, the Sanibel Bean, the Savoury Spoon, The Island Cow and many more. The reader has fun picturing characters in known locations. Amidst all the turmoil, Guin finds out that Detective O'Loughlin has made a decision that affects her emotionally. To further complicate matters, an old flame, Ris, returns to the island. Guin has not been lucky in some of her relationships.

Perhaps that will change. In fact I'm pretty sure it will in Schiff's next book. The epilogue in the book points in that direction. Meanwhile, I suggest you pick up a copy of *For Whom the Shell Tolls*. It's a fun read.

Schiff will be signing copies of her book on Monday, April 11 from 11 a.m. to 1 p.m. at MacIntosh Books and Paper, located in The Village Shops at 2340 Periwinkle Way on Sanibel.*

School Smart



by Shelley M. Greggs, NCSP

Hello Readers, I am republishing this column as I believe it contains some very valuable information about playground safety for toddlers and preschool

children. This information caught me by surprise, and it may surprise you as well since it is such a counterintuitive behavior for a caring parent or caregiver. It seems that if you as a parent or caregiver goes on a slide holding your child, the chances of your child injuring him/herself is significantly higher. You are trying to protect the child from injury on a slide and yet the very force of an adult sitting behind a child on a slide can cause a child's leg to break.

Dr. John Gaffney, a pediatric orthopedic specialist, reported that every spring he sees a high number of young children with broken legs from slide accidents. "As soon as the weather gets warm, this starts to happen," he said. "It's so common, but parents say: 'how did I not know about this? I thought it was doing something good for my child by having them sit on my lap'."

Although nobody keeps national statistics, orthopedic specialists say they treat a number of toddlers and young children each year with broken legs as a result of riding down the slide on a parent's lap. A study at Winthrop University Hospital in Mineola, New York, found that nearly 14 percent of pediatric leg fractures over an 11-month period involved toddlers riding down the slide with a parent. Dr. John Gaffney conducted the Mineola study, after he had treated a sudden increase of playground slide fractures. The hospital's data indicated that every sliding fracture involved a child younger than age 3 riding in an adult's lap. The fracture might not be instantly noticeable, but typically the child seemed to be in pain and could not put weight on the leg.

This is clearly a situation when a child is safer by himself. If a foot gets caught while the child is sliding alone, he can just stop moving or twist around until it comes free. But when a child is sitting in an adult lap, the force of the adult's weight behind him ends up breaking his leg.

Dr. Ed Holt, orthopedic surgeon in Annapolis, Maryland, has also seen an increase in what he calls "sliding board" fractures. Dr. Holt wants parents and

children to go to playgrounds together and even play on slides, but he is extremely concerned about the risks of sliding with a child on your lap. Dr. Holt recommends, "to prevent the injury, the best solution is to allow a child to slide by himself, with supervision and instructions on how to play safely. Young children can be placed on the slide at the halfway point with a parent standing next to the slide. At the very least, parents should remove a child's shoes before riding down the slide with the child on their laps, and make sure the child's legs don't touch the sides or sliding surface".

Dr. Holt has been so concerned about this problem that he has made an instructional video for YouTube that tells parents about this danger and how to avoid it. It's about two minutes long and well worth watching (www.youtube.com/watch?v=6EzJL3qp-el). His message is simple. Go to the playground, have fun and, if you choose to go down the slide, just make sure to do it safely.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.*

Rare Stone Sculpture Exhibit

ZimSculpt, a world-renowned exhibition of modern Zimbabwean stone sculptures, is on exhibit at Peace River Botanical & Sculpture Gardens in Punta Gorda through April 18. The sculptures are famous for their striking style that is unique to the Shona tribe of southern Africa. The art is carved from various types of serpentine and semi-precious stone, often weighs tons and can be as large as seven feet tall.

More than 100 of these sculptures will be displayed throughout the garden, and all pieces on display are for sale. An additional Zimbabwean marketplace will be present at the gardens during the event, where hundreds of carvings, traditional baskets and jewelry pieces will be on sale. Zimbabwean sculptors Passmore Mupindiko and Brighton Layson will be demonstrating their artistry on select days.

Cost is \$18 for adults, \$15 for seniors (age 65 and older) and \$9 for students up to age 18; no charge for children age 5 and younger. Tickets can be purchased through Eventbrite or at the gate. For more information, visit www.peacerivergardens.org/zimsculpt.*

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Sea School Offering Summer Fishing Camp

From June 13 to 17, Sanibel Sea School will host Let's Go Fishing Week for ages 13 to 15 from June 13 to 17. Campers will learn how to catch a snook from the beach, tie a fly and identify the species of fish that can be caught in backyard ponds.

Mason Goss, EdD, an avid fisherman and Sanibel-Captiva Conservation Foundation (SCCF) senior director of education, will lead the program. "There is something about the challenge and hunt that is invigorating. Seeing a fish and watching it turn towards your bait gets the blood pumping, not to mention they are simply magnificent creatures to watch in action. It's more about the art and science of finding the fish and coaxing it to you than catching, although gently handling a fish before release is special, too," Goss said.

Other local experts will participate during the week to share their wisdom and guide campers on excursions. This is an introductory course to a fun outdoor activity that everyone can experience for a lifetime. Cost is \$400 per camper.

Sanibel and Captiva offer some of the best fishing in Southwest Florida. Fishing is both a skill and an art, and students will have the opportunity to experience both. Teens will be introduced to different forms of fishing, learn to identify



A student making a fly photo provided

common species and become familiar with fish behavior. Both freshwater and saltwater techniques will be introduced. Campers will hone their skills from shore and by kayak and boat.

Sanibel Sea School is located at 455 Periwinkle Way. To register, visit <https://campscui.active.com/orgs/sanibelseaschool#/selectsessions/3111244>. For more information, call 472-8585 or email sanibelseaschool@sccf.org.

Part of the Sanibel-Captiva Conservation Foundation (SCCF) family, Sanibel Sea School's mission is to improve the ocean's future, one person at a time.✧

Fish Caught



Gary Smith photo provided

Gary Smith from Ohio recently caught and released a 26-inch redfish while fishing with Sea Reed Charters. Smith and his family have been staying at Shell Island Beach Club every March for the last two decades.✧

Shells Found



Natasha Wooding photo provided

Natasha Wooding from Cooper City, Florida reported two nice finds at Blind Pass; a junonia and an alphabet cone measuring over three inches. She said, "I've found many nice cones prior, but this one is ginormous!"✧

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Photographer Passionate About Helping Wildlife



by Allison
Havill Todd

Retired CFO Kim Patmore, discovered another purpose in life when her corporation was bought out in 2008 and she was able to spend more time pursuing her

talent in photography. The self-described amateur photographer splits her time between Sanibel Island and Colorado, both of which provide her with an abundance of wildlife and landscapes to capture from behind her lens.

After leaving her corporate life behind, Patmore wanted to find a way to give back and support organizations that were dedicated to preserving wildlife. She discovered Clinic for the Rehabilitation of Wildlife (CROW) during her time on Sanibel and was so impressed with its mission that she designated the nonprofit veterinary hospital as the recipient of 100 percent of the proceeds from sales of her work on Sanibel and Captiva. Patmore has been supporting CROW through her photography since 2013 when a fan of her work approached her about providing



Photographer Kim Patmore surrounded by some of her work

photo provided

a wrapped canvas of one of her wildlife photos as a silent auction item for a CROW fundraiser.

Patmore then came up with the idea of creating an annual calendar, using her wildlife photographs as a fundraiser for CROW, and has been providing this service for the past seven years. Not only does she donate her time capturing stunning images of our island wildlife, but she also covers all the expenses involved in producing, printing and mailing the calendars to ensure that every dollar generated in sales goes directly to support

this state-of-the-art animal hospital. Calendar sales provide over \$5,000 in funds for CROW each year, and demand for them continues to grow. Those who venture to the CROW Visitor Education Center and gift shop will also find a selection of cards, wrapped canvases and acrylics of Patmore's work, with the revenue from all purchases being donated to the organization.

The photographer's work has also been exhibited at receptions at Sundial Beach Resort & Spa, where owners, guests and island visitors have enjoyed

her images while helping to support CROW. While live receptions were put on hold during the past two years, Patmore expects to see them take place again in 2023. The artist will be returning to Sanibel this week so she doesn't miss "the baby season," and she shared her excitement about photographing some of her favorite creatures: burrowing owls, snowy plovers, gallinules, osprey and killdeer. She is steadfast about only capturing magnificent photographs of the local wildlife as long as it does not disrupt them in any way.

When asked why she decided to designate CROW as the beneficiary of her endeavors, Patmore re-emphasized, "I am so impressed with their mission. Everyone I have come in contact with in the organization is so dedicated, and they are all such incredible caregivers. I feel privileged to work with them."

Wildlife enthusiasts can still purchase the 2022 calendar, filled with impressive images, through the artist's website: www.kimpatmorephotography.com or at the CROW Visitor Education Center. And keep your eyes open for the announcement of the 2023 edition which will become available this fall!

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggie mom and facebook.com/thedoggie mom.✧

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Sanibel Public Library's Vivi Whalen with Percy Jackson books photos provided

Programs For All Ages At Sanibel Public Library

Sanibel Public Library offers in-person programs for children and adults. The Sanibel-Captiva Art League exhibit at the library features art from Anita Force Marshall, Vreni Scheu and Lynn Quigley. It will be on display until Friday, April 29. The following programs are open to the public and no registration is required: To celebrate National Poetry Month,



Sanibel Public Library's Cathy Cameron with one of the new camo print totes

Vicky Lettman will lead an informal conversation on Thursday, April 7 at 2 p.m. about the relevance and enjoyment of poetry today. Bring a favorite poem to share or recite. Attendees will have an opportunity to write a poem. Poets young and old from Sanibel and Southwest Florida, will gather at the library on Wednesday, April 13 from 2 to 5 p.m. for Poetryfest. More than 20 area poets will perform their poetry (time limit of five minutes). Members of the audience will be encouraged to participate. Calling all Percy Jackson fans. Try some blue food, quiz yourself on your Demi-God knowledge, challenge your



A previous writing workshop led by Vicky Lettman

friends to a Gryphon egg hunt and get sorted into a cabin at Camp Halfblood. It all happens in the young adult area on Thursday, April 14 from 6 to 7:30 p.m. Canvas Sanibel Public Library tote bags are \$15 and are made in the USA. There are 12 different colors from which to choose, including the new persimmon, desert camo and woodland camo. Sanibel Public Library offers Computer Coach service on Fridays and Saturdays from noon to 1 p.m. Bring in your device for assistance with library apps and learn how to download ebooks, magazines and audiobooks, or stream music and movies. For one-on-one help, go to www.sanlib.org.

org/techappointment to register, or call 472-2483 to schedule an appointment. Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. You must present your valid driver's license (or similar government ID) to staff, showing your current Lee County address. Visitor cards are available for a \$10 fee and are good for one year. Computers, printers, scanners and fax service are available as well as magazines and daily newspapers. For more information, call 472-2483 or visit www.sanlib.org. Sanibel Public Library is located at 770 Dunlop Road.*



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Positive Energy Thrives At Watson MacRae Gallery



by Kathy Kurtz Ferrari
Perhaps it's a cliché to say art is personal. But few things say more about someone than the artwork they enjoy and choose for their home.

And that's the point for Maureen Watson, owner of Watson MacRae Gallery, located in The Village Shops. As the curator of an eclectic mix of visual treats, her message to customers is to gravitate to what speaks to you, not just what matches your home's décor.

"If you buy work you love, and you consistently buy work you love, over time it will all work together," said Watson. "Because it's your esthetic, it's your sensibility, so you don't have to worry if it's going to match your décor. It will all go together."

While art can be found in many shops on Sanibel and Captiva, Watson MacRae isn't the typical island gallery. Customers are greeted by bright splashes of color and visceral textures radiating off the walls in a variety of mediums. But work



Maureen Watson relaxes in the gallery
is more sophisticated than depictions of palm trees, sealife and beach scenes. "With so many new people coming to Sanibel, people are looking more for things like glass, like ceramics. And I think that's what draws them here is because it's so different," Watson explained. "Because it's not 'Florida'. It works in harmony with contemporary homes and modern tastes. I think that's the niche I fill."
Watson searches diligently and travels extensively to fill what she calls this "sanctuary of art" with work of talented

and innovative artists. She is proud to say her gallery has been the first to display pieces by some artists who have gone on to become fairly well-known.
"What I try to do always is to find artists who do exceptional work, but are also unusual, unique," she said. "I like to find new artists. That's the fun, that's the adventure. It's almost like I'm hunting."
And after 14 years of owning the gallery, Watson describes an energy she can feel when she sees work that hits her. "I think the thing about my artists is that they do wonderful work but they



Watson MacRae Gallery is filled with work in various mediums
are all very nice people," said Watson, searching for a more appropriate word. "They are all genuine, they're concerned. And why that's important to me is because I know that the energy from an artist goes into the work. It's infused in the work and that energy is part of the painting, or glass, and especially clay. And that goes into people's homes."
During a recent visit to Watson



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A painting by the late Hollis Jeffcoat will be included in an upcoming show of her work

MacRae Gallery, that energy was apparent. Paintings by Ginie Cappaert demand the eye’s attention. Vibrant color palates have been applied to the canvas in a new technique using cold wax mixed with multiple layers of paint, adding dramatic texture. It differs from the ancient technique of encaustic painting, in which pigment is mixed with hot wax.

Cappaert is one of about 30 different artists, mostly women, currently represented in the gallery. “I would say

right now I have things that are more colorful, more uplifting, more inspiring and that is to provide people with something that soothes the soul during these times,” Watson added.

The gallery space itself seems to exude its own energy, truly designed to showcase the quality of the work. It’s almost as if it radiates an aura to draw visitors in.

“The energy that comes off these paintings creates this peace, and



Watson MacRae Gallery features unique creations from many different artists

tranquility,” Watson noted. “Sometimes people just come in and sit here.”

Watson MacRae Gallery will host a special exhibit in April of work by the late Hollis Jeffcoat, the world renowned abstract artist who lived and painted on Sanibel. The show will be in remembrance of the fourth anniversary of her death. The gallery will feature many of Jeffcoat’s large format paintings, including some Watson discovered for the

first time as she cleaned out Jeffcoat’s studio.

Watson MacRae Gallery is located at 2340 Periwinkle Way, suite G1. Visit www.watsonmacraegallery.com for more information.

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsunnews@gmail.com.✧

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From left, Julia Grant, Rita Ewell, Clay Ewell, Emery Lowden and Emily Ankerson Hess at the CCA's Fool's Fest
photos by Kathy Kurtz Ferrari

What's 'Cap'-enings

A Glance At Captiva Events

by Kathy Kurtz Ferrari

P plenty of islanders and visitors alike showed up for fun at the Captiva Civic Association's (CCA) Porch and Patio Series event on March 28. Surprise guests included Tom Brady and his wife Gisele Bündchen, as well as Sandra Bullock, who finally confirmed rumors


she had a house along Captiva's Gold Coast. Elton John even showed up to entertain the crowd on the keyboard. If this all sounds too good to be true, you're no April Fool, but the CCA's Fool's Fest did bring out some Tom Foolery. Those actually in attendance were dressed in colorful costumes and mismatched attire to fit the party theme. Just a warning to stay on your toes for more tricks today, the first day of April! It felt like the old days at Jensen's Marina on March 23 as Nashville singer and songwriter Brett Moyer returned



From left, Karen and Larry Bettcher join Kris and Jerry Gerish at Fool's Fest

to the seaside stage with some fellow performers for an informal evening session. As a friend of the Jensen family, Moyer has visited the island many times over the years to entertain guests as well as curious visitors drawn in by music wafting on the island breeze. The Captiva Island Historical Society (CIHS) wraps up its season by learning about historic St. Augustine, the oldest city in America. The event takes place on Monday, April 4 at 7 p.m. at the CCA. First established by Spanish explorers in 1565, St. Augustine is the birthplace of not only Florida history, but the United


States as well. During the evening lecture, an expert will share intriguing facts about this significant destination, which is not only for history buffs, in preparation for CIHS's planned trip there in 2023. Tickets for the discussion are \$12, which includes desserts and soft drinks. Visit www.captivaislandhistoricalsociety.org for more information. And that's "What's Cap-ening" on Captiva this week! Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. Email Kathy.islandsunnews@gmail.com.*



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Merni Libonate and Lisa Riordan get into the spirit of the Fool's Fest party on Captiva



The band The Hot Buttered Nuggets entertains the crowd at the Captiva Civic Association



Musician Brett Moyer, second from right, performs with some friends at Jensen's Marina

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March 29 - 11:00 am



March 29 the Bower School of Music Strings Ensembles perform. The concert features soloist Glenn Basham, concertmaster of the Naples Philharmonic, on Vaughn Williams evocative Lark Ascending, arranged for string quintet and solo violin. Violin soloist Dr. Kyle Szabo performs the Schubert String Trio in B-flat with a student ensemble. Dr Szabo is head of strings studies and Orchestra Director at FGCU. The concert includes string quartet selections from Mendelssohn, Shostakovich, and Ravel.

Emerging Artist Series
April 5 - 11:00 am



On April 5, the entire Bower School of Music Symphony Orchestra performs under the direction of Dr. Kyle Szabo. The W.A. Mozart Symphony No. 38, "Prague" and the Stravinsky Pulcinella Suite will be presented as complete works. A free will offering supporting the Bower School of Music will be collected. Register for seating at both concerts at www.SanibelMusicFestival.org. The concerts are sponsored by local residents Lee and Gene Seidler.

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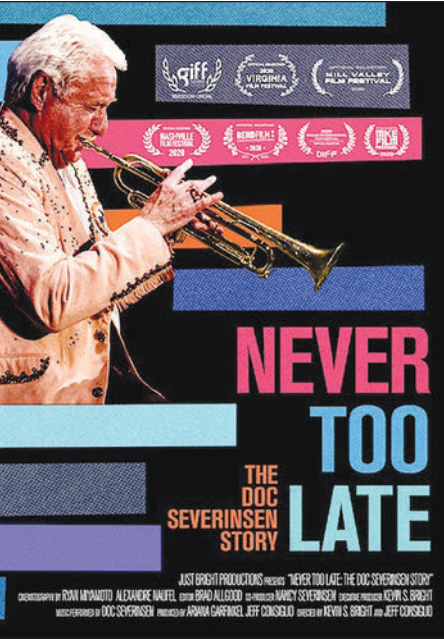
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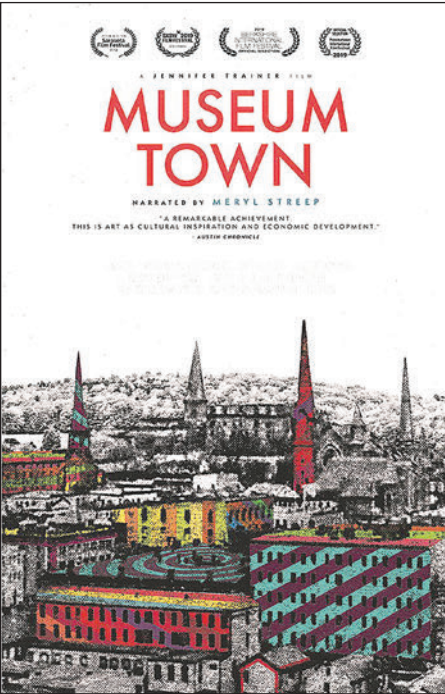




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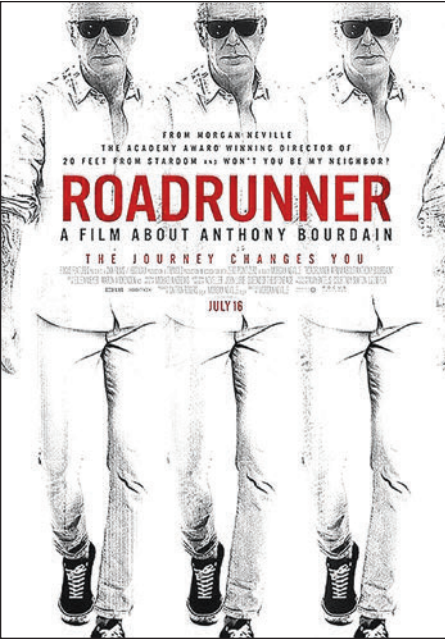
BIG ARTS Documentary Series
Never Too Late
by Di Saggau

Starting Wednesday, April 13 at 3:30 p.m., the critically acclaimed BIG ARTS Documentary Series will begin in Christensen Hall, celebrating its 10th year. The documentaries are thought-provoking, eye-opening and entertaining. I will give a brief introduction before each film and a short discussion with the audience will follow.



In selecting the films, I look not only for entertainment but for films that offer you an inside look into either the person or the subject matter.

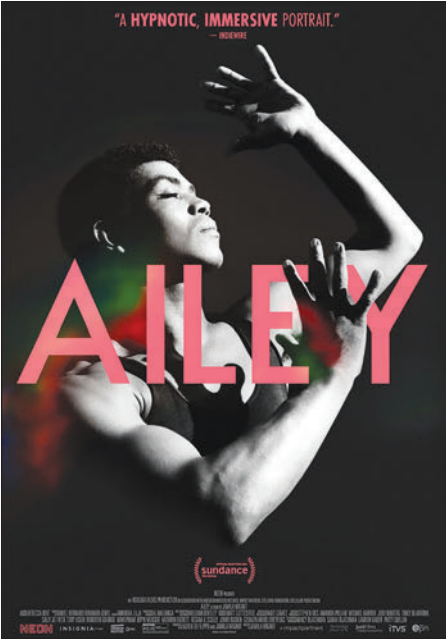
The first film is *Never Too Late: The Doc Severinsen Story*. This is one of the most entertaining films I have ever seen. It is full of hilarious clips with Severinsen and Johnny Carson on *The Tonight Show*, along with interviews with friends and colleagues. Well into his 90s, Severinsen continues to defy nature with a grueling schedule of touring,



performing and teaching.

The second film, April 20, is *Museum Town*. The film is a love letter to both the people who live in North Adams, Massachusetts and to the outsiders who made it into one of the most unusual destinations in the country. Narrated by Meryl Streep, the film follows the conception and construction of a massive art installation, called *Until*, by Nick Cave that was displayed at the Massachusetts Museum of Contemporary Art in 2016 and 2017. When the town's biggest industry left, the town became a center for modern art.

The third film, April 27, is *Roadrunner: A Film About Anthony Bourdain*. It captures the restless curiosity of Bourdain, a world-famous chef and traveler who took his own life in 2018. Since then, people have been trying to figure out how someone who seemed so confident and brilliant could choose to end it all. The film smartly avoids that question and instead reframes the conversation around



Bourdain so that it's about his life instead of just his death.

The final film, May 4, is *Ailey*, a portrait of the dancer and choreographer Alvin Ailey. Through archival interviews, taped performances and memories from former members of his company, the film leads viewers from the dance legend's childhood in Texas to falling in love with ballet in Los Angeles, to his first steps onto a stage and, eventually, his final bow. It is an educational journey, an uncompromising look into the challenges of an artistic life, and a tribute to the man whose studio and dance company still bear his name.

Tickets are \$10 and available in advance or on the day of the film at the BIG ARTS box office, 900 Dunlop Road on Sanibel, or online at www.bigarts.org. For more information, call 395-0900.

Di Saggau is a member of the BIG ARTS Film Committee, feature writer for Island Sun and The River Weekly News, and past president of the Film Society of Southwest Florida.✴

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The \$25 million, 44,000-square-foot Tribby Arts Center opened to Shell Point residents in spring 2021 photos provided

New Arts Center At Shell Point Open To Public

Shell Point Retirement Community has opened the Tribby Arts Center to the public. The \$25 million, 44,000-square-foot arts center opened in spring 2021 and is home to musical and educational programming at Shell Point. The Tribby Arts Center includes the 400-seat Connie Brown Hall and three art galleries showcasing work from residents, as well as regional and national artists.

“In the past year, the Tribby quickly became a vibrant, bustling hub of creative and cultural activity for Shell Point residents,” said Jason Smith, senior director of amenities. “We’re excited to welcome all and share the Tribby experience with Southwest Florida audiences.”

Tickets are now available for the Shell Point Spring Concert Series, including the Mnozil Brass on Saturday, April 2 at 7 p.m.; Viola and Piano Duo Michael Kloz and Grigorios Zamparas on Thursday, April 14 at 7 p.m.; and Bay Kings Band on Thursday, April 21 at 7 p.m.

A selection of lectures in the Academy



The Tribby Arts Center hosts musical and educational programming in the 400-seat Connie Brown Hall

of Lifelong Learning are also available to the public, including Classical Crossovers: The Life and Music of George Gershwin on Saturday, April 9 at 4 p.m.; The RMS Titanic – The Most Fateful Maiden Voyage in History on Tuesday, April 12 at 10 a.m.; and Looking for Loot: How Nazi-Stolen Artworks are Finding Their Way Home on Tuesday, April 26 at 10 a.m.

Within the trio of galleries, exhibitions open from Thursday, April 7 through Saturday, April 30. They include The Style of Place: New Works by Suzanne Bennett; Keith Johnson and Peter Zell in

the Shell Point Gallery; Wood’n Things: Works by the Shell Point Wood Shop in The Legacy Gallery; and Expressing Our Artistry: Works by the Shell Point Photo Club in The Overlook Gallery. Gallery admission is free.

Visitors can relax in the Tribby Café, reflect in the outdoor sculpture garden and find something special in Serendipity, the Tribby gift shop.

Shell Point’s Tribby Arts Center is located at 17281 On Par Boulevard in Fort Myers. Visit www.tribbyartscenter.com/boxoffice for tickets or call 415-5667 for more information.✧



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COTI Honors Citizen Of The Year At Meeting

submitted by Barbara Freeman

A much-anticipated feature of the Committee of the Islands (COTI) annual meeting is the announcement of the organization's Citizen of the Year. On March 17, that honor went to Dr. John McCabe for his strong commitment to conservation and protection of wildlife on Sanibel and Captiva. President Larry Schopp presented McCabe with an etched-glass vase by artist Luc Century, and Barbara Joy Cooley, a longtime board member and chair of the environment committee, offered an overview of McCabe's accomplishments.

Soon after McCabe and his wife moved to Sanibel 20 years ago, he joined "Ding" Darling Wildlife Society (DDWS) as a volunteer and friend, said Cooley. His creative leadership became increasingly essential as funding and staffing for the wildlife refuge decreased and visitorship



John McCabe photo provided
rose dramatically.

"As a retired physician, John has taken his talent of listening and processing of information into the realm of conservation," Cooley said. "He is that quiet leader who finds ways to get people to work together toward a common goal of protecting our natural resources. His quiet demeanor, passion for the mission, patience and persistence while working toward the end goal are what have made

continued on page 20B

Visual Journalist To Wrap Up Lecture Series

The final talk in the Bailey-Matthews National Shell Museum 2022 Season Lecture Series will be held at the museum on Wednesday, April 6 at 5:30 p.m. The program, *Paradise Considered: Photographs of Nature and Change in Southwest Florida*, will be led by Andrew West of *The News-Press*.

The nature of Southwest Florida is stunning and unique in its power to inspire residents, influence the economy and government, and attract millions of visitors from around the world. It is also constantly changing and increasingly at risk as a result of both natural processes and man-made factors. For over 20 years, visual journalist Andrew West has documented the beauty, complexity and important events of the region's natural world as a photographer for *The News-Press*.

"Andrew will share some of his most compelling photographs of the Southwest Florida region; the stories behind the events, landscapes, wildlife and people his



Andrew West photo provided

images reflect; and how these stories play a role in our changing built and natural environments," said Sam Ankerson, executive director of the shell museum.

West's lecture is in conjunction with the exhibition *Red, Blue, Green: An Introduction to Water Quality in Southwest Florida*, which is on view at the museum until June 10 and features several of West's photographs.

The Sanibel Captiva Trust Company is continued on page 4B

Nature Films Headline Virtual Double Feature

The 10th annual "Ding" Darling Film Series on Wednesday, April 6 at 5 p.m. will be a virtual discussion via Zoom on two relevant short documentaries. *The Last Green Thread* follows three friends on a journey through Florida's Everglades Headwaters to survey a fragile wilderness corridor before it disappears forever. *Chasing Ghosts* chronicles a three-year quest to identify and record the pollinator of Florida's elusive ghost orchid. The film won Best Ecosystem Film – Short Form and Best Science in Nature Film – Short Form at the 2020 Jackson Wild Media Awards.

"Both films are set in Florida, and both feature the work and commentary of extraordinary Florida environmental photographer Carlton Ward, Jr.," said Sierra Hoisington, film series organizer and associate executive director of the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). "We believe they make a locally relevant and stunning visual double feature for anyone interested in our state's conservation."

DDWS hosts the free film showings.



image provided

Pre-registration for the films and follow-up discussion is open via www.dingdarlingsociety.org/articles/lecture-and-film-series and is required no later than Tuesday, April 5.

Films will be available to viewers on continued on page 22B

Foundation Extends Thanks To Community

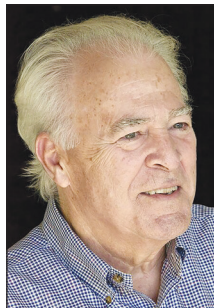
The inaugural year of Leadership Sanibel-Captiva, an initiative of the Charitable Foundation of the Islands (CFI), is drawing to a successful close thanks to the generosity and commitment of a cadre of volunteers who lent their time and expertise. The program was developed as a result of community feedback on the need for "the next generation" of volunteers who will take an active role as leaders in the community. Thanks to the efforts of the following professionals, every full-day session was engaging and informative. All sessions pointed back to the importance of the Sanibel Plan and the critical, grassroots role that past generations of men and women played in preserving and protecting the islands.

Government: Lee County District 1 Commissioner Kevin Ruane, Sanibel Mayor Holly Smith, Sanibel City Manager Dana Souza, Captiva Community Panel Vice President David Mintz.

Environment: Sanibel-Captiva Conservation Foundation Executive Director James Evans, Clinic for the



Ralph Clark



Chip Roach

Rehabilitation of Wildlife (CROW) Executive Director Alison Charney Hussey, CROW Medical and Research Director Heather Barron, "Ding" Darling Wildlife Society-Friends of the Refuge Executive Director Birgie Miller and Captiva Erosion Prevention District Legislative Aide Lindsey Ford.

Business and Community Prosperity: Sanibel & Captiva Islands Chamber of Commerce President and CEO John Lai, Lee County Director of Economic Development John Talmage, Sanibel Captiva Beach Resorts President and Chairman of the Board Tony Lapi, Sanibel Planning Commission Past Chair Chuck Kettelman, Pfeifer Realty Group owner Eric Pfeifer, Lee County Visitor & Convention Bureau Executive Director

continued on page 8B

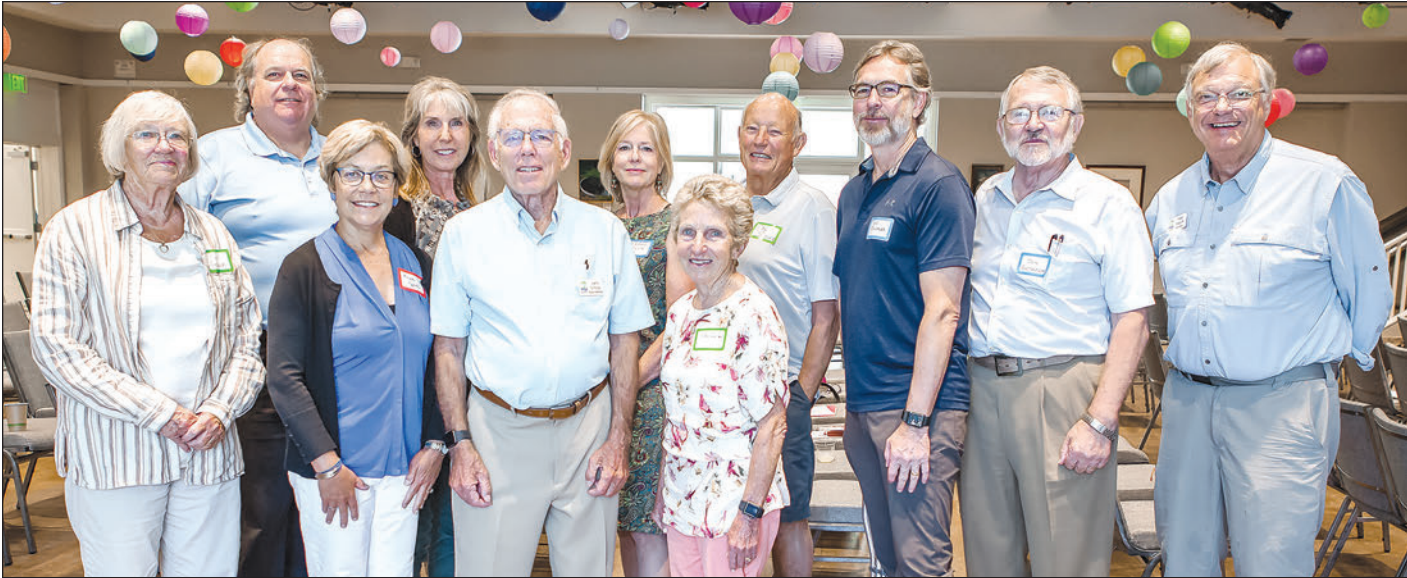
COTI Elects Board

submitted by Barbara Freeman

Noting that the Committee of the Islands (COTI) annual meeting in mid-March was the organization’s first in-person membership gathering since the pandemic began, President Larry Schopp welcomed the sizable crowd to The Community House. Before the introduction of COTI’s Citizen of the Year, John McCabe, and keynote speaker, Chauncey Goss, Schopp provided a look back at COTI’s origins and gave an update on some of the organization’s recent activities.

COTI was formed 47 years ago by some of the same people who founded the City of Sanibel – to protect the island’s unique environment from over-development and to preserve its small town, sanctuary character. While the early focus was largely local as the city council and planning commission dealt with growth-related issues, the focus currently is outward as well, as threats to the island’s water quality and local home rule have increased.

“Water quality is the number-one environmental issue we face,” said Schopp as he voiced COTI’s objections to Senate Bill 2508. In outlining the organization’s position to State Sen. Ben Albritton, he wrote that the bill, as originally drafted, would have undone “much of what LOSOM (Lake Okeechobee System Operating Manual) was intended to do to assure fairness in the management of



COTI board members, from left, Carol Gestwicki, Ed Holden, Miriam Pepper, Arlene Dillon, Larry Schopp, Sarah Peck, Ellen Smiley, Chet Sadler, Jeff Blackman, Jon Gustafson and Peter Walcott photo provided

the lake’s outflow and would have tied the hands of the South Florida Water Management District in its use of the best science in its recommendations to the United States Army Corps of Engineers.” Schopp pointed out that the bill passed with much of the objectionable language removed. The jury is still out on how the bill will affect LOSOM, “but its sponsors knew where we stood,” said Schopp.

In his review, Schopp enumerated ways in which COTI has worked to protect Sanibel’s right to effective local home rule by opposing state laws that would have repealed or limited the city’s ability to

regulate short-term rentals in ways that work for the city. COTI did support HB 105, a state law that would give local governments the right to ban smoking at public parks and beaches. That bill, he said, passed both houses of the legislature and is awaiting the governor’s signature.

“We will continue to monitor these and other issues in the coming year and look forward to participating in the upcoming evaluation and appraisal review (EAR) of the Sanibel Plan,” he said.

After the presentation by Chauncey Goss, chair of the South Florida Water Management District, COTI members

remained to vote on the appointment of directors. Elected unanimously to their first term on the board were Jeffrey Blackman, Arlene Dillon, Sarah Peck, Miriam Pepper and Ellen Smiley.

Returning for a second term by unanimous vote were Carol Gestwicki, Jon Gustafson, Chet Sadler and Larry Schopp. Also continuing on the board are Ed Holden and Peter Walcott.

The two members leaving the board due to term limits are Maryann Bell and Barbara Joy Cooley. Schopp thanked them for their dedication and willingness to help further COTI’s mission.✱



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CAPTIVA ISLAND NEW LISTING



15261 CAPTIVA DR., CAPTIVA
 • 4 BR, 4.5 BA, Deep Water Dock w/Lift
 • Stofft Cooney Design, Waterfront Oasis
\$10,989,000 **MLS# 222017297**
 McMurray & Members 239.850.7888

ROOSEVELT CHANNEL



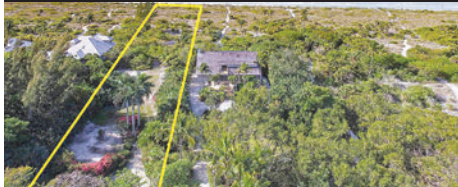
16217-16221 CAPTIVA DR., CAPTIVA
 • 5 BR, 5.5 BA Main House
 • 2 BR, 2 BA Guest House
\$7,250,000 **MLS# 222015581**
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SANIBEL ISLAND



0 W. GULF DR., SANIBEL
 • 104'+ Beachfront
 • Incredible Opportunity, Ideal Location
\$5,995,000 **MLS# 222015337**
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GULF RIDGE



5085 JOEWOOD DR., SANIBEL
 • Direct Beachfront Lot
 • Over 2 Acres of Privacy
\$4,250,000 **MLS# 222014783**
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HUSCHKA UNDER CONTRACT



489 SAWGRASS PL., SANIBEL
 • European Style Custom Built Residence
 • 5 BR, 5 BA, 5,000+ Living S.F.
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15851 HAMPTON VIEW CT., FT. MYERS
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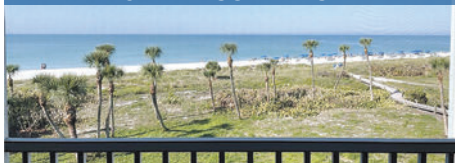
5089 JOEWOOD DR., SANIBEL
 • 2 Acres of Beachfront
 • Private & Secluded, Stunning Sunsets
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CAYO COSTA STATE PARK NEW LISTING



1000 CAYO COSTA, CAYO COSTA
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2635 BEACH VILLAS, CAPTIVA
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 • Unlimited Owner Use, Improved Investment Income
\$1,600,000 **MLS# 221084901**
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SEA OATS UNDER CONTRACT



490 SEA OATS DR., SANIBEL
 • Premier Near Beach Vacant Lot
 • Steps to Beach, Across W. Gulf Drive
\$699,000 **MLS# 222007377**
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CAPTIVA ISLAND



17201 CAPTIVA DR., CAPTIVA
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 • Pool/Spa, Gated, Elevator, Generator
\$5,650,000 **MLS# 221078264**
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SANIBEL ISLAND UNDER CONTRACT



4322 W. GULF DR., SANIBEL
 • Near Beach, 4 BR, Pool, Over 1 Acre
 • New Counters, SS, Wood Floors, Vaulted Ceilings
\$3,295,000 **MLS# 222000297**
 Jason Lomano 239.470.8628

HUSCHKA



451 SAWGRASS PL., SANIBEL
 • Incredible Building Site on West Gulf Drive
 • Beach Access Directly Across Street
\$949,000 **MLS# 221088972**
 John Nicholson, McMurray & Members 239.849.3250

SOUTH SEAS ISLAND RESORT NEW LISTING



4214 BAYSIDE VILLAS, CAPTIVA
 • 2nd Floor, 1 BR, Overlooks Boat Basin
 • Convenient South Location within Resort
\$605,000 **MLS# 222017182**
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CAPTIVA GULF FRONT



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 • Dock Plans to Accommodate 100' Yacht
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SEASPRAY



1321 SEASPRAY LN., SANIBEL
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 • Small Beach Community
\$899,000 **MLS# 221016939**
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SANIBEL HARBOUR YACHT CLUB



15051 PUNTA RASSA RD. #407, FT. MYERS
 • 10' x 14' x 40' Dry Boat Storage
 • Quick Access to Gulf
\$124,900 **MLS# 221066436**
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Real Estate Firm Among Top In The Country

Premier Sotheby's International Realty has been ranked No. 16 on the annual RISMedia Top 1,000 Power Broker Report, moving up three spots from No. 19 in 2021. Additionally, it is ranked No. 18 on the annual REAL Trends 500 survey of the top U.S. residential brokerage companies, based on 2021's sales performance. The brokerage moved up three spots, from No. 21 in 2021, and is the No. 2 Sotheby's International Realty affiliate worldwide by sales volume. A record-breaking year, the company surpassed \$10.7 billion in total sales volume and 10,608 transaction sides. Per the survey, the company achieved a combined average



Budge Huskey

sale price of \$959,130 across all its regions in Florida and North Carolina. "It is an honor to rank among the largest real estate firms in the country, many of which are national in scope," said Budge Huskey, president and chief executive officer of Premier Sotheby's International Realty. "We are deeply grateful for our valued customers and for our talented team of global advisors committed to providing exceptionally elevated experiences. They continue to take us to new heights year after year." The REAL Trends 500 is an annual research report that identifies the country's largest and most successful residential firms as ranked by closed transaction sides and closed sales volume. The report represents the standard of measuring the performance of the nation's leading realty service companies. This year's survey represents the most comprehensive collection of data assembled on the leaders of the residential brokerage industry. Numbers are documented by outside accounting firms and/or MLS reports. The RISMedia Top 1,000 Power Broker Report ranks residential real estate brokerage firms according to closed residential sales volume for 2021.

RISMedia is the residential real estate industry's definitive source for news and information for real estate's most profitable and productive professionals. For over 35 years, it has provided the industry with news, trends and strategies through *Real Estate* magazine and www.rismedia.com.✪

From page 1B Lecture Series




A local fisherman is not deterred by the algae

photo by Andrew West

the presenting sponsor of the 2022 lecture series. The cost to attend is \$10 per person; no charge for museum members. Wine, beer, snacks and other refreshments are included with admission. Registration


is required at www.shellmuseum.org/in-person-lectures. Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.✪



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Input Needed For Recreation Assessment

The City of Sanibel has undertaken a comprehensive assessment of recreation facilities and programs. The goal is to reimagine all components of the Sanibel Recreation Department (recreation center, Center 4 Life and outdoor sports programs) to meet recreation needs of all residents (youth, adults and seniors).

Public participation and resident input will be a key component of the study and will help to inform decisions that will guide the future development of the city's recreation facilities and services. A broad set of tools, both online and in person, will be used to engage the community in this important conversation.

An open house will be held on Saturday, April 9 from 2 to 4 p.m. at Sanibel Recreation Center, 3880 Sanibel Captiva Road. Share your ideas and comments at "charrette" stations that will be set up in the gym. Drop by any time during the open house and visit all four stations at your leisure.

There will be family-friendly activities, the leisure pool and splash pad will be open for the whole family, the Kiwanis Club of Sanibel-Captiva will be serving free hot dogs, popcorn and drinks, and tours will be offered.

A project booth will be set up at the Farmers Market on Sunday, April 10 from 8 a.m. noon at city hall, 800 Dunlop Road. Share your input on various topics/questions with the project team.

Participate online using three tools that can be found on the Social Pinpoint community engagement platform designed for this project Visit www.mysanibel.com to access the Social Pinpoint Site. Online community engagement tools are available now through May 1.

All Sanibel citizens are invited to participate, including year-round residents, seasonal residents (whether you rent or own), island workers, island business owners and island nonprofit organization members. The items noted below are the additional steps on how to get involved.

Take the Survey – The survey asks questions about your use (both present and past) of the various facilities, programs and activities. The survey consists of multiple-choice options that focus on your experiences.

Two Forum Questions – Investment ideas and improvement ideas for recreation department operations. Once the survey has been completed, the forum questions provide the opportunity to comment and address specific comments or ideas for improvement.

Ideas Wall – The Ideas Wall provides the opportunity to have an interactive community conversation centered around six topic areas: customer service, parks and facilities, program instructors, family activities, seniors activities and youth activities.

For both the Forum Questions and

the Ideas Wall, you can provide as many ideas and comments as you wish, and can come back multiple times over the participation window (through May 1) to take part in this interactive community conversation. Your comments remain anonymous and will be posted on the site for others to see, respond to (thumbs up/thumbs down), and prompt others to become part of the community conversation.

Once the participation window closes on May 1, the community comments will be available on the website for viewing throughout the duration of the project.

In addition to the community engagement opportunities open to all citizens, during the initial project planning phase, the consultant team interviewed city officials and staff, city council members, and key community stakeholders. On Friday and Saturday, April 8 and 9, a series of focus groups with a cross-section of citizens will participate in a group discussion facilitated by BerryDunn consultant team.

The City of Sanibel encourages participation in any and all of these public engagement opportunities. Throughout the duration of this project, you can visit the project website often to participate in the online engagement tools (through May 1), view the community conversations and stay updated on the project developments.

This study will result in a detailed report of options and alternatives for city council consideration for reimaging the future of the city's recreation department facilities and services.✪

Recipients Of Environmental Funding Awards

Lee County Electric Cooperative (LCEC) will provide Environmental Funding Awards to Calusa Land Trust and Preserve of Pine Island, Inc.; Corkscrew Swamp Sanctuary; Friends of Cape Coral Environment, Inc.; Friends of Fakahatchee; and Sanibel Sea School. Collectively, these five award winners are receiving nearly \$18,000. Since the inception of the LCEC Environmental Funding Award program in 2013, LCEC has bestowed nearly \$205,000 to local organizations to help aid them in their endeavors to protect and sustain the environment.

This funding is awarded twice a year with deadlines on March 15 and September 1. To apply for an environmental funding award, organizations should visit www.lcec.net/about-lcec/community-and-education/environment to download the application. Interested organizations must meet certain criteria to be considered for the award including that the funding must be utilized for projects/programs related to the environment and the utility industry and have a demonstrated need for funds.

This Environmental Funding Award program is one of ways LCEC positively impacts and supports wildlife and the environment. To learn more, visit www.lcec.net or contact pr@lcec.net.✪



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Those Who Forget The Past



submitted by Tom Uhler

In his book, *The Life of Reason*, George Santayana wrote, "Those who cannot remember the past are condemned to repeat it." That was in 1905.

Many others have said similar things, but the point is pretty clear. If we don't learn from history, we'll make the same mistakes over and over.

One thing we've learned in the 20-year history of our firm is that a long-term view is quite predictable, but the short-term is equally unpredictable.

Another thing we've learned, and you can quote me on this, is that optimism is the only reality. People complain about the 24/7 news cycle. As a kid, the news was typically a couple of days old when we received it, especially in the newspaper.

Now, we've got a fiber-optic connection to the entire world. We have more computing power in our hand than our country used to put a man on the moon 53 years ago. And we're about to have self-driving cars.

Each generation has it better than their

parents. We're healthier, wealthier and have a better lifestyle. And part of the reason this continues to happen is that the great companies of the world develop life-enriching products and services that we want and are willing to purchase.

People often ask me about risk. My reply is, "What risk are you asking about?" Today, I might get the inflation answer, as in, "Well, everything costs more; how can I afford that?" Let's look at the facts.

For the most recent 100 years, inflation in the USA has averaged about three percent per year. However, for the last decade, it's fallen below that and, in our short-term memories, we think that's the norm – even as recent reports show inflation hovering around 7.5 percent. What's dangerous about inflation is how insidious it is. Think about it, what a dollar purchases today will require \$1.03 a year from now and about \$1.10 in three years.

That's okay if your income is increasing to keep up, but what if you're retired and have your nest egg in certificates of deposit and bonds paying a fixed, low rate of return? Even at three percent increases, your purchasing power decreases each year. But eventually, we'll revert to the mean, and the inflation concern will be replaced by another fear.

The answer is to own assets that increase in value at a rate greater than inflation (and taxes) reduce their purchasing power. What are those assets? We call them equities – which just means ownership. Your home, your

business and your stock market portfolio are all growing assets... if you're in it for the long term.

Stop focusing on the short term – those doom and gloom scenarios you see on the evening news – and focus instead on the growth in quality of life which

you've seen in your life. Think long term and think positively, because optimism is the only reality.

Tom Uhler is a principal with Uhler and Vertich Financial Planners, a locally owned comprehensive financial advisory firm.✴

Mayor To Address Business Women

Sanibel Mayor Holly Smith will be the speaker for the Sanibel Captiva Business Women's Association (SCBWA) meeting on Tuesday, April 19 at noon at Blue Giraffe 2.



Holly Smith

Smith will discuss women in leadership roles. She will focus primarily on the areas of being a businesswoman, wife and mother while holding various leadership positions, particularly in the local government arena. Smith has served in her current role since March 2021. Prior to being elected as Sanibel's mayor, she has served as vice mayor, as a member of city council and as vice chairwoman of the Sanibel Planning Commission. Smith also has a long list of both local and regional community involvement including serving as a liaison to the Contractor Review Board, as a member at large for the Florida League of Cities (FLC) Legislative Committee, and on the FLC Municipal Administration Legislative Policy Committee. In 2018, 2019 and 2020, Smith was awarded the Florida League of Cities Home Rule Hero Award.

Maureen McGauran, board member of SCBWA, said, "When I was an intern with the City of Sanibel in the city

manager's office, I found Mayor Smith to be an advocate in empowering young women in roles of leadership, whether community, business or governmental positions. She is someone that I look up to."

Sanibel Captiva Business Women's Association is dedicated to empowering and supporting the women who work and live on the islands through networking, mentorship, continuing education and career advancement. The group meets every third Tuesday of the month at various businesses and restaurants at noon.

Register on Eventbrite at <https://sancapbwa.eventbrite.com>. For more information, contact taylor@irisprintdesigns.com. Updates are posted at www.facebook.com/SanCapBWA.✴

Captiva Meetings

Captiva Erosion Prevention District (CEPD) will hold a board meeting on Monday, April 11 at 1 p.m. at Tween Waters Island Resort and on Zoom. For the link and agenda, visit www.mycepd.com. The next board meeting will be held on Monday, May 9 at 1 p.m.

Captiva Community Panel will meet on Tuesday, April 12 at 9 a.m. on Zoom. The next meeting is scheduled for Tuesday, May 10 at 9 a.m.

For information about the CEPD events, visit www.mycepd.com or call the district at 472-2472. For information about the Captiva Community Panel, visit www.captivacommunitypanel.com or email captivacommunitypanel@gmail.com.✴

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Trust Company Holds Annual Meeting

SanCap Group Inc., holding company of The Sanibel Captiva Trust Company and its divisions (The Naples Trust Company and The Tampa Bay Trust Company) held their 21st annual shareholders meeting for more than 80 guests recently at the Marriott Sanibel Harbour Resort in Fort Myers. It was a significant event, with it being the first in-person shareholders meeting since the start of the pandemic.

Chairman and Founder Al Hanser chaired the meeting of shareholders addressing the business of the trust company over the last year. He commented on the growth of the company, now at 52 employees throughout Tampa Bay, Sanibel and Naples, with more to come this year.

As Hanser does each year, he revisited the mission, vision and values statement at the core of the company's culture. He said, "Our mission is 'to advise and care for our clients and their families by providing individualized wealth management through life's transitions. We strive to inspire trust, confidence and a sense of community among those we serve.'"

Hanser singled out retiring board members James Lozelle and Linda Marcelli for their years of service on the board. "Jim and Linda have provided an



Pam Iorio accepting the plaque of appreciation from Al Hanser for retiring board member Linda Marcelli photos provided

unvarnished perspective and wise advice from their years in business, which have added to the quality of our brand and services, elevating the client experience," Hanser said.

CEO Terry Igo discussed the company's current strategic plan saying, "We have taken additional space at the main office in Tampa and selected new space in Fort Myers for our growing Lee County team. After an exhaustive search over the last two years, we purchased a new building on Sanibel-Captiva to serve as our new corporate headquarters." Igo emphasized the importance of



Al Hanser presents retiring board member James Lozelle with a plaque for his years of service to the company

maintaining the corporate culture which has served the company so well over the years. He said, "Our motto, 'Always do the right thing' undergirds our goal of assuring our level of service remains high as we move forward."

Igo also announced that The Sanibel Captiva Trust Company is the largest independent trust company in Florida with more than \$3.6 billion in assets under management. Along with that growth, the company's stock price which impacts employees through the employee stock ownership plan (ESOP) as well as all shareholders has appreciated by 30 percent from the previous year.

Ian Breusch, CFA, newly appointed chief operating officer, continues to serve as a senior portfolio manager in addition to his new duties. He provided highlights from the year's Economic Outlook presentation and current trends. Breusch led the team of portfolio managers and investment analysts across the company for several years and just recently accepted the new role of chief operating officer for the growing company. Andrew Vanderhorst, CFA, CAIA, CFP, was promoted to chief investment officer.

Guest speaker George Heisler, board member of The Sanibel Captiva Trust Company, was asked to speak about the company from his perspective. Heisler is a respected and renowned attorney having served as the chair of McDermott Will & Emery LLP's private client department and later as partner-in-charge of the firm's Chicago office. He spoke about the critical role of serving as a fiduciary to clients and the dedication of which the trust company takes this responsibility.

The final speaker of the day joined the trust company a year ago as a wealth services team member – Senior Vice President Carolyn Rogers, CFRE. Rogers' career in fundraising development and communications within the nonprofit arena aligns with the trust company's wealth management and estate planning specialties. She spoke about the unique culture of the trust company, dedicated to helping people, the genuine team spirit of employees and the exciting opportunities ahead.✧

This is NOT an April Fool's Joke

CONDOS				HOMES			LOTS		
SANIBEL	#	Avg Price \$	DOM	#	Avg Price \$	DOM	#	Avg Price \$	DOM
For sale	14	1,395,571	71	11	2,688,818	34	11	1,439,545	360
Sale pending	25	1,204,231	15	44	1,923,122	41	8	521,569	95
Closed to-date 2022	45	977,732	47	57	1,656,000	75	10	693,600	188
Sales in 2021	287	875,127	113	355	1,341,881	89	69	698,862	442
Sales in 2020	193	733,136	174	289	950,426	161	23	606,233	393
CAPTIVA	#	Avg Price \$	DOM	#	Avg Price \$	DOM	#	Avg Price \$	DOM
For sale	5	1,003,000	22	6	7,139,833	56	1	15,500,000	2
Closing pending	6	1,523,333	19	4	8,197,500	180	0	N/A	N/A
Closed to-date 2022	11	1,471,275	57	9	3,710,277	159	0	N/A	N/A
Sales in 2021	64	1,150,373	145	44	2,988,520	261	2	2,950,000	731
Sales in 2020	47	821,713	134	27	2,923,148	315	4	2,537,500	448

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Zonta Collection Day Empowers Local Women

submitted by Kathleen Skubikowski

With the arrival of spring, Zonta encourages Sanibel and Captiva residents to check their closets, garages and other storage spaces, and to bring gently-used and new household items or clothing to the parking lot of Sanibel Congregational United Church for the members of Zonta to distribute to local nonprofits working to improve the lives of women and girls.

Zonta's 6th Community Service Collection Day will be held in the church parking area, located at 2050 Periwinkle Way, from 10 a.m. to noon on Saturday, April 9.

The event will benefit local nonprofits, with which the club has a service



Zonta members show their support for grant partners

photo provided

relationship, who use the items in their mission to empower women, a goal shared with Zonta. Since donations are tax-deductible according to IRS rules, Zonta members will be on hand to collect items and to issue tax receipts. Cash or check donations are also accepted.

Following is a partial list of items

requested. For the complete list, visit www.zontasancap.org and click on "Collection Day is April 9th!"

Abuse Counseling & Treatment (ACT): Twin bedding and new pillows; crib bedding; diapers (size 4, 5 and 6) and wipes; personal care items and makeup; canned goods.

Angel Wings: Laptop or Surface Pro with Office Suite; printer cartridges and paper; paper goods; lightly used linens; school supplies; canned and boxed food.

Cycle Forward (new partner): Unopened packages of pads or tampons or donate via the registry at www.walmart.com or www.target.com.

Dress for Success: Professional separates (especially plus size) and gently used shoes (size 9 or higher), purses and jewelry; casual denims; button-up shirts; new (with tags) underwear and bras; personal care items; makeup.

Furnish with Care: Pots and pans; serving ware and silverware; artwork, lamps and rugs; bedding, bath linens; slippers (adult sizes).

Healing Stitches (formerly OILE): Cones or spools of sewing thread; fabric in solids or patterns; scissors, rotary cutters,

sewing machine needles (90/14); buttons; disinfecting wipes.

Trailways Camp: Board games; planting pots; art and paper supplies; fishing poles; solar lights and lanterns; five-gallon Igloo water coolers.✱

Foundation

Tamara Pigott and The Sanibel School Principal Jamie Reid.

Social Services: FISH of SanCap President and CEO Maggi Feiner, FISH of SanCap Executive Director Maria Espinoza, Community Housing and Resources Executive Director Melissa Rice and Sanibel Congregational United Church of Christ Senior Pastor the Rev. John Danner.

Arts and Culture: Captiva Community Association (CCA) Executive Director Emily Hess Ankerson, CCA Board of Governors Treasurer Lisa Riordan, Rauschenberg Residency Director Ann Brady, Sanibel Community Association Executive Director Teresa Riska-Hall and BIG ARTS Executive Director Lee Ellen Harder.

"We are deeply grateful for the support of these community professionals and the gift of their time and talent. They made the program possible," said Ralph Clark, CFI board member and chair of Leadership Sanibel-Captiva.

"With the help of our donors and friends, the foundation looks forward to greeting the Class of 2023 and to continuing the success of Leadership Sanibel-Captiva in inspiring and motivating more people to take an active part in preserving the quality of life on the islands," said Chip Roach, CFI chairman of the board.

For information on the Charitable Foundation of the Islands, visit www.mycfi.org.✱

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FISH Of SanCap Offers Assistance To Family In Crisis

FISH of SanCap offers assistance not just to residents of the islands, but also to the workforce and visitors. FISH offers food programs, financial help, educational workshops, and youth and senior programs.

The FISH Helping Hands program provides assistance to island residents and employees who need a hand up due to crisis situations such as job loss, medical emergencies or unexpected family circumstances. Nitza Lopez, social services director, coordinates the Helping Hands & Financial Assistance program for those in need of temporary financial assistance. She works with individuals to create and implement a plan to move quickly through crisis and into recovery. The goal is to help neighbors develop a pathway for long-term self-sustainability.

Meghan Schneider, whose name has been changed for privacy, began using the food pantry to help sustain herself and her 18-year-old son who will be graduating high school this year. She is a young grandmother who was recently awarded temporary custody of her three grandchildren due to their mother's critical illness. All of her grandchildren are under 5 years of age and attend day care part-time. They are cared for by her older son during afternoon hours so Meghan can continue to work full-time on Sanibel.



FISH of SanCap Social Services Director Nitza Lopez assisting a neighbor

photo provided

Her son may have to forfeit his college dreams and go straight into the workforce since there is no financial support for higher education.

"Every single month, it's just a struggle to stay afloat with feeding the kids and paying all the bills," said Meghan. She began using the food pantry when she learned that she could not receive SNAP (food stamps) due to the program rules and regulations. "I had just found out about FISH, and thought I would give it a try," said Schneider. "The food assistance has been a life saver." Due to the increasing cost of gas, Meghan cannot afford the round-trip expense

six days a week to get to and from work, so she relies on others through a rideshare scenario for transportation. Unfortunately, relying on others for transportation limits opportunities to visit the food pantry, adding additional stress.

Lopez met with Meghan and learned of additional family needs that FISH could assist with. "When working with people, situations can be unique and specific, and we view everyone individually, working together to create a plan that best fits their specific situation," said Lopez.

Often a visit to FISH is a symptom of a larger underlying problem, so by tailoring assessments, the organization can help

people get back on their feet more quickly. Through discussion and an intake process, it was discovered that Meghan was behind in rent and utility payments and just barely getting by, living paycheck to paycheck with three additional mouths to feed. "Sometimes, it gets so stressful, it's like I forget to breathe, and it feels like I'm in quicksand," said Meghan. "It just keeps getting harder and harder, and I really hope FISH can help me."

Meghan was qualified to receive emergency financial assistance for rent and utilities, and received a gas card from FISH. She was also placed on the holiday assistance program and the children's food backpack program. Through grants and private donations, the organization is able to provide assistance to neighbors in need. FISH determines eligibility for need-based financial assistance through a review of a family's income and expense documentation. Amounts vary depending upon the family's financial status.

FISH continues to work with Meghan and her family to provide resources and plan next steps for long-term solutions. The priority is to help remove obstacles that would result in her grandchildren entering the foster care system. FISH is working with the family to determine if resources can be provided for her son to continue his education. Due to the circumstances of this situation, FISH has temporarily lifted food pantry restrictions for the family.

To learn more about programs and services offered by FISH, call 472-4775 or visit www.fishofsancap.org.

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CASI Hosts Breakfast Meeting With City Officials

Sanibel Mayor Holly Smith and City Manager Dana Souza headlined the Condominium Associations of Sanibel Island (CASI) breakfast meeting at The Community House recently. Smith and Souza updated attendees on the state of the City of Sanibel. Community Services Director Keith Williams and Natural Resources Director Holly Milbrandt were part of the program as well. A question and answer session followed the presentation.*



From left, David Lowden of Bank of the Islands (breakfast sponsor), Sanibel Police Chief Bill Dalton, Natural Resources Director Holly Milbrandt, City Manager Dana Souza, Mayor Holly Smith, Community Services Director Keith Williams, CASI President Linda Naton and Richard Shera of Bank of the Islands photos provided



CASI Vice President Richard Weiss of Mariner Pointe with CASI board member Lee Schaff of Tennisplace



From left, Zeke Newhall of Atrium, CASI board member Jim Winn of Atrium, and Darlene and Mike Ilfen of Sanibel Surfside



Donna Bradshaw of Sandpebble with Sanibel City Councilman Mike Miller



Terry Megge and Cindy Jones of Somerset at the Reef



From left, Phillip Meyers of Moonshadow with Sue and Mike Fuller of Gulf Beach



Scott Barnes of Sanibel Surfside with Will Craig of Kings Crown



From left, Mel and Carol Gregg of South Pointe with Melanie Holliday of Rapid Response Team



From left, John Strohm of Alliant Property Management with Yolanda Fuller and Bob Bachman of Loggerhead Cay

neighbors helping neighbors— & FILLING FAMILY NEEDS

PROVIDING INDIVIDUALIZED PLANS TO HELP IN EACH UNIQUE SITUATION

“Meghan”—whose name has been changed for privacy—is a young grandmother recently awarded temporary custody of her three grandchildren due to their mother’s critical illness. Through this difficult situation, Meghan has come to rely on FISH for invaluable support.

All three grandchildren are under 5 years old and attend extended daycare so that Meghan can continue to work full time on Sanibel. Due to the increasing cost of gas, Meghan cannot afford the round-trip expense six days a week and relies on others to carpool for transportation.

*“Every single month it’s a struggle just to stay afloat with feeding the kids and paying all the bills,” says Meghan. She began using the **FISH Food Pantry** when she learned that she could not qualify for SNAP (food stamp program). “I had just found out about FISH, and thought I would give it a try,” continues Schneider. “The food assistance has been a life saver!”*

FISH Social Services Director Nitza Lopez met with Meghan and learned of additional family needs that FISH could assist with. *“When working with people, situations are unique; we view everyone individually, working together to create a plan that best fits their specific situation,”* says Lopez.

Often a visit to FISH is a symptom of a larger underlying problem, so by tailoring assessments, the organization can help people get back on their feet quickly. Through discussion during the intake process, it was discovered that Meghan was behind in rent and utility payments and just barely getting by, living paycheck to paycheck with three additional mouths to feed. *“Sometimes it gets so stressful it’s like I forget to breathe, and it feels like I’m in quicksand,”* notes Meghan. *“It just keeps getting harder and harder, but I am so thankful that FISH is here to help me.”*

Ultimately, Meghan received **Emergency Financial Assistance** for rent and utilities and received a gas card from FISH so she could continue working on Sanibel. Additionally, her family was enrolled in the **Holiday Assistance Program** which will ensure the three children receive Easter ‘bunny baskets’ in April, an Easter meal for the family, as well as the children’s **Food Backpack Program**. Through the food backpacks, each child will receive their own bag of kid-friendly, nutritious meals and snacks to enjoy weekly in addition to Meghan’s visits to the pantry.



“The FISH food assistance has been a life saver!”

—“Meghan”
a thankful FISH client



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Superior Interiors

Designing A Book Nook



by Katie Frederick

There's nothing cozier than curling up in your home with a great book to relax, which is why designing a designated book nook may be the best next project in your abode.

Any space in your home can become a book nook with the right interior design, whether it's your bedroom, living room or an unused corner in your home. All you need is the right furniture and design pieces to capture the warm, welcoming vibes of your ideal book nook. Ready to get started? Read on and discover the ways you can design your dream book nook:

1. Integrate warm lighting – You want your space to be cozy, but it also needs to serve its main purpose: reading. This is where you can have fun with different light fixture designs. Warm lighting will allow you to see the pages of your book without feeling like you're working in an office space. Take a look at table lamps, standing lamps and hanging lights that are designed with natural materials, such as wood, wicker or woven material. This

creates a relaxing atmosphere, perfect for reading. Once you have the main reading light, you can also have fun with additional lights, such as string lights to add a soft, atmospheric design.

2. Work with the space you have – Whether it's a corner section of your living room, a closet or even your attic, look for furniture that fits and complements the space you've selected for your ideal book nook. For tight spaces, a plush armchair can make the perfect addition – great for snuggling up with your favorite book. You can also opt for a piece that acts like a fitted bench, such as a daybed. This offers the added benefit of storage possibilities.

3. Have fun with textiles – Textiles are great, simple design additions that can add color, warmth and comfort to your dream book nook. From textured pillows to shag rugs and soft drapery, your space will become the most welcoming place to read in your home. What's more inviting than a woven, soft blanket to wrap yourself in at the end of the day? Add your favorite colors or patterns and you've created the perfect book nook.

4. Invest in a bookshelf or book display. A fun bookshelf can be the perfect inspiration to get you seated in your book nook. With all your options on display, you'll be motivated to sit down and explore the pages of a new or familiar book at a moment's notice. Look for bookshelves that can fit into the available space and add to the cozy atmosphere. If you don't have room for a full-size wooden bookshelf, you can

explore other options, such as floating wall shelves or utility carts that can be wheeled into the space.

Katie Frederick is an interior designer on Sanibel/Captiva Islands. She can be reached at katie@coindeden.com.

Rotary Happenings



submitted by
Cindy Carter



Carrie Schuman

Some major concerns for our barrier islands are warming temperatures, sea level rise, and increased precipitation and storm intensity. The Sanibel-Captiva Rotary Club has the privilege of hearing from Carrie Schuman, PhD, of Sanibel-Captiva Conservation Foundation (SCCF). Schuman was hired in August by SCCF for the newly created position of coastal resilience manager through a joint partnership between SCCF and Captiva Erosion Prevention District.

Schuman shared information about her sea level research, coordination of adaption and resiliency strategies for the bayside of Captiva and the region, and efforts toward long-term climate solutions, public education and outreach. She will also be developing nature-based solutions to support the health of our natural systems to respond to stress.

Schuman holds a bachelor's degree in marine and freshwater biology from University of New Hampshire, a master's in marine science and technology from University of Massachusetts, and a PhD

in interdisciplinary ecology with a focus on fisheries and aquatic sciences from University of Florida.

Her interdisciplinary background includes independent and collaborative research in science education and the natural and social sciences. In addition, Schuman has taught grade levels kindergarten through 12, at the university level and with adult learners. She honed her science communications skills during a summer fellowship at the San Luis Obispo Tribune in California.

The Sanibel-Captiva Rotary Club is holding meetings on Zoom and in person at The Community House, 2173 Periwinkle Way. Doors open at 6:45 a.m. and the meeting begins at 7:15 a.m. Email william.harkey@gmail.com by the Tuesday before the meeting if you would like to attend in person. All are welcome. For more information, visit www.sanibelrotary.org.

Native Plant Walks At City Hall

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. Tours are scheduled for Wednesday, April 13 and Saturday, April 23. Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to Sanibel City Hall, located at 800 Dunlop Road. For more information, call 472-3700.

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Shell Club Meeting Features Cone Snails

The Sanibel-Captiva Shell Club will host its April 2022 membership meeting on Sunday, April 10 at 2 p.m. at The Community House.

This month's speaker, Dr. Tom Annesley, is an active professor emeritus at University of Michigan, where he teaches scientific writing. He has published more than 200 scientific papers and presented over 180 invited lectures in 12 countries. He is past-president of the Sanibel-Captiva Shell Club and prior scientific chair of the Sanibel Shell Show.

Annesley spends much of his time volunteering at Bailey-Matthews National Shell Museum. His presentation will feature cone snails, considered to be among the most beautiful mollusks found



Dr. Tom Annesley

anywhere in the world. Their beauty, however, hides the fact that these slow-moving snails use harpoon-like tools and a potent venom mixture to capture their prey. These venoms can be as potent as a rattlesnake bite, scorpion sting, Gila monster bite and poison dart frog combined. But like many things in nature, animals with bad reputations often have unrecognized redeeming qualities. So, can cone snails be both supervillains and superheroes? In this presentation, Annesley will help you decide for yourself.

The meeting is open to the public and will feature a silent auction as well as an oral auction of shells. The silent action begins at 1:45 p.m., followed by the membership meeting. Safety protocols will be in place and masks are recommended, but only required for the unvaccinated at The Community House, located at 2173 Periwinkle Way on Sanibel. Free parking is available on site.

The Sanibel-Captiva Shell Club awards grants from the proceeds of its annual shell show. Grants are given toward education and research in the fields of conchology and malacology, as well as for conservation and water quality projects, primarily in Southwest Florida. For more information about the annual shell show or to join the club, visit <http://sanibelshellclub.com>.✽



Lynda Traverso and VIP Realty Group Managing Partner Jim Hall photos provided

Agents Honored At Ceremony

VIP Realty Group held its annual recognition ceremony on February 25 at Kelly Greens Country Club in Fort Myers, with realtors from the Sanibel, Captiva and Fort Myers offices in attendance.

Lynda Traverso was named the Associate of the Year for Sanibel and Captiva. Additionally, she received VIP Realty's most prestigious individual honor, the All-Company Sales Associate of the Year, awarded to the top agent out of all the company's offices in Lee County.

Karen Bell and the Bell Team were recognized as Sanibel and Captiva's Top Team for 2021. The Bell Team also includes agents John Bates and Sherill



Jim Hall and Karen Bell



Anna Long Sims.

Anna Long was named Rookie of the Year for Sanibel and Captiva.

Tina DiCharia was given the Cramer Award for her dedication and service to VIP.

VIP agents who qualified for the Champions Club, Executive Club, President's Club and Chairman's Club were also recognized.✽



Tina DiCharia

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Timothy P. Vick | Director of Research
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Fashion Show Draws A Crowd

submitted by Tom Sharbaugh

The room was electric as more than 160 stylish islanders reacted to fashion trends of 2022 while sipping “designer” cocktails (Skinny Jeans, Fashion Fizz, Sweet Stiletto and Fashionista Cosmo) at the Sanibel Community Association (SCA) Fashion & Fizz event on March 16. The fashion show with cocktails was a continuation of a tradition extending back to the mid-1900s at The Community House where islanders modeled the latest fashions of the times on remote Sanibel Island.

Ten businesses including Chico’s, Coco y Cabana, Congress Jewelers, Eileen Fisher, Her Sports Closet, J. McLaughlin, Nanny’s, Priscilla’s of Sanibel, Seaglass Lane and Whims were involved in the show, each represented by the owner or manager who spoke about their store’s fashion trends for 2022. Models displayed the fashion



Co-chair and emcee Nancy Dreher gets things started photos provided

stylings as they strolled through the audience – bedazzled with accessories from Congress Jewelers, a sponsor for the event.

Proceeds benefit SCA’s Culinary Education Center of Sanibel, located at The Community House. Headed by Resident Chef John Wolff, the Culinary Education Center offers a variety of



Guests arriving for the Fashion & Fizz show

food-related programs and educational classes.

Chairing the fashion show were Nancy Dreher and Carol Townsley, with support from committee members Mary Jo Bogdon, SCA Executive Director

Teresa Riska-Hall and SCA Operations Director Sarah Jacobson. Additional volunteers making the event happen were Barb Rogers, Lynn Meline, Sandy Grogman, Jane Henshaw, Anita Force Marshall and Karen Ardelino.*



Melissa Congress and Michelle Denny from Congress Jewelers discussing the latest jewelry and accessory styles



Seaglass Lane models Kyle Wilson and Kate Zembrodt modeling the latest beach wear



Nanny’s of Sanibel owner Megan Shores describes the latest looks for young women, modeled by her daughter, Kate, and Natalya Sompas



Sarah Jacobson modeling clothing from Coco y Cabana, owned by Paulo Noguera, right

COTI Members Get Update On Local Water Issues

submitted by Barbara Freeman

Efforts to reduce harmful discharges from Lake Okeechobee to the Caloosahatchee Estuary include two massive new reservoirs, said Chauncey Goss, the keynote speaker at the mid-March Committee of the Islands (COTI) annual meeting at The Community House.

Goss, now chair of the governing board of the South Florida Water Management District, is hopeful new projects can help better protect the coast in the future from what occurred in the devastating 2018 red tide/blue-green algae calamity. Goss, a Sanibel native and former city council member, was appointed by Gov. Ron DeSantis to the state's largest water board that manages resources in a 16-county area stretching from Orlando to the Keys.

Goss described a future reservoir known as C-43 due for completion in 2024 that will store 170,000 acre feet of fresh water (an acre foot is the amount of water to cover an acre of land to a depth of one foot). C-43 should reduce harmful discharges from Lake Okeechobee to the Caloosahatchee Estuary during the wet season and provide needed fresh water during the dry season.

One of the district's goals is restoring South Florida's natural water resources, he said. The Everglades Agricultural Area Storage Reservoir, created by the Florida



Chauncey Goss delivering an update on water issues photo provided

Legislature in 2017 and to be constructed by the U.S. Army Corps of Engineers, will be even larger, a 240,000 acre-foot reservoir and a 6,500-acre stormwater treatment area. This monumental project is intended to increase restoration water flows to the Everglades and reduce coastal estuary discharges.

Goss said that Gov. DeSantis' budget commitment of \$2.5 billion will support dozens of projects over the next several years. "We're optimistic that we can finish projects and can manage water so much better than in the past," said Goss.

The challenge, he said, is balancing the often conflicting water needs of agriculture, consumers, flood control and

environmental protection. The Southwest Florida water district, founded in 1949 after severe storms in 1947, encompasses 18,000 square miles of diverse ecosystems and three million acres of agriculture. The district serves 8.7 million residents.

The keys are flexibility and balance, said Goss, as he enumerated the various interests to be considered, including "equitably delivering water supply to society and the environment for beneficial uses during the dry season; increasing the tolerance for short-term higher lake stages during the wet season to avoid harmful

estuary discharges; and maintaining the other congressionally authorized purposes of flood control, navigation and recreation." He said, "You have to find the sweet spot between certainty and flexibility."

He addressed pollution questions. "Even if it isn't coming from the lake, we still have pollution," he said. Through efforts including monitoring and the "huge difference in nutrient releases" that can be achieved through best management practices for farming, he concluded, "Good work is being done."✱✱

Over A Million Vessels In Florida

The Florida Fish and Wildlife Conservation Commission (FWC) announced that Florida continues to lead the nation and has passed the mark of one million registered recreational vessels across the state. Florida, with its great year-round weather and plenty of access to fresh and salt water, is the Boating Capital of the World. With more people calling Florida home and more vessels on the water, it's important that residents and visitors practice safe boating.

The top five counties for vessel registration in Florida are Miami-Dade (74,622), Pinellas (53,867), Lee (50,304), Broward (47,741) and Hillsborough (41,495).

"Crossing the million mark just confirms what we always knew – Florida is the top state for boaters. And with more boats on

the water, we want to spread the word about boating safety to both residents and visitors enjoying Florida's year-round boating season," said Maj. Rob Beaton, boating and waterways section leader. "A safe day while boating is a great day. Nothing can ruin a fun and memorable experience on the water faster than a boating accident."

Boaters are encouraged to wear their life jackets, maintain 360-degree awareness and know the dangers (and penalties) for operating a vessel while impaired.

"Life-changing tragedies happen because individuals choose to operate a boat while impaired. Those tragedies are preventable," said Maj. Beaton. "As law enforcement, it is our job to do all we can to ensure the safety of all boaters."

If you plan to be on Florida's waterways, visit www.myfwc.com/boating for boating safety tips or search the Florida Boat Ramp Finder to help find a great place to launch your boat.✱✱

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- 3 BR/3.5 BA home newly constructed in 2016 w/ separate deeded private wrap around boat dock & lift built by Stokes Marine in 2021
- Vaulted wood beamed ceilings, 2 story wall of windows overlooking the bay, bayfront pool & spa, all hurricane rated doors & windows
- Gourmet kitchen, private elevator, engineered wood flooring, & multiple decks for the ultimate outdoor living

• **\$4,700,000 EURO 4,269,932**

2. BUCK KEY - CAPTIVA

- One of the last remaining buildable tropical islands, Buck Key provides a once in a lifetime opportunity located just across the Roosevelt Channel from Captiva Island Offering 14.13 acres of stunning land and water frontage along the channel - Develop your own family compound, corporate retreat, private club or wherever your vision takes you.

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3. GULF VIEWS AT SUNDIAL EAST - SANIBEL

- 3 BR/2 BA gorgeously remodeled condo with Gulf views and spacious screened lanai.
- Resort amenities include pool, tennis, multiple restaurants, tiki bar, and grocery. Established rental income with on-site resort program.

• **\$1,365,000 EURO 1,234,350**

4. GULF FRONT PENTHOUSE AT JUNONIA - SANIBEL

- 4 BR + den/ 2 BA top floor penthouse featuring panoramic views of the pristine beaches and Gulf along West Gulf Drive.
- Vaulted ceilings, clerestory windows, updated kitchen with island, remodeled baths, wet bar, plantation shutters, coastal décor, and covered parking.

• **\$2,400,000 EURO 2,181,699**



NEW PRICE



5. OVER 140' OF CANAL FRONTAGE ON DIRECT ACCESS CANAL - SANIBEL

- 4 BR/4 BA sprawling island waterfront home with private **boat house**, dock, and lift
- Soaring 2 story ceilings, 2nd floor den & master suite, oversized pool tucked among Arica Palms & tropical vegetation

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6. CANAL LOT - SANIBEL

- Build your island dream home on this wonderful canal lot on Sanibel's East End
- This location offers both the ability to get a boat to the Gulf of Mexico, while also being walking distance to Sanibel's famous beaches

• **\$699,000 EURO 618,258**

7. FRANK LLOYD WRIGHT INSPIRED HOME - SANIBEL

- 4 BR/ 3.5 BA home with transom & clerestory windows overlooking Clam Bayou on Sanibel's west end.
- Fireplace, vaulted beamed ceilings, white pine wood plank floors and private elevator. Large lap pool with swim up table, hot tub, and private dock.

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Charity Golf Championship Returns April 23

The golf course at The Dunes Golf & Tennis Club will be rocking on Saturday, April 23 as the Kiwanis Club of Sanibel-Captiva hosts its 2nd annual King Of The Rock Stroke Play Golf Championship. Participants will compete for recognition as one of the island's top golfers. Registration is at 7:30 a.m., with shotgun start beginning at 9:30 a.m. The tournament will be structured with flights in both men's and women's divisions and is open to players of all skill levels.

The men's division will play a single round of individual gross stroke play, with the championship flight playing from the I tees, and other flights playing from the II and III tees. The women's division will play a single round of individual net stroke, with all flights playing from the IV tees. Any



The Kiwanis Club charity tournament is open to all

player may request to compete in the championship flight, from which the overall tournament champion will be

image provided

named and awarded.

The entry fee of \$125 covers 18 holes of championship golf and range

balls, and will be followed by lunch, during which prizes and trophies will be awarded to the top finishers. All proceeds will benefit the Sanibel-Captiva Kiwanis Club Scholarship Fund, providing educational assistance to island youth. Entry forms can be obtained at The Dunes Pro Shop or downloaded from the Kiwanis website at www.sanibelkiwanis.org. Checks for the entry fee should be made out to: Kiwanis Foundation.

Sponsorships are welcome for interested businesses and individuals. Hole sponsors are available for \$100; Corporate sponsorships are available at the \$1,000 and \$2,500 levels. Major sponsors already announce for this year's tournament include Cielo, Coastal Title, Doc Ford's Rum Bar & Grille, Midland Trust, Pfeifer Realty Group, Sanibel Captiva Community Bank and Superior Title.

For more information, call Mike or Travis at The Dunes Pro Shop at 472-2545 or email mdopsflaff@theinnsofsanibel.com.

Students Earn High Honors As Carson Scholars

Twenty-nine students have been honored as 2022 Carson Scholars, according to the School District of Lee County. The Carson Scholars Fund will provide each student with a \$1,000 college scholarship.

The Carson Scholars Fund awards the scholarships to students in fourth to 11th grade who excel academically and are dedicated to serving their communities. Each school is able to nominate one student to apply. Carson Scholars must have a minimum grade-point average of 3.75 and display humanitarian qualities through community service.

The 29 students honored as Carson Scholars this year are: Olivia Bond, Cypress Lake High; Kalia Boston, Franklin Park Elementary; Zoe Bott, Tropic Isles Elementary; Megan Buchhofer, Diplomat Elementary; Jacob Budmayr, The Alva School; Logan Burton, Lee Virtual School; Sophie Chaoui, North Fort Myers Academy

for the Arts; Sonala Ciceron, Colonial Elementary; John Cintron, Fort Myers High; Taylor Fox, Edison Park Creative and Expressive Arts School; Kylee Hutchins, Skyline Elementary; Patrick Kunkel, Pine Island Elementary; Harper Lahiff, River Hall Elementary; Katherine Lawrence, Orangewood Elementary; Kennedy Manetta, San Carlos Park Elementary; Sidney McConnell, Tice Elementary; Janelly Mendoza, J. Colin English Elementary; Ry'sean Miller, Orange River Elementary; Edvin Monroy Palma, Villas Elementary; Madilyn Montgomery, Dr. Carrie D. Robinson Littleton Elementary; Zavion Murray, Lehigh Elementary; Eann Myers, North Fort Myers Academy for the Arts; Helen Padron, G. Weaver Hipps Elementary; Vlad Paraschiv, Veterans Park Academy for the Arts; Beck Reed, Pinewoods Elementary; Drea Rose, Tanglewood Elementary; Max Shen, The Sanibel School; Bella Vest, Heights Elementary; and Ayva Wallis, Sunshine Elementary.

Carson Scholar recognition went to 74 students in 2022. The recognition affirms the prestigious status of Carson Scholars in their pursuit of academic and career goals.

The 10 high school seniors who

have earned Carson Scholar recognition status every year since being honored as a Carson Scholar in elementary school are: Hannah Blasetti, North Fort Myers High; Dinah Ceille, Fort Myers High; Jacob Ellis, Ida Baker High; Gina Garcia, Lehigh Senior High; Natalee Jones, Cape Coral High; Yasmin Martinez, Dunbar High; Maddison McCreary, North Fort Myers High;

Chella Rivera, Riverdale High; Emily Waters, Cape Coral High; and Donald Woelke, North Fort Myers High.

Donate Blood

Lee Health is seeking blood donations to help replenish supply levels. For more information, visit www.leehealth.org/our-services/blood-centers.



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ON ISLAND FOR ISLAND

Frankly Speaking



by Howard Prager

NCAA-A! That third A is for Amazing, For the first time in March Madness history, a 15th-ranked team defied all odds and made it to the Elite Eight. Then along came Goliath in the

form of North Carolina and they let out all the air. The St. Peter’s express was sent back to the freight yard, albeit with greater knowledge and respect than ever. The Tar Heels want to ruin another fan favorite this coming weekend when they face archrival Duke. Basketball fans will be cheering for Coach K. to go out on top (or for Kansas, the only No. 1 left, to do what the other top seeds failed to do). But the Peacocks can’t erase what we saw, what we experienced as all of our brackets got busted in part by a team with a coach who makes far less than an assistant coach at a power-ranked school. For that’s what sports does, leveling the playing field and allowing underdogs let it all hang out on any given Sunday – until last Sunday. I looked at the odds. What started out as a 1,000 to 1 shot for St. Peter’s to win it all came up as just 30 to 1 odds once they reached the Elite Eight. We all love the Horatio Alger stories of the self-made person or, in this case, self-made team. At a time when all we read

about overpaid, out-of-touch players and owners, here shined a little spotlight on a school no one had ever heard of and doing remarkable things. Keep dreaming my friends, for there are thousands of Davids out there, all wanting to slay Goliath. This quote from Yahoo Sports and Peacocks coach Shane Holloway says it all: “They hooked basketball fans but also non-basketball fans who identified with what they represented.” They “shocked the world,” Holloway said, and made memories they’ll eventually share with kids and grandkids, and that, he was adamant, is what matters. “It’s a story within a story,” he said. No New Jersey school had made the men’s Elite Eight in three decades, and “Saint Peter’s did it. Point-blank, period. And I’m gonna end it on that.”

What else is on the move? The bases. In all ballparks, the bases have been enlarged from 15 to 18 inches square. Why you ask? According to Kyle Glaser of *Baseball America*, increasing the size of the bases would ideally lead to an increase in stolen base success rates, increase in infield hits and decrease in number of collisions and injuries around the bag. On the flip side, your scribe wonders if there will also be more double plays, given the fact that so many players have to “cheat” at second to get the ball to first base in time. This was tried in Triple A ball last year, and there was some increase in stolen bases. We’ll see what happens this year. In conjunction with that, all minor league teams will re-envision the baseball diamond in the

second half of the season. They are moving second base in, and Jayson Stark from The Athletic explains the geometry behind it. “The reason tracks back more than a century to the weirdness of where second base was originally located on the diamond. There has never been a distance of 90 feet between first and second or second to third base. The goal is to create a shorter distance to encourage more base stealing and first-to-third base running. The short explanation is that first and third were originally repositioned to help umpires make fair/foul calls. But they never moved second base too, which they will now do, inwards so it will be closer to first and third base by about 13.5 inches.” Keep your eyes open for more thievery the second half of this minor league season.

Our good news story of the week comes from the Good News Network. “Bismack Biyombo has announced he will donate the entire \$1.3 million value of his contract to the construction of a hospital in his home town in Congo. Taking last season off to care for his sick father, who passed away in August of 2021, Biyombo said he became aware of just how fortunate he was simply to be able to bring his father to the hospital. The announcement was made two months after Biyombo signed a one-year contract with the Phoenix Suns in January of this year. The construction will be carried out through the Bismack Biyombo Foundation, which uses the star’s success as an NBA player to help

those in the DR Congo. During the early pandemic, the foundation delivered \$1 million in medical supplies to hospitals across the country.

“The foundation focuses on creating initiatives in three areas to multiply opportunities for children in the DRC: athletics, education and health. Its work results in 185 annually-granted scholarships, 150 higher education opportunities, and helps over a thousand patients every week receive treatment at Congolese hospitals. ‘I told my agent my salary for this year would be going to the construction of a hospital back home to give hope to the hopeless,’ Miyombo said in an interview released on his foundation’s YouTube channel. ‘I want to be able to give them better conditions so that they can somewhat have hope that their loved ones will be able to live and see another day. The hospital will be named in honor of the man whom Miyombo described as ‘my friend, my business partner, my mentor, and everything, my father’.” What a generous and selfless act. Most of us can’t honor our parents in this way so, as I say in my book *Make Someone’s Day*, thank your parents or other role models and influencers for how they helped you in life. They’d love to know, and you’ll be glad you made the effort to do so.

*Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.**

Lee County Website Provides New Resources

Lee County has launched a new resource website to provide a wide range of information tools to residents and visitors in a single, easily accessible location.

The site – www.leegov.com/tools – is part of the Lee Board of County Commissioners’ commitment to strategic priorities, which include community engagement. The board is committed to build communications strategies on multiple platforms and develop interactive tools to allow easy access to information for quality of life and for board policies.

The resources available at the site include:

Resident Information Tool – The website allows easy, one-stop information regarding Lee County properties previously available across more than a dozen websites. For example, a homeowner can enter their address and learn about utility providers, public safety agencies, evacuation zones, school zones and property information. To watch a video about the Resident Information Tool, visit <https://youtu.be/TMn0CxmPLI4>

Explore Lee – Designed for government transparency, this is a resource guide to Lee County government with quick access to

department operations, directors, budgets and maps. Learn how parks and recreation, public safety, libraries and the rest work together to make Lee County a great place to live, work and play.

Capital Improvement Projects – This tool allows visitors to the site to select Lee County capital improvement projects from the list or map to view details. The projects can also be searched from the map by address, street or neighborhood.

Year in Review – The site outlines the Lee Board of County Commissioners 2021 Strategic Planning Goals, with achievements and progress.

The website will be featured on Lee County social media channels and through the electronic newsletter.

As Lee County continues to grow and approach one million residents, clear and open communication is essential so that everyone has the information they need and the opportunity to play a role in building an even stronger community. For more, visit www.leegov.com. 📧

From page 1B

Citizen Of The Year

John so effective for the ‘Ding’ Darling Wildlife Refuge complex in all areas, but in particular, in land acquisition and restoration.”

Working with private landowners and leaders at every level of government, McCabe was the driving force behind the acquisition of the Woodring homestead land, as well as the 8.5-acre Wulfert I and 68-acre Wulfert Bayous land now

called the Lee Anne Tauck Conservation Tract. Through McCabe’s leadership and philanthropic support, last month DDWS successfully concluded an effort to protect a Tarpon Bay Road property that contains a six-acre lake running directly into the Tarpon Bay estuary part of the refuge. He has also worked to achieve the donation of nine acres of near-beach property that connects to refuge land.

The value of the many properties now protected from development is more than \$20 million. “Much of this was a combination of private philanthropic support raised by the DDWS, leveraging that support to attain Lee County Conservation 20/20 funds, working with city leaders and collaborating with the

USFWS (U.S. Fish & Wildlife Service) to manage the land as a part of the refuge,” Cooley said. “In addition, John and the DDWS worked with the refuge to receive a \$5.2 million grant through the National Fish and Wildlife Foundation for restoration of the bird rookery in the Lee Anne Tauck Tract.”

Cooley concluded, “All of this land protected under John’s leadership was sensitive wildlife habitat which could have been developed and is now preserved and protected through the refuge, Lee County 20/20, and the ‘Ding’ Darling Wildlife Society. Were it not for John McCabe and his passion for conservation and land preservation, this island would be a different place.”**

SPORTS QUIZ

- 1. What piece of sports equipment served as the ball in the first-ever game of softball played in Chicago in 1887?
- 2. Name the Scottish golfer who won the Open Championship in 1985 and the Masters Tournament in 1988.
- 3. During the 1970s, the unofficial, unsanctioned cross-country auto race known as the Cannonball Run had its finish line at what location?
- 4. What bowling show aired on NBC TV from 1959-61 and had Leo Durocher, Mel Allen and Bud Palmer among its hosts?
- 5. Name the Australian tennis great who won 24 Grand Slam singles titles – including seven straight at the Australian Open – during her pro career from 1959-77?
- 6. Who succeeded Buddy Ryan as head coach of the Philadelphia Eagles in 1991?
- 7. Basketball Hall of Famer Nate Archibald has his No. 1 jersey retired by what NBA franchise?

ANSWERS

1. A boxing glove. 2. Sandy Lyle. 3. The Portofino Inn in Redondo Beach, California. 4. Jackpot Bowling. 5. Margaret Smith Court. 6. Rich Kottke. 7. The Sacramento Kings.

Fundraiser For CROW Exceeds Expectations

A sold-out crowd gathered at the Historic Burroughs Home and Gardens on March 11 for the WILD About CROW fundraiser for Clinic for the Rehabilitation of Wildlife (CROW). The popular animal print-themed gala returned after a hiatus in 2021 due to the pandemic.

"WILD is back," proclaimed Executive Director Alison Charney Hussey to the more than 200 guests clad in their prints of zebra, cheetah, python and others. "CROW is so blessed to have the support of our community to protect our local and migratory wildlife, and I'm thrilled for you to be able to meet our staff and animal ambassadors tonight."

Longtime supporter Edison National Bank/Bank of the Islands returned as title sponsor for the fundraising and "friend-raising" event featuring a cocktail hour, sit-down dinner, photo opportunities with animal ambassadors, games and surprises.

CEO Geoff Roepstorff wore his python tie and acknowledged CROW. "First and foremost, we would like to thank Alison and her staff for a wonderful evening and another highly successful WILD about CROW event. By the end of the evening, attendees recognized CROW through their generous giving as the premier wildlife hospital in Southwest Florida," Roepstorff said.

The tropical evening at the waterfront pavilion was emceed by animal lover and ABC7 *More in the Morning* co-host Jen Stacy, and included a silent and live auction with Chris Marchand and music provided by DJ Robert McDonald. CROW staff and animal ambassadors mingled with guests during the cocktail hour and VIP reception inside the home.

Sanibel Mayor Holly Smith oversaw attorney Randall Spivey's victory as winner of the "Headz or Tailz" Sanibel



From left, Geoff Roepstorff, Alison Charney Hussey and Robbie Roepstorff

photos provided

surprise themed package. Earlier in the evening, guests also participated in a round of questions and answers about local wildlife.

"CROW is such a treasured and important organization on Sanibel. It was great to see so many there from all over Lee County having a fabulous time and supporting CROW's mission of saving wildlife – one critter at a time. Kudos for such a fun-filled and successful event," said Smith.

CROW exceeded its goals, raising a significant amount of money which will be applied to the renovation of the sea turtle care facility planned for fall 2022. CROW is the only licensed sea turtle rehabilitation facility in Southwest Florida between Sarasota and the Keys. The funds raised from WILD About CROW will be used to begin the planning and redesign of this recovery center including five large sea turtle tanks.

CROW thanks the following sponsors: Edison National Bank/Bank of the Islands as Golden Bald Eagle sponsor; Anthony and Tia Farhat as Silver Sea Turtle sponsor; Northern Trust as Bronze



Sanibel Mayor Holly Smith takes the podium with Jen Stacy of ABC7



Breanna Frankel with Mina, the great horned owl

Bobcat sponsor; Superior Title Services as the 'Otter'ly Entertaining sponsor; Scanlon Auto Group as Southern Black Racer Valet sponsor; Azul Cosmetic Surgery and Medical Spa as Snowy Plover Dessert sponsor; Waterman Broadcasting as Spoonbill Media sponsor; Huxter's Market and Deli as Southern



Becca Wehmeier with Cobb, the corn snake

Toad Spirits sponsor; Sanibel Moorings as Box Turtle Wine sponsor; EnSite as Burrowing Owl Brew sponsor; Spivey Law Firm as Alligator Auction sponsor; and Ruth Messmer Florist, RS Walsh Landscaping, G3 Catering, Mark Loren Designs and Norman Love Confections as in-kind sponsors.✪



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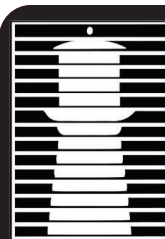
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Health First

The Japanese Concept of Ikigai



by Julie Rosenberg, MD

Since I was a young child, I've been fascinated by Japanese culture. In recent years, I've visited Japan twice and seized the opportunity to learn firsthand about the culture of this fascinating country. One of my key learnings was about ikigai, which I have since embraced in my own life.

Understanding ikigai – What is ikigai (ee-key-guy)? Ikigai is an ancient Japanese philosophy that means “reason for being.” In Japanese, “iki” means “life,” and “gai” describes value or worth. Your ikigai is your life purpose – what brings meaning and inspiration to your life each day. While purpose-driven living has more recently been embraced in Western cultures, the Japanese philosophy of ikigai dates to the Heian period, the last division of classical Japanese history, from 794 to 1185.

Japan is ranked second in the world for life expectancy: women are expected to live 88.09 years and men are expected to live 81.91 years. Many believe that ikigai is a key factor in the

longevity of the Japanese people. So, let's dive a bit deeper into the concept of ikigai and how embracing this philosophy may enhance our lives.

Qualities of ikigai – Ikigai has four primary overlapping qualities:

- What you love
- What you're good at
- What you can be paid for
- What the world needs

Steps to discovering your ikigai – You can find your ikigai at any age through self-reflection and self-understanding. Answer the following questions:

1. What do you love?
 - a. If you are currently working: Do you love your work? Are you absorbed in your work? Are you excited to go to work each day?
 - b. If you are retired: Do you have a favorite hobby or craft to which you are emotionally connected and look forward to most days?
2. What are you good at?
 - a. If you're currently working: Are you an expert in your field? Does your job come naturally and easily for you? Do others seek your advice and counsel on a regular basis?
 - b. If you are retired: Do you love your hobby or craft? Does it feel intuitive? Do you want to be an expert at your hobby or craft?
3. What does the world need?
 - a. If you're currently working: Is there a high demand for your work? Do you foresee that your work will be valuable and relevant for years to come? Is your work addressing a key societal problem?
 - b. If you are retired: Is your hobby or craft desirable in the marketplace? Do you foresee it as valuable and relevant in the future? Is your hobby or craft solving a key societal problem?
4. What can you be paid for?
 - a. If you're currently working: Are you receiving compensation for your work? Are you making a good living (or do you have the potential to make a good living) doing the work that you do?
 - b. If you are retired: Have other people made a career from the same hobby or craft? Have others offered you compensation for what you do or create?

The above questions are meant to encourage self-reflection, rather than a yes or no answer. In addition to the above, spend some time visualizing your ideal day. Write it down. This exercise will help you find your ikigai. If you are having difficulty, share your thinking and consider brainstorming with a trusted family member, advisor or friend. Developing a support system can be invaluable in finding and embracing your ikigai.

Ikigai and wellbeing – Having a purpose in life has been linked to improved health and wellbeing. A nationwide longitudinal study of Japanese adults aged 65 years and older examined the associations between having ikigai and a wide range of subsequent outcomes including dimensions of physical health, health behavior, psychological distress and sense of wellbeing. Having ikigai (versus not having ikigai) was associated with

a 31 percent lower risk of developing functional disability and a 36 percent lower risk of developing dementia. Having ikigai was also associated with decreased depressive symptoms and hopelessness as well as higher happiness and life satisfaction.

Conclusion – The concept of ikigai encompasses wellbeing, life satisfaction, the joy from doing something you love and a deep sense of purpose. Finding your ikigai is an empowering process that will offer you deeper insight into yourself and more clarity around your “raison d'être” (reason to get up in the morning).

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, *Beyond the Mat* and *Be True*. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.✪

From page 1B

Double Feature

various platforms to watch at a time and link that will be assigned via email. The discussion allows visitors to gain more from their documentary-viewing experience by listening to other people's points of view and analyzing what they just watched.

The final film in the series is *Troubled Waters: A Turtle's Tale* (anonymous sponsor). Early registration is recommended.✪

Evan forgot his chrome book so I got it for him.

—by Max, *The Sanibel School*



In honor of FISH's 40th Anniversary, students at The Sanibel School created works of art showing the importance of helping neighbors and family. We are inspired by their wonderful art and their clear understanding of how small acts of kindness can make a big difference. The future of FISH—and our young neighbors—is promising indeed.



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dearRPharmacist

Let's Put Horseradish On The Table



by Suzy
Cohen, RPh

Dear Readers:

I went to a local Polish German restaurant the other day, and as I was eating the beet horseradish with the corn beef, I had to blow my

nose, and then my mind wandered... What causes the unique 'burn' sensation that so quickly clears my sinuses, lol?! What is this stuff?

It's a root! Horseradish (*Armoracia rusticana*) has a few critical minerals like zinc, calcium, magnesium and potassium. But the condiment has a pungent flavor thanks to "sinigrin." You may not have heard of sinigrin but you've certainly tasted it before because it naturally occurs in other foods and condiments such as wasabi, mustard and the crucifer veggies like Brussels sprouts, kale and broccoli. The sinigrin converts naturally to form this other compound called "allyl isothiocyanate" (AITC).

There are medical benefits to natural horseradish, so if you like it, eat it every now and then. It's not possible to eat enough in one sitting to make any kind of nutritional dent, so don't go off your medicine for any of the following problems. That said, here is where it has some medicinal activity:

Respiratory problems – You knew this already! If you have bronchitis, a mild cough, or sinus congestion, the horseradish will temporarily clear that up and help with drainage. Horseradish is often used holistically as a natural adjunctive treatment for asthma and hayfever.

Digestion – There are holistic practitioners that know horseradish helps normalize bowel movements and therefore might help with constipation by stimulating peristalsis.

Tumor Growth – There is some research that suggests liver cancer

spread may be slowed in the presence of sinigrin. Slowing metastasis down is important. In 2010, there was another study that proved AITC beneficial "as a cancer chemopreventive phytochemical." And, in a paper from *Carcinogenesis* 2010, researchers concluded that AITC "is a multi-targeted agent against bladder cancer... and potentially inhibits bladder cancer development and invasion."

Horseradish is a strong anti-inflammatory food. It inhibits COX, LOX and prostaglandins. It lessens inflammation and has some antimicrobial activity. In short, it has some useful analgesic activity.

Little ones like 3-, 4- and 5-year-olds shouldn't be eating horseradish. Also, pregnant women should not eat too much because it has naturally occurring (and irritating chemicals) in it along with that AITC. The same can be said if you are breast-feeding because your baby will not like your breast milk very much. But for everyone else, it's tasty and healthy.

One simple way to incorporate horseradish is to put it on top of your hamburger or a roast beef sandwich. Traditionally, you see it served with red meat dishes. I've never had a Bloody Mary, but they put horseradish and hot pepper sauce in that drink! I'll have to try that one day, but only if some Pepcid is handy.

I have a longer version of this article posted at my website, plus some recipes using horseradish. These, as well as a recipe cookbook, are all available at www.suzycohen.com.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

LCEC Program Helps Neighbors

Lee County Electric Cooperative (LCEC) customers can help others by enrolling in the Power to Share by Rounding Up program. The program was created in 2009 to assist financially strained customers. It is a partnership between LCEC and the United Way,

and is funded through donations by LCEC employees, business partners and customers.

In 2020, LCEC expanded this program with the introduction of the Power to Share by Rounding Up program. This program allows participating customers to round up their monthly electric bill to the nearest dollar. Customers also have the option to make an additional monthly

contribution or make a one-time donation to their bill. With many ways to donate, giving is easy. Customers can enroll and unenroll easily through the LCEC SmartHub, online at www.lcec.net or by calling LCEC Customer Care at 656-2300.

For more information on the program or other ways that LCEC positively impacts the community, visit www.lcec.net.✱

Got A Problem? Dr. Connie Is In



by Constance
Clancy

Q: Do you have any recommendations on getting a better night's sleep?

A: Before COVID-19, quality sleep was a real issue for over half of all Americans

who had sleep deprivation on a regular basis. Sleep issues continue to be a growing concern. Sleep is paramount to you having a healthy immune system.

Here are a few suggestions to get a better nights sleep:

1. Limit your screen time;
2. Keep your bedroom dark and

noise free;

3. Have a good mattress and good thread count sheets;

4. Get seven to eight hours sleep per night;

5. Do not eat before bedtime;

6. Adopt a sound meditation practice;

7. Do not use an alarm using your iPhone;

8. Use lavender scent on your pillow as it is a calming scent;

9. Drinking a warm glass of milk is known to help with sleep; and

10. Keep a routine of going to bed at the same time nightly and getting up at the same time every morning.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor.

If you have a question, email Constance@drconstanceclancy.com or visit www.drconstanceclancy.com.✱

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Positive People Live Longer



by Ross Hauser, MD
and Marion Hauser, MS, RD

Did you know that people who feel happy or have a positive outlook on life live longer? The Greek philosopher Aristotle said, “happiness is the meaning and purpose of life, the whole aim and end of human existence” more than 2,000 years ago. Happiness is defined as a state in which pleasure decidedly predominates over pain. Others describe happiness as “subjective well-being” or basically how satisfied people feel with their lives. Other researchers describe happiness as the experience of joy, contentment or positive well-being, combined with a sense that your life is good, meaningful and worthwhile.

Studies over the years have shown

that people with positive outlooks live anywhere from four to 18 percent longer than their less positive counterparts. In our book club, we are reading and discussing *Positive Intelligence*, as we mentioned a few weeks ago. We recently learned that we can first help shift our own thoughts from negative to positive, and then help bring others along to the positive as well. When we feel anger, resentment, hurt, or other negative emotions, we can learn to treat them like we do when we put our hand on a hot stove – acknowledge it and then quickly lift your hand off it. If we love and feel peace toward ourselves, we can easily do this.

For our Caring Medical patients who are dealing with very difficult health and/or personal situations, it sometimes becomes difficult to not “go to the dark side” – something we have all experienced at some time or another. Remember the song titled *What Doesn’t Kill You Makes You Stronger*? Well, that holds true, right? Being able to turn tragedy, difficult situations, hurts, or disappointment into a gift can end up being a tremendous blessing to someone else, and ourselves as well. Coming through to the other side of these types of situations strengthens us and prepares us for the next thing. We were recently discussing how people who exercise or train or compete in sporting events are used to taking their bodies to a point of pain. Those last 6.2 miles of a 26.2 running marathon have pushed us to that point

many times. Those with positive outlooks also tend to be healthier, gain less weight and eat better, which obviously contributes to improved longevity. Here are some of our favorite tips to help you work on attaining a positive outlook and improving longevity: take responsibility for your own health; realize that everything you say, do and think has either a positive or negative effect on your body; prayer can change your life; analyze whether you’re a selfish or selfless person; reduce time spent on the Internet and television, especially related to negativity and violence; connect with real people and develop real relationships; meditate and focus on the positive aspects of your life; get at least seven to eight hours of sleep per night; listen to positive and calming music; exercise regularly – at least 30 minutes per day of moderate exercise; keep moving – motion is lotion as our Back in Motion physical therapist friends say; and eat well – you cannot expect to feel positive if your body is not running well. Our bodies need energy and nutrients to function optimally.

It is never too late to turn over a new leaf. Start the process toward positivity and be a light in the darkness. You will be blessed and so will others.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

Bank – enough food to provide 12,660 meals.

The food bank continued to be both a conduit and safety net to the community during the pandemic.

“In 2021, our food distribution programs provided 47.6 million pounds of food, including 12.6 million pounds of fresh produce, to the Southwest Florida community,” said Meg Madzar, food drive coordinator for Harry Chapin Food Bank.

Drop off unopened canned or dry goods between Monday, April 4 and Monday, April 18 at any library or Lee County recreation center. Additional collection containers are located at Six Mile Cypress Slough Preserve and Lee County Topaz Court Household Chemical Waste Facility.

Partners in the campaign include Harry Chapin Food Bank, Lee County Solid Waste, Lee County Parks & Recreation, Lee County Library System, the city libraries of Sanibel and Fort Myers Beach, Waste Pro and FOX4.

For more information, call 533-8000 or visit www.leegov.com/solidwaste.*

Cleanup This Saturday

Keep Lee County Beautiful, Inc. (KLCB) will again be the local organizer of the Keep America Beautiful Great American Cleanup at multiple locations across Lee County on Saturday, April 2 from 8 to 11 a.m.

The largest cleanup event in Lee County encourages residents and visitors to make a difference in their neighborhoods and communities. Volunteers will be cleaning and beautifying waterways, shorelines, roadways, parks and any place else that has trash and debris that is not only unpleasant to look at, but it is also harmful to the environment.

The 2021 Great American Cleanup event collected over 15,000 pounds of trash and debris. The event is open to volunteers of all ages, and any individual, family, school, group, place of worship, business or government entity can coordinate or participate. For more information on cleanup sites and to register, visit www.signupgenius.com/go/805094aaaaa2ca4f49-2022.*

Donate Food Before Heading Back Up North

Lee County Solid Waste’s 4th annual Donated not Wasted campaign will launch on Monday, April 4 to encourage seasonal residents and visitors to donate unopened pantry items before returning north.

Since the program’s inception, 15,193 pounds of food have been diverted from potential disposal and sent to the Harry Chapin Food

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Emergency	911
Sanibel Police.....	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy.....	477-1000
Fire Department, Sanibel	472-5525
Fire Department, Captiva	472-9494
Florida Marine Patrol.....	332-6966
Florida Highway Patrol	278-7100
Poison Control.....	1-800-282-3171
Chamber of Commerce.....	472-1080
City Council	472-4135
City Building Department.....	472-4555
City Manager	472-3700
City Planning & Code Enforcement Department	472-4136
City Public Works	472-6397
Library, Sanibel	472-2483
Library, Captiva	239-533-4890
Lee County Mosquito Control	239-694-2174
Post Office, Sanibel	472-1573
Post Office, Sanibel (toll free)	800-275-8777
Post Office, Captiva.....	472-1674
Sanibel Community House.....	472-2155
Center 4 Life, Senior Center.....	472-5743
ARTS	
Arcade Theater.....	332-4488
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony.....	277-1700
Herb Strauss Schoolhouse Theater.....	472-6862
Lee County Alliance for the Arts	939-2787
Naples Philharmonic.....	597-1111
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.org
Southwest Florida Symphony	418-0996
Symphonic Chorale of Southwest Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA.....	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon of SWFL.....	https://www.audubonswfl.org/
Audubon Society.....	472-3744
Bailey-Matthews National Shell Museum	395-2233
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW, Clinic For The Rehabilitation of Wildlife.....	472-3644
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH OF SANCAP 24-hr service.....	472-0404
Horticultural Society of the Islands.....	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
JN "Ding" Darling National Wildlife Refuge	472-1100
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
Military Officers Assc. of America, Alex MacKenzie ..	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club.....	472-0836
PAWS, Protection of Animal Welfare Society	239-699-6310
Progressive Club of the Islands	pcisancap@gmail.com
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.....	470-2866
Sanibel-Captiva Orchid Society.....	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club.....	267-7291
Sanibel Historical Museum & Village	472-4648
Sanibel Island Fishing Club	472-8994
Sanibel Youth Soccer.....	395-2040
SCCF Sanibel-Captiva Conservation Foundation.....	472-2329
SCCF Sea Turtle Hotline.....	978-728-3663
Shell Islands Garden Club	246-8875
United Way of Lee County - 24 hour helpline 211	433-2000
Zonta Club	728-1971

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PUZZLES

Answers on page 31B



"I think of him as the answer to my fight
against _____."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Simple

EAVIN

Notify

MORFIN

Glue

STAPLER

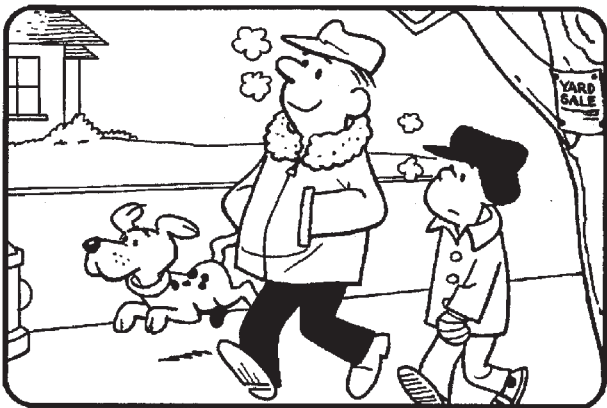
Celebration

STARAY

TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Lamp post is missing. 2. Dog's ear is missing. 3. Collar is different. 4. Leash is missing. 5. Jacket is smaller. 6. Poster is different.

		6		8		2		4
	3				5		7	
2			1					8
	8				2	9		
		3	9					5
5		1		6			4	
	7				8		1	
		5		2				3
4			6		9	5		

To Play
Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 31B

Super Crossword

BLOOMIN' HUMANS

- ACROSS

1 "Rabbit food"

6 Back-and-forth talk

12 Cold case solvers, often

20 Oven maker

21 Source of weather upheaval

22 This instant

23 MTV's first Latina video jockey

25 "Don't go anywhere"

26 Dresses up

27 Cubs' and Eagles' gp.

29 Mazda two-seater

30 Common conjunction

31 Social-climbing snob on "Keeping Up Appear-ances"

37 Gp. in the Arab League

40 Funny Conan

42 Blends to mush

43 35th president's mother

46 Banjoist Fleck

47 Inking

51 Carve — career

52 Post-Q string
- 53 "The Sea, the Sea" novelist of 1978

56 Highway jam

58 Adhesive rolls

60 German king called "the Great"

61 Verb suffix in London

62 When Hamlet's soliloquy is recited

66 — New Guinea (island nation)

69 Li'l Abner's mother

71 Friend of Lucy van Pelt and Patty

76 Beef up

77 Clout

79 Gold, in Peru

80 "You can't — train"

83 Actress Dianne

84 Famed killer whale

86 "Lost Souls" novelist of 1992

90 Penpoint

93 Siberia locale

94 Chichi

95 Tehran locale

96 Vampiric TV housewife
- 100 Shorthand whiz, in brief

102 Poe's "radiant maiden"

103 Cleveland-to-Raleigh dir.

104 Aunt of Harry Potter

109 DJ's platters

111 Level, grassy plain

112 Pub fixture

113 Ball-shaped blooms

117 Aim for

121 Hippies (and an alternate title for this puzzle)

125 Tied up

126 Novelist Gay

127 Trashed stuff

128 Declared

129 Declared

130 Busybody
- 9 Ignited

10 Last year before the first century

11 Busybody

12 HMO VIPs

13 Petty peeve

14 — Khan

15 Lymphoid organ in the neck

16 Moral code

17 Sort not to be trusted

18 E_gy cake

19 Elbow grease

24 "Giant" novelist Edna

28 Wolf-headed Egyptian god

31 Inking

32 "— -haw!"

33 Common conjunction

34 Uno plus dos

35 Ship's wheel

36 Romeo

37 Bit of expert advice

38 Writer — May Alcott

39 "Your Best Life Now" author Joel

41 ICU figures

44 Water, to Watteau

45 "Gadzooks!"

47 Dog collar attachment

48 Part of many an emoticon
- 49 Friendly introduction?

50 Sushi tuna

54 Keanu of the screen

55 Driving paths

57 Check-giving time at work

58 Fri. follows it

59 Arrid target

63 Film dancer Charisse

64 Wee kid

65 Ring victory, for short

66 Cooking vessels

67 Muhammad —

68 Guitar piece

70 Overly sweet

72 Suffix with journal

73 Celebrity tributes

74 Fighting forces

75 1983 Lionel Richie hit

78 Film holder

80 Health club

81 Blue Jays, on sports tickers

82 Decide

83 Triumph in the end

85 Keeps

87 Tube-shaped pasta

88 La — Tar Pits
- 89 Senator Paul

90 Big Apple's city and state: Abbr.

91 "I'd say," in a text message

92 Coarse sack material

97 Unwell

98 Spike of films

99 They may cry "Uncle!"

100 One napping noisily

101 Inserted plant shoots

104 Main course of action

105 Nobody — (mine alone)

106 Spanish bar appetizers

107 Link up

108 Messy impact sound

110 MIT business school name

113 Historical slave Scott

114 — facto

115 Countertenor

116 Filter slowly

118 Strep doc

119 Golf prop

120 Singular

122 Ending for Motor

123 Soggy

124 Suffix with journal

King Crossword

- ACROSS

1 Slander in print

6 L-P link

9 Old map letters

12 Fred's dancing partner

13 Goal

14 Salt Lake athlete

15 Lightweight wood

16 "Lust for Life" punk rocker

18 Duration

20 Sea predator

21 "I'm not im-pressed"

23 Poseidon's home

24 Serpentine

25 "— a roll!"

27 Lent a hand

29 Live-in nanny

31 Mine vehicle

35 Call on

37 Activist Parks

38 Island porch

41 Stitch

43 Resistance unit

44 "Oopst!"

45 Proverbial burg

47 1987 Peter Weller film

49 Hotel posting

52 CBS logo
- 53 Group of two

54 Said something

55 ISP alternative

56 Norm (Abbr.)

57 Plains shelter

58 "Wow!"

9 Toyota model

10 Inventory

11 Settle a debt

17 There

19 Bike components

21 Ms. Farrow

22 Ostrich's kin

24 Sun. talk

26 Arizona tribe

28 Fawned (on)

30 Jr.'s son

32 Stove work-space

33 Fireplace residue
- 34 Zodiac animal

36 14-legged crustacean

38 Enticed

39 Greetings at sea

40 Prestigious prize

42 German sausage

45 Sulk

46 Scruff

48 LPs' successors

50 Scrape (out)

51 Observe

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S V S P D M T J H E B S Y V T
Q O L T I N G D B Y S W D T R
P M K (L A V A L I E R E) I E F
D B T D Y S W R C U T S Q E O
F M N A K I S N T A F D E N R
B E Z X I W I E U S B G C I E
P U S S Q R K D L O I N O T K
L J H T P C A F D L B T L A O
C A Y W O R V L G T U S L M H
Q P N L G O P E R A L K A U C
I H F E C B N Z S Y W V R U M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: Fits Tightly Around the Neck

- Bib

Collar

Festoon

Graduated
- Lariat

Lavaliere

Locket

Matinee
- Multi-strand

Negligee

Opera

Pendant
- Princess

Sautoir

Tassel

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FRIDAY

Few Showers

High: 80 Low: 69



SATURDAY

Mostly Cloudy

High: 81 Low: 71



SUNDAY

Mostly Sunny

High: 79 Low: 68



MONDAY

Sunny

High: 80 Low: 71



TUESDAY

Sunny

High: 82 Low: 70



WEDNESDAY

Sunny

High: 80 Low: 71



THURSDAY

Sunny

High: 81 Low: 70

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	2:06 am	7:42 am	2:02 pm	8:14 pm	Fri	1:11 am	7:44 am	1:07 pm	8:16 pm	Fri	1:43 am	8:04 am	1:54 pm	8:29 pm	Fri	4:16 am	10:58 am	4:12 pm	11:30 pm
Sat	2:50 am	7:59 am	2:16 pm	8:52 pm	Sat	1:55 am	8:01 am	1:21 pm	8:54 pm	Sat	2:21 am	8:33 am	2:12 pm	9:08 pm	Sat	5:00 am	11:15 am	4:26 pm	None
Sun	3:34 am	8:15 am	2:33 pm	9:31 pm	Sun	2:39 am	8:17 am	1:38 pm	9:33 pm	Sun	3:02 am	8:58 am	2:25 pm	9:46 pm	Sun	5:44 am	12:08 am	4:43 pm	11:31 am
Mon	4:22 am	8:29 am	2:55 pm	10:14 pm	Mon	3:27 am	8:31 am	2:00 pm	10:16 pm	Mon	3:47 am	9:16 am	2:34 pm	10:24 pm	Mon	6:32 am	12:47 am	5:05 pm	11:45 am
Tue	5:18 am	8:40 am	3:21 pm	11:02 pm	Tue	4:23 am	8:42 am	2:26 pm	11:04 pm	Tue	4:35 am	9:25 am	2:53 pm	11:03 pm	Tue	7:28 am	1:30 am	5:31 pm	11:56 am
Wed	6:39 am	8:39 am	3:52 pm	None	Wed	5:44 am	8:41 am	2:57 pm	None	Wed	5:25 am	9:29 am	3:26 pm	11:50 pm	Wed	8:49 am	2:18 am	6:02 pm	11:55 am
Thu	4:30 pm	12:00 am	None	None	Thu	3:35 pm	12:02 am	None	None	Thu	6:22 am	9:43 am	4:09 pm	None	Thu	6:40 pm	3:16 am	None	None

My Stars ★★★★★
FOR WEEK OF MARCH 28, 2022

Aries (March 21 to April 19) Be careful about doing someone a favor when you don't know the full story behind the request. Don't rely on someone's unsubstantiated assurances. Insist on all the facts before you act.

Taurus (April 20 to May 20) That workplace problem still needs your attention before you finally can close the book on it. Meanwhile, a long-anticipated reunion gets closer to

becoming a happy reality.

Gemini (May 21 to June 20) You might be demanding more from others than they can give. Best advice: Have a long and frank talk to determine what the facts are. Tensions should abate as the week winds down.

Cancer (June 21 to July 22) Aspects are favorable throughout this week for making contacts that could be important to your career plans. Meanwhile, an old friend offers the advice you're seeking.

Leo (July 23 to August 22) It's time to stop licking your wounds from

past mistakes. Get up and get going toward your future. Loyal friends will be there to help the Lion get back into rip-roaring shape.

Virgo (August 23 to September 22) Take time out to go over what's expected of you before you begin your new project. Otherwise, you run the risk of pushing yourself harder than you need to.

Libra (September 23 to October 22) An unusual request could put you in an awkward position. Best advice: Deal with it immediately. The longer you delay, the more difficult it will be to get

out of it.

Scorpio (October 23 to November 21) You should feel recharged and ready for whatever your workaday world holds for you. The same positive energy spills over into your personal relationships.

Sagittarius (November 22 to December 21) A prospect might be less than it appears to be. Like the Archer in your sign, you always aim for the truth. And this is no time to settle for less than full disclosure.

Capricorn (December 22 to January 19) Start doing some serious thinking about a career move that could

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entail more than just changing job sites. Some lifestyle changes also might be involved.

Aquarius (January 20 to February 18) With tensions easing at the workplace, a more positive environment once again encourages the free flow of ideas so typical of the always-innovative Aquarian.

Pisces (February 19 to March 20) Show some of that usually hidden steel-strong Piscean backbone, and stand up for yourself if you hope to make a case for that promotion you know you deserve.

Born This Week: You enjoy doing new things and staying ahead of the crowd. You would make a fine sports coach or military leader.

MOMENTS IN TIME

- On April 6, 1776, the Continental Congress takes the first step toward American independence by announcing its decision to open all American ports to international trade with any part of the world that is not under British rule. It was the first act of independence by the Continental Congress.

- On April 9, 1859, a 23-year-old

Missouri youth named Samuel Langhorne Clemens receives his steamboat pilot's license. Clemens would later write under the pseudonym Mark Twain, a boatman's call noting that the river was only 2 fathoms deep, the minimum depth for safe navigation.

- On April 10, 1879, Schandor Herz – the future John Hertz, the man behind what will one day be the world's largest car-rental company – is born in present-day Slovakia. In 1923, Hertz bought a fleet of used Ford Model Ts and named the business Hertz Drive-Yourself Corporation.

- On April 5, 1955, Sir Winston Leonard Spencer Churchill, the British leader who guided Great Britain and the Allies through the crisis of World War II, retires as prime minister of Great Britain. In the first year of his administration, Britain had stood alone against Nazi Germany.

- On April 7, 1961, President John F. Kennedy sends a letter to Congress recommending that the U.S. participate in an international campaign to preserve ancient temples and historic monuments in Egypt's Nile Valley threatened by construction of the

Aswan High Dam.

- On April 4, 1973, the Twin Towers of the World Trade Center officially open in New York City. The buildings replaced the Empire State Building as the world's tallest building, though they would only hold that title for a year.

- On April 8, 1989, California Angels rookie pitcher Jim Abbott, who was born without a right hand, makes his Major League Baseball debut in a 7-0 loss to the Seattle Mariners.

NOW HERE'S A TIP

- For moister and softer cookies, use honey as a substitute for a third of the sugar in your cookie recipe.

- And speaking of honey, did you know it has antibacterial properties? Yep. Try rubbing a bit of it over a small cut for faster, more natural healing.

- "Keep venetian blinds from sticking to one another and discourage dust by rubbing them down individually with a sheet of fabric softener. This effect will last at least a month, in my experience." – SF in Alabama

- "Have a headache? Try drinking a couple of glasses of a sports drink. This works for my friends and me. Maybe

we just need to be drinking more water, but the sports drinks get us back on track more quickly than medicine most times." – EL in Colorado

- "This time-tested tip will keep your houseplants in the green while you're away from home: Set plants in the bathtub in an inch or less of water. If your flowerpot does not have drain holes, get a short length of cotton rope and feed it from the topsoil to the tub. This will keep plants alive and thriving for a week or more." – DR in Florida

- "Having a hard time cutting out soda? Try this: Every time you reach for a glass of soda, drink a full cup of water first. You will find that your thirst is sated better, and you are not as "thirsty" for that sugar water!" – FE in South Carolina

STRANGE BUT TRUE

- Agree with those diehard fans of Pluto who still insist it's a planet? So does New Mexico. Its legislature resolved that Pluto is still legally a planet... at least whenever it passes over the state.

- During a time of political turmoil, continued on page 30B

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PETS OF THE WEEK

Lee County Domestic Animal Services
Boost And Klaus

Hello, my name is Boost. I am a blach and white 2-year-old male domestic shorthair. I am a playful tuxedo cat that absolutely loves playing with toys. Give me an automated one, and I will be busy for hours. I will analyze it first to try to figure it out. I play in the cat window to try to get the attention of all who walk by as I wait for my person to come. My adoption fee is \$20.



Boost ID# A907865
photos provided

called, and I am house- and crate-trained. My adoption fee is \$75.

It is all fun and games at Animal Services during April leading up to the eighth annual Flip This Kennel event. This year's theme is children's toys, and the Animal Service's staff is kicking off the month with reduced adoption fees. All adult dogs will be just \$20 and cats just \$10 with an approved application.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*



Klaus ID# A903940

From page 29B

Strange But True

Michelangelo hid in a secret room under Florence's Medici Chapel for three months, passing the time by sketching on the walls. His secret wasn't discovered until some five centuries later, when the museum director stumbled upon the room in 1976.

- Honorary members of the Harlem Globetrotters include Pope John Paul II and Pope Francis.
- The Rhizanthella gardneri orchid, which grows entirely underground, was discovered by an Australian farmer in 1928 and generated such excitement that a wax model of it toured the British Isles.
- A hen will eat her own raw eggs if not satisfied with her diet.
- The Mexican language Ayapaneco, or, more properly, Nuumte Oote "the true voice", is dying out, and small wonder: Its only fluent speakers number a grand total of two, and they refuse to talk to each other.
- A paired kidney exchange allows people to donate their kidney that wasn't a match for an intended recipient to a stranger in exchange for a kidney that is a match for their loved one.
- In 2010 a San Diego Chipotle customer in a wheelchair successfully

sued the restaurant chain with the claim that their tall order counter denied him the full "Chipotle experience" – like watching his order being assembled.

- Sand is the most extracted material in the world.
- Actor Joe Pesci was a singer and guitar player in his early 20s and once played in the same band, called Joey Dee and the Starlites, as Jimi Hendrix.

THOUGHT FOR THE DAY

"Change your thoughts and you change your world." – Norman Vincent Peale

- TRIVIA TEST
1. **Literature:** Who wrote the poem *Nothing Gold Can Stay*?
 2. **Television:** Eric Taylor was the dad in which 2000s TV drama?
 3. **Math:** What is the Arabic number equivalent of the Roman numerals MDCCLXXVI?
 4. **Geography:** Where is the Tyrrhenian Sea located?
 5. **Food & Drink:** What is the primary ingredient in the canned product SPAM?
 6. **Advertising Slogans:** What product did football player Joe Greene promote in the *Meet Joe Greene* TV commercial?

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1/4 * TFN

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3/11 * 4/1

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6/5 * TFN

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1/21 * TFN

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GARAGE SALE

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4/1 * 4/8

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from shore.

LOST & FOUND

LOST BLACK ZIPPERED BRUSH CASE

I am a full-time artist on the island and I lost my brush case full of watercolor brushes, pens and pencils etc. over a week ago, somewhere along Middle Gulf Drive. It's a black zippered case. I offer a \$100 reward if you find it. These brushes are of high sentimental value to me. Please contact me at shadjebi@gmail.com

3/25 * TFN

CYCLING SAFETY NOTES

- Ride to the Right
- Warn to Pass
- Wear a Helmet
- Use Lights at Night
- Always be Courteous

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3/11 * 4/1

1. Robert Frost 2. *Friday Night Lights*
3. 1776 4. Between the west coast of Italy and the islands of Sicily, Sardinia and Corsica 5. Pork 6. Coca-Cola 7. 20 mph
8. Vincent van Gogh (by actor Kirk Douglas)
9. 1953 10. Ferdinand Magellan

Today's Word
POVERTY

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HI, I'M LARRY. BUT EVERYONE CALLS ME SHAAAARK!

HORTHON

S	A	L	A	D		D	I	A	L	O	G		D	N	A	T	E	S	T	S	
A	M	A	N	A		E	L	N	I	N	O		R	I	G	H	T	S	N	O	W
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E	N	R	O	B	E	S				B	S	A					M	I	A	T	A
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P	L	O		O	B	R	I	E	N		P	U	R	E	S						
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O	U	T	A		R	S	T			I	R	S	M	U	R		D	O	C	H	
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I	S	E			A	C	T	T	H	R	E	E		P	A	P	U	A			
P	A	N	S		Y	Y	O	K	U	M		V	I	O	L	E	T	G	R	A	Y
				A	D	D	T	O		P	R	E	S	T	I	G	E			O	R
S	T	O	P	A				W	I	E	S	T					S	H	A	M	U
P	O	P	P	Y	Z	B	R	A	N	I	T	E		N	I	B		A	S	I	A
A	R	T	Y			I	R	A	N		L	I	L	Y	M	U	N	S	T	E	R
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A	S	S	E	R	T	E	D			T	A	T	E	D			S	N	O	O	E

L	I	B	E	L		M	N	O		S	S	R
A	D	E	L	E		A	I	M		U	T	E
B	A	L	S	A		I	G	G	Y	P	O	P
		L	E	N	G	T	H		O	R	C	A
M	E	H		S	E	A		S	N	A	K	Y
I	M	O	N		A	I	D	E	D			
A	U	P	A	I	R		O	R	E	C	A	R
			V	I	S	I	T		R	O	S	A
L	A	N	A	I		S	E	W		O	H	M
U	H	O	H		P	O	D	U	N	K		
R	O	B	O	C	O	P		R	A	T	E	S
E	Y	E		D	U	O		S	P	O	K	E
D	S	L		S	T	D		T	E	P	E	E

A crossword puzzle grid with 15 numbered squares. The grid is filled with letters from a previous puzzle, forming words like 'LAVALIERE', 'GONFERA', 'SANTA', and 'OTLA'.

1	5	6	3	8	7	2	9	4
8	3	9	2	4	5	1	7	6
2	4	7	1	9	6	3	5	8
6	8	4	5	7	2	9	3	1
7	2	3	9	1	4	8	6	5
5	9	1	8	6	3	7	4	2
3	7	2	4	5	8	6	1	9
9	6	5	7	2	1	4	8	3
4	1	8	6	3	9	5	2	7

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Jonathan Harbour	Fort Myers	2016	6,038	\$4,999,900	\$5,125,000	0
Creskide	Bonita Springs	1996	5,053	\$3,650,000	\$3,542,000	99
Cape Coral	Cape Coral	2016	3,250	\$3,000,000	\$3,200,000	5
Galt Island	St. James City	2002	3,878	\$3,150,000	\$3,150,000	6
Cassina	Miromar Lakes	2017	3,014	\$3,000,000	\$3,000,000	0
Yacht Club	Cape Coral	1989	3,530	\$2,900,000	\$2,900,000	16
Yacht Club	Cape Coral	2021	4,380	\$2,875,000	\$2,725,000	59
Cape Harbour	Cape Coral	2015	3,680	\$2,600,000	\$2,600,000	3
Galt Island	St. James City	2003	4,636	\$2,675,000	\$2,500,000	28
Hyde Park	Fort Myers Beach	1978	2,385	\$2,299,000	\$2,375,000	4

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